

Understanding The Menopause And Hrt Family Doctor Series

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Menopause - NHS

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lower level as you approach the menopause. Benefits of HRT. The main benefit of HRT is that it can help relieve most of the menopausal symptoms, such as: hot flushes; night sweats; mood swings ; vaginal dryness; reduced sex drive

Hormone replacement therapy (HRT) - NHS

A comparison of lifestyle risk factors versus Hormone Replacement Therapy (HRT) treatment. Difference in breast cancer incidence per 1,000 women aged 50-59. Approximate number of women developing breast cancer over the next five years. NICE Guideline, Menopause: Diagnosis and management November 2015 Understanding the risks of breast cancer

Understanding the risks of breast cancer - Menopause Matters

The menopause is a natural part of ageing that usually occurs between 45 and 55 years of age, as a woman's oestrogen levels decline. In the UK, the average age for a woman to reach the menopause is 51. But around 1 in 100 women experience the menopause before 40 years of age. This is known as premature menopause or premature ovarian insufficiency.

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A woman applying an HRT patch. Photograph: Phanie/Alamy ... you need to understand the problems. It became obvious that there were three big hurdles to better menopause care and support, and ...

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Another treatment is Hormone Replacement Therapy (HRT) which involves taking medication that contains hormones (oestrogen and progestogen) that a woman's body stops producing after menopause. HRT can be given in many different ways including tablets, patches, or vaginal creams or pessaries.

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