

## The Doctor Will See You Now

WINNER OF THE JEWISH QUARTERLY WINGATE PRIZE 10 WOMEN TO WATCH IN 2017--BookPage A New York Times Notable Book of 2017 After one night’s deadly mistake, a man will go to any lengths to save his family and his reputation. Neurosurgeon Eitan Green has the perfect life--married to a beautiful police officer and father of two young boys. Then, speeding along a deserted moonlit road after an exhausting hospital shift, he hits someone. Seeing that the man, an African migrant, is beyond help, he flees the scene. When the victim’s widow knocks at Eitan’s door the next day, holding his wallet and divulging that she knows what happened, Eitan discovers that her price for silence is not money. It is something else entirely, something that will shatter Eitan’s safe existence and take him into a world of secrets and lies he could never have anticipated. WAKING LIONS is a gripping, suspenseful, and morally devastating drama of guilt and survival, shame and desire from a remarkable young author on the rise.

The Doctor Won’t See You Now: Advocating now is the time to heal healthcare, new book offers wakeup call to the power of Ayurveda Award-winning entrepreneur, acclaimed healer, Tedx speaker, journalist and author, Sunita Passi demystifies the practice of Ayurveda in her new book, The Doctor Won’t See You Now, and makes the teachings and practices of this 5,000-year-old Indian system of healing accessible to all ... With the healthcare system and access to mental health support both currently ravaged by the impact of the Covid Pandemic, the publication of The Doctor Won’t See You Know couldn’t be timelier. Offering an accessible entr é e into the 5,000-year-old world of this Indian healing system, author Sunita Passi brings over 20 years’ experience of training Ayurvedic practitioners, as well as a multitude of insights gained from launching her own highly successful skincare range to this compelling and potentially life changing book. Accessible, informative and written in celebration of the amazing bodies, minds and immune systems we all possess, the author will find an instant readership in those keen to keep themselves and their loved ones healthy, as well as those whose blind trust in 21st century healthcare is waning. As a journalist and broadcaster, Sunita Passi understands how to keep her readers engaged. With her passion for her subject shining through as much as the wisdom she is imparting, The Doctor Won’t See You Now, is destined to become a cherished ‘friend’ that is sought out time and time again.

The essential guide by one of America’s leading doctors to how digital technology enables all of us to take charge of our health A trip to the doctor is almost a guarantee of misery. You’ll make an appointment months in advance. You’ll probably wait for several hours until you hear "the doctor will see you now"--but only for fifteen minutes! Then you’ll wait even longer for lab tests, the results of which you’ll likely never see, unless they indicate further (and more invasive) tests, most of which will probably prove unnecessary (much like physicals themselves). And your bill will be astronomical. In The Patient Will See You Now, Eric Topol, one of the nation’s top physicians, shows why medicine does not have to be that way. Instead, you could use your smartphone to get rapid test results from one drop of blood, monitor your vital signs both day and night, and use an artificially intelligent algorithm to receive a diagnosis without having to see a doctor, all at a small fraction of the cost imposed by our modern healthcare system. The change is powered by what Topol calls medicine’s "Gutenberg moment." Much as the printing press took learning out of the hands of a priestly class, the mobile internet is doing the same for medicine, giving us unprecedented control over our healthcare. With smartphones in hand, we are no longer beholden to an impersonal and paternalistic system in which "doctor knows best." Medicine has been digitized, Topol argues; now it will be democratized. Computers will replace physicians for many diagnostic tasks, citizen science will give rise to citizen medicine, and enormous data sets will give us new means to attack conditions that have long been incurable. Massive, open, online medicine, where diagnostics are done by Facebook-like comparisons of medical profiles, will enable real-time, real-world research on massive populations. There’s no doubt the path forward will be complicated: the medical establishment will resist these changes, and digitized medicine inevitably raises serious issues surrounding privacy. Nevertheless, the result--better, cheaper, and more human health care--will be worth it. Provocative and engrossing, The Patient Will See You Now is essential reading for anyone who thinks they deserve better health care. That is, for all of us.

Autobiography of Dr. Jane Poulson, the first blind person in Canada to become a practising doctor. Poulson suffered from diabetes and because of the disease, lost her sight and then experienced severe heart problems. Nonetheless she was an extremely accomplished doctor, published widely in leading medical journals, and showed great courage and endurance to all who knew her. She wrote this book during the last two years of her life. 2002.

A Guide for Girls

How to Reclaim Your Life from Endometriosis

A Physician’s First Year

The Patient Will See You Now

My Doctors Can See You Now

Recognizing and Treating Endometriosis

Eat your way to better health with this New York Times bestseller on food’s ability to help the body heal itself from cancer, dementia, and dozens of other avoidable diseases. Forget everything you think you know about your body and food, and discover the new science of how the body heals itself. Learn how to identify the strategies and dosages for using food to transform your resilience and health in Eat to Beat Disease. We have radically underestimated our body’s power to transform and restore our health. Pioneering physician scientist, Dr. William Li, empowers readers by showing them the evidence behind over 200 health-boosting foods that can starve cancer, reduce your risk of dementia, and beat dozens of avoidable diseases. Eat to Beat Disease isn’t about what foods to avoid, but rather is a life-changing guide to the hundreds of healing foods to add to your meals that support the body’s defense systems, including: Plums Cinnamon Jasmine tea Red wine and beer Black Beans San Marzano tomatoes Olive oil Pacific oysters Cheeses like Jarlsberg, Camembert and cheddar Sourdough bread The book’s plan shows you how to integrate the foods you already love into any diet or health plan to activate your body’s health defense systems-Angiogenesis, Regeneration, Microbiome, DNA Protection, and Immunity-to fight cancer, diabetes, cardiovascular, neurodegenerative autoimmune diseases, and other debilitating conditions. Both informative and practical, Eat to Beat Disease explains the science of healing and prevention, the strategies for using food to actively transform health, and points the science of wellbeing and disease prevention in an exhilarating new direction.

For years, he was a part of my life. I watched him rush to the hospital countless times, his beautiful surgeon hands racing to save lives. After all this time, I can ’ t escape the truth. I want Dr. Lowe. Lust chokes each moment we ’ re together. He promises to fulfill my fantasies—every dirty, naughty desire we can dream up. Only, I can ’ t have him. He ’ s confident. Experienced. Seductive. And he ’ s my ex-boyfriend ’ s father.

Take charge of your health and stop turning over your life to our confusing and intimidating healthcare system—before it ’ s too late. Dr. Erika Schwartz believes that today ’ s patient is but a leaf blowing in the wind of group-think protocols, corrupt medical societies, insurance companies on the take, and a billion dollars in marketing and lobbying pressure from drug companies. What is the quick fix? The answers are here in the ten clear chapters, giving examples every step of the way. It ’ s a simple process that takes you, the patient, from being a victim to being in charge. Developing personal self-confidence, choosing the right doctor for you, walking out on the wrong ones with impunity, and making the right choices will add up to great healthcare with you at the center. Follow the plan and the facts and change your life and those of your loved ones. Life is to be enjoyed not feared. This book will put enjoyment back into your life and remove the fear and intimidation from your healthcare.

THE STORY: A dark comedy about the timeless quest for beauty--and its cost. Three women from different centuries meet in a modern doctor’s waiting room. Forgiveness From Heaven is an eighteenth-century Chinese woman whose bound feet are causing her

Gaining the Upper Hand in Your Medical Care

How to Navigate Clueless Colleagues, Lunch-Stealing Bosses, and the Rest of Your Life at Work

Kill as Few Patients as Possible

Eat to Beat Disease

When Doctors Don’t Listen

Know Your Endo

Approaching his forty-first birthday, Dr. Geoffrey Kurland was a busy man. His work as a Pediatric Pulmonologist , caring for children with lung diseases such as cystic fibrosis and asthma, led to long hours on the wards at the University of California, Davis Medical Center. At the same time, he was in the midst of training for the Western States Endurance Run, a grueling 100-mile long footrace across the wilderness of the Sierra Nevada Mountains. His long training runs, the responsibilities of patient care and teaching, and relationships attempting to replace his departed girlfriend occupied most of his life. Dr. Kurland’s ordered world is suddenly turned upside-down when he is diagnosed with hairy Cell Leukemia, a rare blood cancer with a low survival rate. His work, his running, and his friendships are altered by his struggle to survive. He finds he must undergo many of the procedures he performed on his patients, must endure surgery and chemotherapy, and must relinquish control of his life to his physicians, surgeons, and his disease. He learns first-hand what cannot be taught in medical school about the consuming power of a chronic illness and its treatment. Confronting his own mortality, Dr. Kurland is now the patient while remaining a physician and runner. With the support of his physicians at the Mayo Clinic, the University of California, and the University of Pittsburgh, he resolves to continue to live his life despite his potentially fatal disease. He discovers his personal inner strengths as well as weaknesses as he struggles to confront his illness and regain some of the control he lost to it. Along his nearly two and a half year journey, we follow Dr. Kurland as he endures surgical procedures, chemotherapy, and life-threatening complications of his illness. He emerges into remission with new inner strength and understanding of what it means to be a doctor. He also finds that he is still a runner, with the same goal, to run the 100 miles across the Sierra Mountains. PRAISE: “Taut, dramatic, and intensely real...Very well written.” —Oliver Sacks, bestselling author of Seeing Voices and Hallucinations [My Own Medicine] should be required reading for every medical professional. Kurland never asks for sympathy or pity...What comes through powerfully is his humanity, which his own bout with illnesses has clearly enhanced, and from which both his patients and his readers will benefit.” —The New York Times “While training as a pediatric pulmonologist, Kurland told a patient, ‘I know how you feel’; years later, when he was diagnosed with a rare form of leukemia, he discovered just how untrue this was...The way in which serious illness alters one’s sense of self and of life is compellingly expressed in this energetic, nervy narrative, as Kurland’s illness and eventual recovery collide with a host of profound shifts—a big career move, the death of a colleague, an unravelling relationship with his girlfriend, and a deepening one with his parents.” —The New Yorker

‘One of the most beautiful books you will ever read’ Kate Mosse In this powerful memoir, Joanna Cannon tells her story as a junior doctor in visceral, heart-rending snapshots. We walk with her through the wards, facing extraordinary and daunting moments: from attending her first post-mortem, sitting with a patient through their final moments, to learning the power of a well- or badly chosen word. These moments, and the small sustaining acts of kindness and connection that punctuate hospital life, teach her that emotional care and mental health can be just as critical as restoring a heartbeat. In a profession where weakness remains a taboo, this moving, beautifully written book brings to life the vivid, human stories of doctors and patients - and shows us why we need to take better care of those who care for us.

A revolutionary argument for how putting patients in charge will make healthcare better for everyone

A scorchingly frank look at how doctors are made, bringing readers into the critical care unit to see one burgeoning physician’s journey from ineptitude to competence. In medical school, Matt McCarthy dreamed of being a different kind of doctor—the sort of mythical, unflappable physician who could reach unreachable patients. But when a new admission to the critical care unit almost died his first night on call, he found himself scrambling. Visions of mastery quickly gave way to hopes of simply surviving hospital life, where confidence was hard to come by and no amount of med school training could dispel the terror of facing actual patients. This funny, candid memoir of McCarthy’s intern year at a New York hospital provides a scorchingly frank look at how doctors are made, taking readers into patients’ rooms and doctors’ conferences to witness a physician’s journey from ineptitude to competence. McCarthy’s one stroke of luck paired him with a brilliant second-year adviser he called “Baio” (owing to his resemblance to the Charles in Charge star), who proved to be a remarkable teacher with a wicked sense of humor. McCarthy would learn even more from the people he cared for, including a man named Benny, who was living in the hospital for months at a time awaiting a heart transplant. But no teacher could help McCarthy when an accident put his own health at risk, and showed him all too painfully the thin line between doctor and patient. The Real Doctor Will See You Shortly offers a window on to hospital life that dispenses with sanctimony and self-seriousness while emphasizing the black-comic paradox of becoming a doctor: How do you learn to save lives in a job where there is no practice?

Direct Red

Ask a Manager

How Doctors Think

The Doctor Won't See You Now

My Own Medicine

The Digital Doctor: Hope, Hype, and Harm at the Dawn of Medicine’s Computer Age

Do you feel that your doctor doesn’t pay attention to what you say? Does your doctor cut you off when you try to explain how you feel? Do you think your doctor could remember your name without referring to your chart? Does your doctor seem to be in such a hurry that you don’t even get a chance to ask your most important questions? Do you spend more time waiting than actually talking to your doctor? Do you understand what your doctor says? At one time or another, we have all had these complaints. This book will teach you how to ask the right questions, understand the answers, and show you how to take more control of your visits to the doctor and your own health. This is the first book in which communication pioneer Barbara M. Korsch, M.D., reveals what she has learned about the doctor-patient relationship dilemma during almost half a century of investigation. In clear, simple language, Dr. Korsch answers most of our common questions: How do I know if I’m sick enough to go to the doctor? How do I know if it’s serious enough to go to the emergency room? What do I do if I can’t follow the advice my doctor gives me? She walks us through a typical visit to the doctor, showing us how to prepare ourselves so we don’t forget the question that has been worrying us for weeks as soon as we walk through the doctor’s door. She gives important tips on how to survive the dreaded hospital experience. And she offers insight into the doctor’s side of the relationship, showing how doctors are trained to be task-oriented and how their natural human sympathy is discouraged throughout their careers. Finally, she offers patients useful strategies for humanizing the relationship. Korsch’s helpful, commonsense recommendations are extensively illustrated with real-life doctor-patient conversations which she recorded on audio and video tape over the course of the last thirty years. She was one of the first medical professionals to emphasize the importance of teaching doctors how to talk to patients as part of their medical training. She serves as consultant and lecturer to medical schools, hospitals, and medical practices throughout the world to help the next generation of doctors communicate with their patients. Above all, after years of research, she has found abundant evidence that the relationship patients form with their doctors directly determines the quality of the care they receive. This is a vital book for anyone who is concerned about their health and who wants to take control of their medical care. So much depends upon asking the right questions and on finding a doctor who will listen to you. This book gives you the tools and the confidence to do just that. From two of the world’s leading experts in endometriosis comes an essential, first-of-its-kind book that unraps the mystery of the disease and gives women the tools they need to reclaim their lives from it. Approximately one out of every 10 women has endometriosis, an inflammatory disease that causes chronic pain, limits life’s activities, and may lead to infertility. Despite the disease’s prevalence, the average woman may suffer for a decade or more before receiving an accurate diagnosis. Once she does, she’s often given little more than a prescription for pain killers and a referral for the wrong kind of surgery. Beating Endo arms women with what has long been missing—even within the medical community—namely, cutting-edge knowledge of how the disease works and what the endo sufferer can do to take charge of her fight against it. Leading gynecologist and endometriosis specialist Dr. Iris Kerin Orbach and world-renowned pelvic pain specialist and physical therapist Dr. Amy Stein have long partnered with each other and with other healthcare practitioners to address the disease’s host of co-existing conditions—which can include pelvic floor muscle dysfunction, gastrointestinal ailments, painful bladder syndrome, central nervous system sensitization—through a whole-mind/whole-body approach. Now, Beating Endo formalizes the multimodal program they developed, offering readers an anti-inflammatory lifestyle protocol that incorporates physical therapy, nutrition, mindfulness, and environment to systematically addresses each of the disease’s co-conditions on an ongoing basis up to and following excision surgery. This is the program that has achieved successful outcomes for their patients; it is the program that works to restore health, vitality, and quality of life to women with endo. No more “misdiagnosis roulette” and no more limits on women’s lives: Beating Endo puts the tools of renewed health in the hands of those whose health is at risk.

A look at the emotional side of medicine—the shame, fear, anger, anxiety, empathy, and even love that affect patient care Physicians are assumed to be objective, rational beings, easily able to detach as they guide patients and families through some of life’s most challenging moments. But doctors’ emotional responses to the life-and-death dramas of everyday practice have a profound impact on medical care. And while much has been written about the minds and methods of the medical professionals who save our lives, precious little has been said about their emotions. In What Doctors Feel, Dr. Danielle Ofri has taken on the task of dissecting the hidden emotional responses of doctors, and how these directly influence patients. How do the stressors of medical life—from paperwork to grueling hours to lawsuits to facing death—affect the medical care that doctors can offer their patients? Digging deep into the lives of doctors, Ofri examines the daunting range of emotions—shame, anger, empathy, frustration, hope, pride, occasionally despair, and sometimes even love—that permeate the contemporary doctor-patient connection. Drawing on scientific studies, including some surprising research, Dr. Danielle Ofri offers up an unflinching look at the impact of emotions on health care. With her renowned eye for dramatic detail, Dr. Ofri takes us into the swirling heart of patient care, telling stories of caregivers caught up and occasionally torn down by the whirlwind life of doctoring. She admits to the humiliation of an error that nearly killed one of her patients and her forever fear of making another. She mourns when a beloved patient is denied a heart transplant. She tells the riveting stories of an intern traumatized when she is forced to let a newborn die in her arms, and of a doctor whose daily glass of wine to handle the frustrations of the ER escalates into a destructive addiction. But doctors don’t only feel fear, grief, and frustration. Ofri also reveals that doctors tell bad jokes about “toxic sock syndrome,” cope through gallows humor, find hope in impossible situations, and surrender to ecstatic happiness when they triumph over illness. The stories here reveal the undeniable truth that emotions have a distinct effect on how doctors care for their patients. For both clinicians and patients, understanding what doctors feel can make all the difference in giving and getting the best medical care.

On average, a physician will interrupt a patient describing her symptoms within eighteen seconds. In that short time, many doctors decide on the likely diagnosis and best treatment. Often, decisions made this way are correct, but at crucial moments they can also be wrong—with catastrophic consequences. In this myth-shattering book, Jerome Groopman pinpoints the forces and thought processes behind the decisions doctors make. Groopman explores why doctors err and shows when and how they can—with our help—avoid snap judgments, embrace uncertainty, communicate effectively, and deploy other skills that can profoundly impact our health. This book is the first to describe in detail the warning signs of erroneous medical thinking and reveal how new technologies may actually hinder accurate diagnoses. How Doctors Think offers direct, intelligent questions patients can ask their doctors to help them get back on track. Groopman draws on a wealth of research, extensive interviews with some of the country’s best doctors, and his own experiences as a doctor and as a patient. He has learned many of the lessons in this book the hard way, from his own mistakes and from errors his doctors made in treating his own debilitating medical problems. How Doctors Think reveals a profound new view of twenty-first-century medical practice, giving doctors and patients the vital information they need to make better judgments together.

The Future of Medicine Is in Your Hands

Endometriosis

Learning How to Talk So Your Doctor Will Listen

The Intelligent Patient’s Guide to the Doctor-Patient Relationship

Doctor Perry

A Doctor’s Reflections on His First Years at Mass General

Discusses how to avoid harmful medical mistakes, offering advice on such topics as working with a busy doctor, communicating the full story of an illness, evaluating test risks, and obtaining a working diagnosis.

The state of health care in this country is routinely discussed in the media, at the office, and around the kitchen table. Yet as consumers of medical care, Americans often blindly accept medical advice that may or may not be relevant or even appropriate. Doctor, Your Patient Will See You Now is meant to turn on its head the old notion that medical care is dictated by the doctors who offer advice. Today, it’s all about the patients who receive it. Bias, financial incentives, and preventable medical error are common to the point of inevitability and have proven resistant to reform. Patients increasingly and correctly feel that they are on their own in a large, bewildering, impersonal, and dangerous medical system. Offering an insider’s perspective, Dr. Kussin provides the tools readers need to make informed decisions about their care, as well as the confidence to question their doctor’s advice, seek out additional information, and discern the best path for their care. With this book, readers learn how to maintain a professional approach that, rather than straining the doctor-patient relationship, makes it stronger and more cooperative.

THE STORIES: In THE CHIROPODIST, the doctor and nurse are embroiled in yet another chase scene around the office. As the nurse says, this chiropodist is over-drawn, over-wrought and oversexed. Tired of this perennial scene, the nurse takes the si

The junior doctor . . . back on the wards. After a year on the streets treating outreach patients, Max Pemberton is back in the relative comfort of hospital. This time running between elderly care and the dementia clinic to A&E and outpatients. No longer inexperienced (Max and his doctor friends can now tell when someone is actually dead), they are on the front line of patient care for better or worse. In the midst of an NHS still under threat (some things never change) there are committed and caring doctors, big issues, hope, frustration, huge societal changes affecting the entire health system as well as the general drama of everyday life in a big hospital, from biscuit wars to resus. It’s not like television, this is real - there are no easy answers - but The Doctor Will See You Now will give you hope that there are enough good doctors asking the questions.

Chasing My Cure

Essays on the Changing Practice of Medicine

A Doctor’s Life as a Patient

And Fifty-Six Other Essays on How to Be the World’s Best Doctor

The New Science of How Your Body Can Heal Itself

The Doctor Will See You Now

This oft-quoted all-time favorite of the medical community will gladden--and strengthen--the hearts of patients, doctors, and anyone entering medical study, internship, or practice. With unassailable logic and rapier wit, the sage Dr. Oscar London muses on the challenges and joys of doctoring, and imparts timeless truths, reality checks, and poignant insights gleaned from 30 years of general practice--while never taking himself (or his profession) too seriously. The classic book on the art and humor of practicing medicine, celebrating its 20th anniversary in a new gift edition with updates throughout. Previous editions have sold more than 200,000 copies. The perfect gift for med students and grads as well as new and practicing physicians. Approximately 17,000 students graduate from med school each spring in North America.

"Under the Hippocratic Oath, a doctor swears to remember that warmth, sympathy, and understanding may outweigh the surgeon’s knife or the chemist’s drug. Doctor Perry assures his elderly patients at the Rose Haven Retirement Home that he can offer warmth, sympathy, and understanding. Doctor Perry is a liar.

Hiding from a traumatic past, Elijah Cone wants nothing to do with the other residents at the Rose Haven, content to sit at his window waiting to die. He’s about to learn that under Doctor Perry death is the easy option”--Back cover.

Is it smart to skip your annual physical? Should you put your trust in medical research? Is "low T" an actual disease? This book examines these questions and more you’ve always wondered about in more than fifty essays on the practice of medicine. The Doctor Will See You Now is a quirky and eclectic collection of short pieces that explore the evolving patient-physician relationship; famous doctors and notorious patients; surprising hospital practices and the future of health care; medical reporting, research, ethics, drugs, and money; and the brave new world of neurology. Author Cory Franklin, MD, spent twenty-five years as the director of intensive care at Cook County Hospital in Chicago. Here he brings readers into his office to discuss the surprising ways the practice of medicine is changing today.

What would you do if you thought your husband was Jack the Ripper? A dark historical crime novel.

The Love Hypothesis

How Emotions Affect the Practice of Medicine

The Real Doctor Will See You Shortly

Beating Endo

Don’t Let Your Doctor Kill You

A Surgeon’s View of Her Life-or-Death Profession

Endometriosis materializes when the endometrium - the tissue that lines the inside of the uterus - sheds, but does not exit a woman’s body during her period. Instead, it grows outside of the uterus, spreading to organs and nerves in and around the pelvic region. The resulting pain is so physically and emotionally insufferable that it can mercilessly dominate a woman’s life. The average woman with endometriosis is twenty-seven years old before she is diagnosed. It is one of the top three causes of female infertility. The pain it emits can affect a woman’s career, social life, relationships, sexual activity, sleep, and diet. It is incurable, but highly treatable. Unfortunately, though, it is rarely treated in a timely manner, if at all, because of misdiagnoses and/or a lack of education among those in the medical community. This book gives hope to everyone connected to endometriosis. That includes every woman and young girl who has it, and the women and men in their lives - the mothers, fathers, husbands, children, and friends - who know something is wrong, but do not know what it is or what to do about it. This book is written at a level that everyone with ties to this disease can relate to and understand, but it is also for doctors with good intentions who lack the

knowledge of how to diagnose or treat it. The Doctor Will See You Now is for women determined to let the world know their stories so that every woman with this disease - from the thirteen-year-old girl who is being told that her pain is "part of becoming a woman" to the woman who has been misdiagnosed for decades - knows she is not alone. Yes, her pain is real. No, she is not crazy. Yes, there is hope.

From the creator of the popular website Ask a Manager and New York 's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There 's a reason Alison Green has been called " the Dear Abby of the work world. " Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don 't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You 'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit " reply all " • you 're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate 's loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager " A must-read for anyone who works . . . [Alison Green 's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work. " —Booklist (starred review) " The author 's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers ' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience. " —Library Journal (starred review) " I am a huge fan of Alison Green 's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor. " —Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide " Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way. " —Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together Learn how to navigate your life with endometriosis in this essential and hopeful guide—including tools and strategies to gain a deeper understanding of your body and manage chronic pain through diet, movement, stress management, and more. Endometriosis isn 't just about having " painful periods. " It can be a complex, debilitating, and all-encompassing condition that impacts one 's mental health, relationships, and career. Endo affects 1 in 10 women and girls across the globe, but even after receiving a diagnosis, many are still left in the dark about their condition. In Know Your Endo, Jessica Murnane breaks through the misinformation and gives essential guidance, encouragement, and practical lifestyle tools to help those living with endo have more control and feel better in their bodies. In this empowering and heartfelt guide, Jessica, who suffers from endo herself, shares a progressive five-week plan focused on learning a new management tool each week. Including sections on diet (with recipes!), movement, products, and personal-care rituals, Know Your Endo eases readers into a new lifestyle and arms them with the information needed to truly understand their condition. Insights and help from endometriosis doctors and experts are woven throughout, as well as first-person accounts of how endo can impact every aspect of your life. Finally, there 's a resource for all people suffering in silence from this chronic condition offering what they need most: hope.

A professor of medicine reveals how technology like wireless internet, individual data, and personal genomics can be used to save lives.

The Junior Doctor's Back in Hospital

An Empowering Guide to Health and Hope With Endometriosis

You Can Stop Humming Now

How to Beat Physician Arrogance, Corporate Greed and a Broken System

The highs and lows of my life as an NHS GP

The Future of Medicine is in Your Hands

The junior doctor . . . back on the wards After a year on the streets treating outreach patients, Max Pemberton is back in the relative comfort of hospital. This time running between elderly care and the dementia clinic to A&E and outpatients. No longer inexperienced (Max and his doctor friends can now tell when someone is actually dead), they are on the front line of patient care for better or worse. In the midst of an NHS still under threat (some things never change) there are committed and caring doctors, big issues, hope, frustration, huge societal changes affecting the entire health system as well as the general drama of everyday life in a big hospital, from biscuit wars to resus. It's not like television, this is real - there are no easy answers - but The Doctor Will See You Now will give you hope that there are enough good doctors asking the questions.

In turn heartbreaking, irreverent, moving—and at times raucously humorous—one of the nation's leading pediatric researchers recounts his first years as a newly minted, struggling, and insecure doctor at Massachusetts General Hospital in Boston. A graduate of a state university medical school, Scott Rivkees was competing with elite students from some of the most prestigious schools in the country. Nervous and uncertain, he worked unholy hours with patients ranging from indigent street people to celebrity guests drawn to the reputation and care offered by Mass General. Along the way he learned what medical school textbooks don't teach: how to deal with immense pressure, exhaustion, unruly patients, mysterious conditions, the joy of saving a life, and the wrenching suddenness of losing a patient, more often than not a young child. His resident education did not prevent him from losing his sense of irony and humor as he recounts bleary nights on the town, the allure of young nurses, substandard housing, and the value of pricking an inflated ego.

Dr. Minnie Boyer Woodruff grew up in a Central Florida family of eight children headed by two domestic workers during a time when segregation limited opportunities for individuals of color. Despite its humble origins, the Boyer household was replete with parental beliefs that one must love God, develop a strong work ethic, and take advantage of every opportunity that would enable one to make a living with brains rather than brawn. From the stories of Minnie's youth, one can see how this background shaped a woman who remained dedicated to achieving her dreams and then those of her daughters behind her. Minnie and her husband, Claude, instilled their 20th-century daughters, Edythe and Conchita, with the traditional values that enabled their own successes. With the resounding theme of "prepare yourself and the doors will open as you approach," Edythe and Conchita were cautioned against shrinking away from any endeavor.

Thus, they developed a deep sense of self that assured them anything was possible if they believed strongly and worked diligently. Minnie has long desired to share with others the extensive rewards of close parenting based on a strong value system, development of self-confidence, and a spirit of tenacity once a goal is set. In her memoir, Minnie demonstrates that while at times it may be difficult, it is certainly possible to raise children to fly high.

The New York Times Science Bestseller from Robert Wachter, Modern Healthcare 's #1 Most Influential Physician-Executive in the US While modern medicine produces miracles, it also delivers care that is too often unsafe, unreliable, unsatisfying, and impossibly expensive. For the past few decades, technology has been touted as the cure for all of healthcare 's ills. But medicine stubbornly resisted computerization — until now. Over the past five years, thanks largely to billions of dollars in federal incentives, healthcare has finally gone digital. Yet once clinicians started using computers to actually deliver care, it dawned on them that something was deeply wrong. Why were doctors no longer making eye contact with their patients? How could one of America 's leading hospitals give a teenager a 39-fold overdose of a common antibiotic, despite a state-of-the-art computerized prescribing system? How could a recruiting ad for physicians tout the absence of an electronic medical record as a major selling point? Logically enough, we 've pinned the problems on clunky software, flawed implementations, absurd regulations, and bad karma. It was all of those things, but it was also something far more complicated. And far more interesting . . . Written with a rare combination of compelling stories and hard-hitting analysis by one of the nation 's most thoughtful physicians, The Digital Doctor examines healthcare at the dawn of its computer age. It tackles the hard questions, from how technology is changing care at the bedside to whether government intervention has been useful or destructive. And it does so with clarity, insight, humor, and compassion. Ultimately, it is a hopeful story. "We need to recognize that computers in healthcare don 't simply replace my doctor 's scrawl with Helvetica 12," writes the author Dr. Robert Wachter. "Instead, they transform the work, the people who do it, and their relationships with each other and with patients. . . . Sure, we should have thought of this sooner. But it 's not too late to get it right." This riveting book offers the prescription for getting it right, making it essential reading for everyone — patient and provider alike — who cares about our healthcare system.

People of Abandoned Character

Four One-act Plays

The Doctor Will Kill You Now

The Creative Destruction of Medicine

What Doctors Feel

Doctor, Your Patient Will See You Now

"Gripping, soaring, inspiring."--Atul Gawande, author of Being Mortal For readers of Atul Gawande and Jerome Groopman, a book of beautifully crafted stories about what life is like for patients kept alive by modern medical technology. Modern medicine is a world that glimmers with new technology and cutting-edge research. To the public eye, medical stories often begin with sirens and flashing lights and culminate in survival or death. But these are only the most visible narratives. As a critical care doctor treating people at their sickest, Daniela Lamas is fascinated by a different story: what comes after for those whose lives are extended by days, months, or years as a result of our treatments and technologies? In You Can Stop Humming Now, Lamas explores the complex answers to this question through intimate accounts of patients and their families. A grandfather whose failing heart has been replaced by a battery-operated pump; a salesman who found himself a kidney donor on social media; a college student who survived a near fatal overdose and returned home, alive but not the same; and a young woman navigating an adulthood she never thought she'd live to see -- these moving narratives paint a detailed picture of the fragile border between sickness and health. Riveting, gorgeously told, and deeply personal, You Can Stop Humming Now is a compassionate, uncompromising look at the choices and realities that many of us, and our families, may one day face.

This book will be the only comprehensive and accessible guide for young women and girls who are or may be struggling with the physical, psychological, and social effects of endometriosis.

The Instant New York Times Bestseller and TikTok Sensation! As seen on THE VIEW! A BuzzFeed Best Summer Read of 2021 When a fake relationship between scientists meets the irresistible force of attraction, it throws one woman's carefully calculated theories on love into chaos. As a third-year Ph.D. candidate, Olive Smith doesn't believe in lasting romantic relationships--but her best friend does, and that's what got her into this situation. Convincing Anh that Olive is dating and well on her way to a happily ever after was always going to take more than hand-wavy Jedi mind tricks: Scientists require proof. So, like any self-respecting biologist, Olive panics and kisses the first man she sees. That man is none other than Adam Carlsen, a young hotshot professor--and well-known ass. Which is why Olive is positively floored when Stanford's reigning lab tyrant agrees to keep her charade a secret and be her fake boyfriend. But when a big science conference goes haywire, putting Olive's career on the Bunsen burner, Adam surprises her again with his unyielding support and even more unyielding...six-pack abs. Suddenly their little experiment feels dangerously close to combustion. And Olive discovers that the only thing more complicated than a hypothesis on love is putting her own heart under the microscope.

Offering an insider's perspective, the author teaches readers how to be better patients in order to get better care, offers access to industrial-strength resources, and promotes an attitude that will prevent alienation and manipulation. How to Avoid Misdiagnoses and Unnecessary Tests A Doctor's Race to Turn Hope into Action; A Memoir Breaking & Mending The Doctor Will Not See You Now Waking Lions A Doctor's Stories of Life, Death, and in Between

How to Avoid Misdiagnoses and Unnecessary Tests

A Doctor's Race to Turn Hope into Action; A Memoir

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'Honest, compassionate, brave and big hearted' - LORRAINE KELLY 'Celebrates human beings in all their glorious, messy imperfection' - CAT DEELEY Sunday Times Bestseller updated with a new chapter on Amir's experiences during the coronavirus pandemic and being on the frontlines of the historic vaccination effort. 60 hours a week 240 patients 10 minutes to make a diagnosis Welcome to the surgery. Charting his 15 years working as a GP, from rookie to becoming a partner in one of the UK's busiest surgeries, Dr Amir Khan's stories are as much about community and care as they are about blood tests and bodily fluids. Along the way, he introduces us to the patients that have taught him about love, loss and family - from the regulars to the rarities - giving him the most unbelievable highs and crushing lows, and often in just 10 minutes. There is the unsuspecting pregnant woman about to give birth at the surgery; the man offering to drop his trousers and take a urine sample there and then; the family who needs support through bereavement, the vulnerable child who will need continuing care for a long-term health condition; and, of course, the onset of COVID-19 that tested the surgery at every twist and turn. But, it's all in a day's work for Amir. The Doctor Will See You Now is a powerful story of hope, love and compassion, but it's also a rare insider account of what really goes on behind those surgery doors.

In this powerful and sometimes shocking account, a surgeon reveals her experience of hospital life with rare frankness. In her mid-twenties, Gabriel Weston - an arts graduate with no scientific qualification beyond high school-level biology - decided to become a surgeon. She enrolled at night school, then went through many years of medical school and surgical training. Now in her late thirties, she has achieved her ambition and is working as a surgeon in a British hospital. "But I have never quite managed to shake off the feeling that I am an imposter," she says. "Even when operating, it sometimes seems like I am on the outside looking in." Direct Red is the result of those observations. It is a superbly written, startlingly raw account of her experience of life in a hospital. All her own doubts, mistakes, and incongruous triumphs are faithfully recorded. It is also a revealing and at times chilling account of what she sees around her. The world of surgery is secret and closed - or was until now. Excerpt I knew that this man needed to be opened up immediately. I phoned the on-call consultant, offering to meet him in theatre. "Not so fast," he objected. "You youngsters are always in such a hurry." When he finally did concede that we needed to go to theatre, he picked up a coffee on the way. Physiology forced pace on the situation: once we cut the man open, we were confronted with the sight of the hollow cavern of the patient 's abdomen filling with blood as quickly as a basin fills with water. This consultant did not have a clue what to do; didn 't know the simplest emergency measures. He dressed his incompetence in a mannered slowness of action. It took him almost an hour to admit he wasn 't coping, at which point he shouted at the scrub nurse: "Get me another surgeon! Any surgeon!" The night taught me the paramount value of a quick response.

LOS ANGELES TIMES AND PUBLISHERS WEEKLY BESTSELLER • The powerful memoir of a young doctor and former college athlete diagnosed with a rare disease who spearheaded the search for a cure—and became a champion for a new approach to medical research. " A wonderful and moving chronicle of a doctor 's relentless pursuit, this book serves both patients and physicians in demystifying the science that lies behind medicine. " —Siddhartha Mukherjee, New York Times bestselling author of The Emperor of All Maladies and The Gene David Fajgenbaum, a former Georgetown quarterback, was nicknamed the Beast in medical school, where he was also known for his unmatched mental stamina. But things changed dramatically when he began suffering from inexplicable fatigue. In a matter of weeks, his organs were failing and he was read his last rites. Doctors were baffled by his condition, which they had yet to even diagnose. Floating in and out of consciousness, Fajgenbaum prayed for a second chance, the equivalent of a dramatic play to second the game into overtime. Miraculously, Fajgenbaum survived—only to endure repeated near-death relapses from what would eventually be identified as a form of Castleman disease, an extremely deadly and rare condition that acts like a cross between cancer and an autoimmune disorder. When he relapsed while on the only drug in development and realized that the medical community was unlikely to make progress in time to save his life, Fajgenbaum turned his desperate hope for a cure into concrete action: Between hospitalizations he studied his own charts and tested his own blood samples, looking for clues that could unlock a new treatment. With the help of family, friends, and mentors, he also reached out to other Castleman disease patients and physicians, and eventually came up with an ambitious plan to crowdsource the most promising research questions and recruit world-class researchers to tackle them. Instead of waiting for the scientific stars to align, he would attempt to align them himself. More than five years later and now married to his college sweetheart, Fajgenbaum has seen his hard work pay off: A treatment he identified has induced a tentative remission and his novel approach to collaborative scientific inquiry has become a blueprint for advancing rare disease research. His incredible story demonstrates the potency of hope, and what can happen when the forces of determination, love, family, faith, and serendipity collide. Praise for Chasing My Cure " A page-turning chronicle of living, nearly dying, and discovering what it really means to be invincible in hope. " —Angela Duckworth, #1 New York Times bestselling author of Grit " [A] remarkable memoir . . . Fajgenbaum writes lucidly and movingly . . . Fajgenbaum 's stirring account of his illness will inspire readers. " —Publishers Weekly

An in-depth look at a psychopathic hacker hell-bent on inflicting havoc on a small Florida community's healthcare system and a heroic doctor's quest to bring him to justice. The book is a cautionary tale and urgent warning about what can happen when our digital lives collide with a sociopath with malicious intent.

The Waiting Room

Resident On Call

How the Digital Revolution Will Create Better Health Care

The Doctor

A junior doctor 's stories of compassion & burnout