

The Art Of Loving Clics Of Personal Development

The Art of Being: 101 Ways to Practice Purpose in Your Life helps readers become inspired and stay inspired, with motivational and uplifting writings that can be read daily, supported by "Mindfulness Practices," or action steps to make it simple. Ultimately, the understanding at which the reader will arrive is that spirituality, the "art of being," is actually a lifestyle, a way of walking our sacred earth every day. The Art of Being is a user-friendly manual to guide you to become acutely aware of how to live more mindfully on a day-by-day, hour-by-hour, moment-by-moment basis and thus create more peace and happiness in your life-and in the lives of those around you.

This issue covers a wide range of topics related to genitourinary imaging, across a variety of imaging modalities. An update is given on dual-energy CT in urologic imaging. Imaging of the retroperitoneum is also discussed. Imaging of infectious and inflammatory diseases of kidneys is reviewed, as is imaging of the features of common and uncommon neoplasms of the bladder.

Multimodality imaging of the ureter, unusual renal masses, and adrenal imaging are all addressed in detail. Finally, advances in pediatric urologic imaging are reviewed.

This issue of Surgical Clinics of North America, guest edited by Dr. Clifford Cho, is devoted to Technical Aspects of Oncological Hepatic Surgery. He has assembled expert authors to review the following topics: Determination of Resectability; Radiographic Characterization of Hepatic Tumors; Chemotherapy-associated Hepatotoxicity; Preoperative Assessment and Optimization of the Future Liver Remnant; Anatomy of Hepatic Resectional Surgery; Resection of Gallbladder Carcinoma; Resection of Hilar Cholangiocarcinoma; Technical Aspects of Orthotopic Liver Transplantation for Hepatocellular Carcinoma; Hemostasis and Hepatic Surgery; Minimally Invasive Hepatic Surgery; Hepatic Tumor Ablation; Hepatic Transarterial Therapies; Hepatic Perfusion Therapy; Hepatic Artery Infusional Chemotherapy; Ex vivo Hepatic Surgery, and more!

This issue of Cardiac Electrophysiology Clinics, edited by Drs. Noel G. Boyle and Bruce Wilkoff, will focus on Lead Management for Electrophysiologists. Topics include, but are not limited to, Overview of Lead Management; Vein Management; Electrode Management; Infection Management; Definitions and Metrics; Tensile Properties; TOOLS for Lead Extraction; Complications : Vascular, Cardiac, Thrombotic & Hemorrhage; Rescue; Outcomes & Registries; Reimplantation after Lead Removal; Venoplasty and Stenting; Palliation & Non Extraction Approaches; Surgical and Hybrid Extraction; Anesthesia Considerations for Lead Extraction; and Role of Imaging in Lead Extraction.

Gender, Pleasure, and Violence

Pan-Africanism: Political Philosophy and Socio-Economic Anthropology for African Liberation and Governance

The Forgotten Art of Love

Clinical Examination, An Issue of Medical Clinics of North America, E-Book

Creating a Cost Effective, Standardized, High Quality, Patient-Focused Operation

International Clinics

In this issue of Urologic Clinics of North America, guest editor Dr. Kevin R. Loughlin brings his considerable expertise to the topic of Testosterone. With about 2 out of 10 men older than 60 years having low testosterone (American Urological Association), coupled with an aging population, this issue is an important resource for all urologists for effectively treating men and improving outcomes. It provides a current update on testosterone in men from top experts in the field, covering prostate cancer treatment, the use of anabolic steroids, hypogonadism, testosterone replacement, and more.

Contains 15 practice-oriented topics including current management and controversies surrounding andropause; testosterone and male sexual function; the interplay of testosterone and dihydrotestosterone in prostate cancer; and more. Provides in-depth clinical reviews on testosterone, offering actionable insights for clinical practice.

Presents the latest information on this timely, focused topic under the leadership of experienced editors in the field. Authors synthesize and distill the latest research and practice guidelines to create clinically significant, topic-based reviews.

Belle Boggs recounts her realization that she might never be able to conceive. She searches the apparently fertile world around her -- the emergence of thirteen-year cicadas, the birth of eaglets near her rural home, and an unusual gorilla pregnancy at a local zoo -- for signs that she is not alone. Boggs also explores other aspects of fertility and infertility: the way longing for a child plays out in the classic Coen brothers film "Raising Arizona"; the depiction of childlessness in literature, from "Macbeth" to "Who's Afraid of Virginia Woolf?"; the financial and legal complications that accompany alternative means of family making; the private and public expressions of iconic writers grappling with motherhood and fertility. She reports complex stories of couples who adopted domestically and from overseas, LGBT couples considering assisted reproduction and surrogacy, and women and men reflecting on childless or child-free lives.

Provides guidance for those who are facing their own death, giving advice on telling family, making legal, medical, and financial arrangements, forgiving loved ones, and creating life meaning from despair

This Book is the outcome of a long project begun thirty years ago. It is a book on the makings of pan-Africanism through the predicaments of being black in a world dominated by being white. The book is a tribute and celebration of the efforts of the African-American and African-Caribbean Diaspora who took the initiative and the audacity to fight and liberate themselves from the shackles of slavery. It is also a celebration of those Africans who in their own way carried the torch of inspiration and resilience to save and reconstruct the Free Humanism of Africa. As a story of the rise from the shackles of slavery and poverty to the summit of Victors of their Renaissance Identity and Self-Determination as a People, the book is the story of African refusal to celebrate victimhood. The book also situates women as central actors in the Pan-African project, which is often presented as an exclusively masculine endeavour. It introduces a balanced gender approach and diagnosis of the Women actors of Pan-Africanism which was very much lacking. The problem of balkanisation of Africa on post-colonial affiliations and colonial linguistic lines has taken its toll on Africa's building of its common identity and personality. The result is that Africans are more remote to each other in their pigeon-hole-nation-states which put more restrictions for African inter-mobility, coupled by education and cultural affiliations, the communication and transportation and trading networks which are still tied more to their colonial masters than among themselves. This book looks into the problem of the new wave of Pan-Africanism and what strategies that can be proposed for a more participatory Pan-Africanism inspired by the everyday realities of African masses at home and in the diaspora. This book is the first book of its kind that gives a comprehensive and multidimensional coverage of Pan-Africanism. It is a very timely and vital compendium.

On Fertility, Medicine, and Motherhood

Musculoskeletal Imaging of the Older Population, An Issue of Radiologic Clinics of North America, E-Book

Caribbean and African American Contributions

The Art of Dying

The Only Book for Persons Facing Their Own Death

The Art of Sushi

This book contains analytical presentations of the science of Clinical Paediatrics. Each section of the book has lucid and systematic description of history taking and clinical examination followed by diagnostic clinical information on common cases in Paediatric Medicine.

Editor Orlando Ortiz and authors review important areas in Imaging of the Postoperative Spine.

Articles will include: Post-operative spine imaging in cancer patients; Minimally invasive spine intervention; Post-vertebral augmentation spine imaging; Imaging of lumbar spine fusion; Motion sparing spine instrumentation; Imaging of spine surgery complications; Post-operative fluid collections; Emerging techniques of post-operative spine imaging, What the spine surgeon needs to know about post-operative spine; Post-operative spine infection evaluation; and more!

This issue of Infectious Disease Clinics of North America, Guest Edited by Mary Anne Jackson, MD and Angela Myers, MD, is Part I of a 2-part issue devoted to Pediatric Infectious Diseases.

Drs. Jackson and Myers have assembled a group of expert authors to review the following topics:

Diagnosis and Management of Kawasaki Disease; Neonatal HSV Infection; Use of Newer

Diagnostics for Pediatric Tuberculosis; Recognition and Prompt Treatment for Tick Borne

Infections; Prevention of Recurrent Staphylococcal Skin Infections; Evaluation and

Management of the Febrile Young Infant; New Horizons for Pediatric Antimicrobial

Stewardship; Pitfalls in Diagnosis of Pediatric Clostridium Difficile Diarrhea; The Changing

Epidemiology of Pediatric Endocarditis; Neonatal Parechovirus Infection; Osteoarticular

infections in Children; and Pediatric CMV Disease.

In this issue of Radiologic Clinics, guest editors Drs. Eric Chang and Christine B. Chung bring

their considerable expertise to the topic of Imaging of the Older Population. By 2030, one of

every five Americans is projected to be over age 65, with persons over 85 years constituting one

of the fastest-growing portions of the population. This issue provides expert coverage of key

topics including osteoporosis and osteoarthritis, with individual chapters on specific areas of the

body: spine, hip, knee, and shoulder. Contains 12 relevant, practice-oriented topics including

imaging of osteoporosis; imaging of chronic kidney disease: mineral and bone disorder; imaging

of osteoarthritis of the hip; imaging of the aging spine; imaging of musculoskeletal tumors in the

elderly; and more. Provides in-depth clinical reviews on imaging of the older population, offering

actionable insights for clinical practice. Presents the latest information on this timely, focused

topic under the leadership of experienced editors in the field. Authors synthesize and distill the

latest research and practice guidelines to create clinically significant, topic-based reviews.

Biographic clinics. v. 6, 1909

Encyclopedia of Contemporary Chinese Culture

Biographic Clinics ...: Essays concerning the influence of visual function, pathologic and physiologic, upon the health of patients

Scientific Evidence that Energy Medicine Promotes Speedy Recovery and Positive Outcomes

Biographic clinics. v. 2, 1911

Fly to Japan and come discover all there is to know about sushi. After

revealing the secrets of chocolate to us, Franckie Alarcon offers a gourmet

panorama of this exceptional dish that has conquered the planet! But do you really know sushi? The author traveled to Japan to meet all the players involved in the making of this true work of culinary art. From the traditional starred chef to the young cook who is shaking up the rules, including all the artisans and producers involved, this book covers the most emblematic of Japanese products from A to Z. A fascinating journey of discovery that, along the way, tells a lot about Japan itself. You'll never believe the precision and detailed obsession with quality ingredients involved.

This issue of *Cardiac Electrophysiology Clinics* examines *Frontiers in Non-invasive Cardiac Mapping*. Topics include imaging of heart rhythm disorders, experimental validation and modeling of validation, challenges and future directions of inverse problems, phase mapping of cardiac fibrillation, frequency domain analysis, analysis of diagnostic 12-lead electrocardiography and 3D non-invasive mapping, and many more.

“ *The Art of Dying* speaks to modern readers with refreshing frankness and wit. It covers the subject thoroughly, from how to inform relatives of impending death, to coping with pain and fear, to death rituals, to preparing for a possible afterlife or, depending on one’s viewpoint, the end of it all. ”

—Publishers Weekly “ Along with our caring presence, this book may be the finest gift we can give someone facing the last stage of life. ” —Rabbi Harold Kushner, author of *When Bad Things Happen to Good People* “ Dr. Weenolsen . . . doesn’t duck the tough questions. ” —M. Brewster Smith, PhD, former president, American Psychological Association “ This book gives the same things a good support group does—compassionate sympathy and practical advice for people sharing pain. It will be a godsend. ” —Rebecca Brown, author of *Gifts of the Body* “ Begins with ‘ the day you receive the diagnosis ’ and the sudden realization that ‘ never again will you be as you were. Even if by some miracle you heal, it will be only temporary. ’ Weenolsen takes the panic and paralysis out of such news through wise, aggressive, no-holds-barred approaches. ” —Patricia Holt, *San Francisco Chronicle* “ A book everyone can benefit from reading. ” —Nancy Pearl, author of *More Book Lust* “ Also for family and friends of dying persons, for professionals in the health-care fields, and for those who train them. ” —Hannelore Wass, PhD, founding editor, *Death Studies*

This issue of *Sleep Medicine Clinics* will be Guest Edited by Jim Barker, MD CPE, FACP, FCCP, FAASM Shirley Fong Jones, MD, FCCP of Scott and White Memorial Hospital and will focus on Obstructive Sleep Apnea. Article topics include Weight loss, Pharmacologic therapy of obstructive sleep apnea, Alternative Therapies, Masks and Interfaces, Outcomes of treatment of hypersomnia for OSA, Effects of therapy on CV outcomes, Complex Sleep Apnea, Oral appliances, Cost of therapy, Medicolegal aspects of treatment, Residual sleepiness, Therapy and Metabolic Outcomes, and Therapies for Children with OSA.

Leveraging Lean in Outpatient Clinics

Biographic clinics. v. 4, 1906

The Art of Being

Facing Your Own Death

Obstructive Sleep Apnea, An Issue of Sleep Medicine Clinics,

Pediatric Infectious Disease: Part I, An Issue of Infectious Disease Clinics of North America

This issue of Chest Medicine Clinics focuses on Interventional Pulmonology, with topics including: Flexible bronchoscopy; Radiology for mediastinal lymph node station in lung cancer diagnosis and staging; Lung cancer screening; Early lung cancer detection; Palliative care and interventional pulmonology; Anesthesia for flexible and rigid bronchoscopy; Mediastinal and pulmonary pathology: Specimen collection and processing; Bronchial Thermoplasty: A nonpharmacological therapy for severe asthma; Bronchoscopic lung volume reduction; Malignant pleural effusion: From diagnostics to therapeutics; Intrapleural therapeutics; Percutaneous dilational tracheostomy; Tracheobronchial stenosis and Tracheobroncho malacia: diagnostic and therapeutic dilemmas; Pediatric interventional pulmonology; The Business of Bronchoscopy: How to set up an Interventional Pulmonology Program; Bronchoscopic therapies for peripheral lung malignancies; and Bronchial Thermoplasty: A nonpharmacological therapy for severe asthma.

This issue of Infectious Disease Clinics of North America, Guest Edited by Mary Anne Jackson, MD and Angela Myers, MD, is Part II of a 2-part issue devoted to Pediatric Infectious Diseases. Drs. Jackson and Myers have assembled a group of expert authors to review the following topics: Measles 50 Years After Initiation of MMR Vaccine; Pertussis in the Era of New Strains; Promoting Vaccine Confidence; The Changing Epidemiology of Meningococcal Infection; Prevention of Influenza in Children; Rabies - Rare Human Infection, Common Questions; The Expanded Impact of Human Papillomavirus Vaccine; The Challenge of Global Poliomyelitis Eradication; The Eradication of Pediatric Rotavirus Infection; Approach to Immunization for the Traveling Child; and Status of Pneumococcal Infection in the US in the conjugate vaccine era. Collects entries on contemporary Chinese culture since 1980, discussing such topics as prisons, underground churches, and rock groups.

This issue of Physical Medicine and Rehabilitation Clinics, guest edited by Dr. Kathleen L. Davenport, will discuss a number of important topics in Dance Medicine. This issue of one of four issues selected each year by series Consulting Editor, Santos Martinez. Topics discussed in this issue include, but are not limited to: Rehabilitation of the Dancer, Access to Healthcare Among Dancers, Dry Needling and Acupuncture, Nutrition Periodization in Dancers, Choreography Specific Cross Training for Dancers, Mental and Physical Resilience in Dancers, Pointe

Readiness Screening, Dancers with Disabilities, Special Considerations for the Growing Dancer, Supplemental Training in Dance: Systematic Review, Concussions in Dancers and Other Performing Artists, and Nutritional Concerns for the Artistic Athlete.

Dance Medicine, An Issue of Physical Medicine and Rehabilitation Clinics of North America

101 Ways to Practice Purpose in Your Life

Frontiers in Noninvasive Cardiac Mapping, An Issue of Cardiac Electrophysiology Clinics,

Intimacy: Sensitivity, Sex, and the Art of Love

The Construction of Expert Knowledge of Sexuality in Poland

What Love Means and Why It Matters

In this issue of Surgical Pathology Clinics, guest editor Dr. Carlos Parra-Herran brings his considerable expertise to the topic of Gynecologic and Obstetric Pathology. Top experts cover emerging topics in gynecologic pathology that are relevant to clinical practice, including information on classification, terminology, diagnostic criteria, and ancillary testing. This issue also includes a review of the pathologic findings in specimens from patients undergoing gender-affirming surgery. Contains 14 practice-oriented topics including placental pathology: integrating consensus recommendations into practice; gestational trophoblastic neoplasia: contemporary diagnostic approach; homologous recombination deficiency and BRCA testing in pelvic high-grade serous carcinoma; ovarian sex cord stromal tumors and their mimickers; and more. Provides in-depth clinical reviews on gynecologic and obstetric pathology, offering actionable insights for clinical practice. Presents the latest information on this timely, focused topic under the leadership of experienced editors in the field. Authors synthesize and distill the latest research and practice guidelines to create clinically significant, topic-based reviews.

With each passing year neuroimaging becomes more and more central in the diagnosis of neurologic disease, as its capacity to detect subtle changes in nervous system tissue increases. This issue of Neurologic Clinics features twelve articles that address the key clinical applications of the several radiologic modalities. Topics include: Neuro-Imaging of Infectious Disease; Neuro-Imaging of Dementia; Imaging of Traumatic Brain Injury; 3. MR Guided Focused Ultrasound: A New Technology for Clinical Neurosciences; Novel Multi-Modality Imaging Techniques for the Diagnosis and Evaluation of Arteriovenous Malformations; Neuroimaging in the Critical Care Environment; Imaging of Cerebral Ischemia: From Acute Stroke to Chronic Disorders; Imaging of Cancer-Related Neurotoxicity; Neurocutaneous

Syndromes; Imaging of Chiari Malformation and Hydrocephalus; and others.

Helps to find happiness and fulfillment by creating deeper, more intimate relationships with family, friends, and God.

Behind the Iron Curtain, the politics of sexuality and gender were, in many ways, more progressive than the West. While Polish citizens undoubtedly suffered under the oppressive totalitarianism of socialism, abortion was legal, clear laws protected victims of rape, and it was relatively easy to legally change one's gender. In *Gender, Pleasure, and Violence*, Agnieszka Kościńska reveals that sexologists—experts such as physicians, therapists, and educators—not only treated patients but also held sex education classes at school, published regular columns in the press, and authored highly popular sex manuals that sold millions of copies. Yet strict gender roles within the home meant that true equality was never fully within reach. Drawing on interviews, participant observation, and archival work, Kościńska shares how professions like sexologists defined the notions of sexual pleasure and sexual violence under these sweeping cultural changes. By tracing the study of sexual human behavior as it was developed and professionalized in Poland since the 1960s, *Gender, Pleasure, and Violence* explores how the collapse of socialism brought both restrictions in gender rights and new opportunities.

Testosterone, An Issue of Urologic Clinics, E-Book

A Quarterly of Clinical Lectures

Spiritual Healing in Hospitals and Clinics

Lead Management for Electrophysiologists, An Issue of Cardiac Electrophysiology Clinics

Unbreakable Bonds

Technical Aspects of Oncological Hepatic Surgery, An Issue of Surgical Clinics of North America, E-Book

Raise Your Sons and Daughters with Real Unconditional Love By: John Sangwon Lee, MD., FAAP Pediatrician John Sangwon Lee, MD., FAAP, has years of experience with parenting methods and children's health in both America and in South Korea. With these combined experiences, and his own as a father, Dr. Lee puts forth *Raise Your Sons and Daughters with Real Unconditional Love*, a guide to raising children with kindness, empathy, and love. He describes in detail the types of love needed for parents to raise their children well, eye-contact love, physical-contact love, and focused-attention love. With his familiarity of American and South Korean parenting styles, he sets forth to create a shared foundation of parenting knowledge using the positive childrearing practices of both nations. Whether you are a new parent or already have children of your own, Dr. Lee's in-

depth explanations of newborn, toddler, child, and adolescent physical and mental health combined with insightful guides on how parents should handle difficult or new situations is an essential read.

This book is part of a series of titles that are a spin-off of the Shingo Prize-winning book *Leveraging Lean in Healthcare: Transforming Your Enterprise into a High Quality Patient Care Delivery System*. Each book in the series focuses on a specific aspect of healthcare—including emergency departments, medical laboratories, outpatient clinics, ancillary services, and surgical services—that has demonstrated significant process and quality improvements after a Lean implementation. Because ambulatory care settings play a significant role in the healthcare delivery system, it is important to understand how Lean concepts and tools can be used to deliver high-quality, cost-effective care. *Leveraging Lean in Outpatient Clinics: Creating a Cost Effective, Standardized, High Quality, Patient-Focused Operation* provides a functional understanding of Lean processes and quality improvement techniques in an outpatient clinic environment. This book is an ideal guide for healthcare executives, leaders, process improvement team members, and inquisitive frontline workers who want to implement and leverage Lean in outpatient clinical settings. Supplying detailed descriptions of Lean tools and methodologies, it identifies powerful Lean solutions specific to the needs of outpatient facilities. The first section provides an overview of Lean concepts, tools, methodologies, and applications. The second section focuses on the application of Lean in the outpatient clinic environment. It presents illustrative examples of Lean deployments in primary care, GI, and preadmission testing clinics. The examples provide broad content which can be readily transferable to other outpatient clinic settings. Illustrating leadership's role in achieving departmental goals, this book will provide you with a well-rounded understanding of how Lean can be applied to achieve significant improvements throughout the complete continuum of care.

This issue of *Medical Clinics*, guest edited by Dr. Brian Garibaldi, is devoted to Clinical Examination. Articles in this issue include: Introduction to the Clinical Examination; The Enduring Diagnostic Value of the Physical Exam; The Physical Exam as Ritual - Social Sciences in the Context of the Physical Exam; The Hypothesis Driven Physical Exam; The Role of Technology in the "Clinical Exam 2.0"; Clinical Reasoning at the Bedside; The Outpatient Clinical Exam; The Electronic Health Record and the Clinical Exam; Communication and Ethics in the Clinical Exam; Improving Observational Skills to Enhance the

Clinical Exam; The Role of Bedside Rounds in the Clinical Examination; Communication with Patients from Culturally and Socially Diverse Populations; Telemedicine and the Clinical Exam; Clinical Skills Assessment in the 21st Century; and Emerging Tools to Enhance Clinical Reasoning Skills.

- Presents the positive results of the author's two-year clinical trial of spiritual healing (energy medicine) involving 200 hospital patients
- Shares intriguing evidence from case studies as well as other research projects that negate the myth that energy healing is only a placebo
- Explores how spiritual healing not only led to improved outcomes for patients, but also faster recovery times and thus less time spent in hospitals

Seven years after qualifying to become a spiritual healer, Sandy Edwards approached a consultant gastroenterologist at a city hospital and offered to give healing to his patients as a volunteer. She provided healing sessions alongside conventional medical treatments, documenting the effects in a scientific way, and the doctor was surprised at the overwhelmingly positive outcomes. In partnership with the University of Birmingham, as well as a national grant to fund the study, Sandy instigated the largest clinical research trial of spiritual healing in the world. Revealing the outstanding results of this two-year medical trial, which involved 200 chronically ill hospital patients, Sandy demonstrates that spiritual healing (energy medicine) can support the healing process of a patient, whether they are in pain, sick, stressed, or depressed. In many cases, these patients had been suffering for a long time with little hope of recovery. Yet they improved substantially in numerous ways after receiving just five 20-minute healing sessions. Illustrating how spiritual healing helps a patient from pain and distress through to recovery, Sandy shares intriguing evidence from case studies as well as other research projects that negate the myth that energy healing is only a placebo. She offers statements from medical professionals who have witnessed the results firsthand and also details a quick technique to relieve pain that readers can apply in their own lives. Showing how spiritual healing not only led to improved outcomes for patients, but also faster recovery times and thus less time spent in hospitals, Sandy moves us one step closer to widespread acceptance for spiritual healing and energy medicine.

Palliative and End of Life Care, An Issue of Nursing Clinics - E-Book

Practicing the Art of Loving and Being Loved

A Doctor's Prescription for Well-Being

Raise Your Sons and Daughters with Real Unconditional Love

Gynecologic and Obstetric Pathology, An Issue of Surgical

Pathology Clinics, E-Book

Pediatric Infectious Disease: Part II, An Issue of Infectious Disease Clinics of North America, E-Book

Explore the many facets of our most valued emotion. Cardiologist and professor Armin Zadeh revisits psychologist Erich Fromm's *The Art of Loving*, a book that has fascinated him for decades. *The Forgotten Art of Love* examines love in its complex entirety – through the lenses of biology, philosophy, history, religion, sociology, and economics – to fill in critical voids in Fromm's classic work and to provide a contemporary understanding of love. This unique and wide-ranging book looks at love's crucial role in every aspect of human existence, exploring what love has to do with sex, spirituality, society, and the meaning of life; different kinds of love (for our children, for our neighbors); and whether love is a matter of luck or an art that can be mastered. Dr. Zadeh provides a fascinating, empowering guide to enhancing relationships and happiness – concluding with a provocative vision for firmly anchoring love in our society.

In his landmark book *How We Die*, Sherwin B. Nuland profoundly altered our perception of the end of life. Now in *The Art of Aging*, Dr. Nuland steps back to explore the impact of aging on our minds and bodies, strivings and relationships. Melding a scientist's passion for truth with a humanist's understanding of the heart and soul, Nuland has created a wise, frank, and inspiring book about the ultimate stage of life's journey. The onset of aging can be so gradual that we are often surprised to find that one day it is fully upon us. The changes to the senses, appearance, reflexes, physical endurance, and sexual appetites are undeniable—and rarely welcome—and yet, as Nuland shows, getting older has its surprising blessings. Age concentrates not only the mind, but the body's energies, leading many to new sources of creativity, perception, and spiritual intensity. Growing old, Nuland teaches us, is not a disease but an art—and for those who practice it well, it can bring extraordinary rewards. "I'm taking the journey even while I describe it," writes Nuland, now in his mid-seventies and a veteran of nearly four decades of medical practice. Drawing on his own life and work, as well as the lives of friends both famous and not, Nuland portrays the astonishing variability of the aging experience. Faith and inner strength, the deepening of personal relationships, the realization that career does not define identity, the acceptance that some goals will remain unaccomplished—these are among the secrets of those who age well. Will scientists one day fulfill the dream of eternal youth? Nuland examines the latest research into extending life and the scientists who are pursuing it. But ultimately, what

compels him most is what happens to the mind and spirit as life reaches its culminating decades. Reflecting the wisdom of a long lifetime, *The Art of Aging* is a work of luminous insight, unflinching candor, and profound compassion.

This issue of *Nursing Clinics*, Guest Edited by Mimi Mahon, features subject topics such as: Understanding Children's Involvement in Medical Decision Making; Symptom Management at End of Life; Assessing respiratory distress when the patient can't self-report; Barriers to Palliative Care, Legislative Issues; End Stage Liver Disease: Symptoms & Practice Implications; Dying children: Creating opportunities out of a "Last Chance ; Decision making in palliative care; Discussing a family member's serious illness: children's and families' perspectives; Living with cognitive impairments in Long Term Care: Palliative Care & End of Life implications; Withdrawal of Life-Sustaining Therapy; The patient and family perspectives: Living with cancer; Palliative care concepts in the sickle cell population. Imaging of the Postoperative Spine, An Issue of *Neuroimaging Clinics*,

The Art of Aging

Interventional Pulmonology, An Issue of *Clinics in Chest Medicine*

Genitourinary Imaging, An Issue of *Radiologic Clinics of North America* - E-Book

The Surgical Clinics of Chicago

International Record of Medicine and General Practice Clinics