

# **Sample Deliberate Practice Growth Plan**

Professional Growth Plans are one tool used to provide consistent, aligned, on-going feedback and training throughout the network. Opportunities to self-evaluate, receive feedback, and discuss progress towards goals are foundational to the professional growth and development of individual team members and to the network as a whole.

**Deliberate Practice Growth  
Target by Jennifer Kaelin on  
Prezi**

Deliberate practice is by far the

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most effective method for rapidly improving your abilities at any skill. If you're lucky enough to have a good coach, they'll take care of the planning and feedback necessary for effective deliberate practice.

Deliberate Practice Plan

Template (SAMPLE) Name:

School: Year: Date of Plan: Step

1: Self-Assessment Instructional

Strategy Level/Score Current

Student Behavior/Learning

Changes in Students

Behavior/Learning Identifying

Critical Information 1, Beginning

Students do not focus in on

critical information

**Teacher Development Through**

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# **Deliberate Practice**

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### **Growth Plan**

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## **Deliberate Practice Plan**

### **Template (SAMPLE)**

Step 3: Growth Target Determine  
a deliberate growth target that

addresses student learning. Based on your focus, think about the growth target as it impacts student learning. Example of a deliberate practice growth target: During the school year, I will attend professional development to learn about the new ELA Florida Standards.

## **Deliberate Practice Growth Target - Citrus Grove Middle School**

- Deliberate Practice is a percentage of the Instructional Practice Score
- Performance in Deliberate Practice can be punitive if the teacher shows no growth.
- Top scores are not

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Deliberate Practice • Reward for  
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lower on the performance scale  
48

## **DELIBERATE PRACTICE - fasdonline.org**

September 15, 2017 Teachers  
submit Deliberate Practice  
Growth Plan for approval within  
iObservation. September 29,  
2017 School administrators  
approve Deliberate Practice  
Growth Plans within  
iObservation. November –  
December 2017 Deliberate  
Practice Growth Plan progress

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check #1 (Review teachers' action steps, reflection logs, evidences, etc ...

## **2017-2018 GUIDELINES FOR DELIBERATE PRACTICE GROWTH PLANS**

CREATING YOUR DELIBERATE PRACTICE PLAN IN iOBSERVATION \*\*\*These instructions are for administrators and classroom teachers. As of 8/27/13, DP forms for non-classroom instructional personnel are not yet deployed; these employees will be notified when their plan is available in iObservation. Task # 1: Set Up 1.

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## **CREATING YOUR DELIBERATE PRACTICE PLAN IN iOBSERVATION**

- Your Growth Plan/Deliberate Practice should be completed by 11:59pm on Thursday, November 30, 2017. Your administrator will review your completed Growth Plan. It will either be accepted as submitted or returned to you for further editing and then resubmitted for approval once your editing is complete.

### **Creating Your Growth Plan /Deliberate Practice in iObservation**

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Blog. 7 May 2020. Designer tips, volume 2: Common color mistakes and the 60-30-10 rule;  
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Deliberate practice always follows the same pattern: break the overall process down into parts, identify your weaknesses, test new strategies for each section, and then integrate your learning into the overall process. Here are some more examples.

### **The Beginner's Guide to Deliberate Practice | James Clear**

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## **Deliberate Practice - an example lesson - Adam Young Golf**

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we use principles of “deliberate practice” to develop teacher expertise, both as part of preservice preparation and as ongoing professional development.

## **What the what of deliberate practice in teaching**

GRIT, GROWTH MINDSET, AND DELIBERATE PRACTICE IN ONLINE LEARNING Cristie McClendon, Grand Canyon University Robin Massey Neugebauer, ... a growth mindset, and deliberate practice strategies may improve retention of online students. ... a large sample of adults over the age of

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## **Grit, Growth Mindset, and Deliberate Practice in Online ...**

“Deliberate practice involves more than just ... For the practice areas above, sample action steps might be “introducing objectives at the start of each lesson” or “efficiently passing out papers.” When determining ... and discuss their growth with coaches, peers, and in practice journals. For more resources, check out the ...

## **Teacher Development Through Deliberate Practice**

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I resented this lack of progress, and my plan fell apart within weeks. Then, I discovered how Mozart turned deliberate practice into part of his early life. What Mozart Teaches Us About Deliberate Practice. The Austrian composer, Wolfgang Amadeus Mozart, worked in obscurity for a mere ten years (or 10,000 plus hours) before he became popular.

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John cites 3 meta-analyses as the source of the 0.79 effect size. The first meta-analysis was

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## **Deliberate Practice In Education: What Is it? Should You ...**

- How has deliberate practice enabled the professional to meet the growth ...
- growth target statement
- plan of action

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statement 1,2,3 Strategy.  
2016-2017 DPGT Rubric  
Presentation 7/5/2016 Office of  
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Evaluation 6 ... DPGT with  
Rubric Author:

**DPGT with Rubric - Miami-Dade County Public Schools**  
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## **Teacher Professional Growth Plans - TNTP**

Deliberate Practice Plan

Template (DIRECTIONS FOR COMPLETING) Step 5:

Reflection You will need a minimum of three reflection logs tied to the goal and strategy you have selected. For each of the three reflection logs, provide a narrative (based on the question you choose) of your

**Deliberate Practice Plan  
Template (DIRECTIONS FOR ...  
Professional Growth Plan, now**

*Page 16/42*



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- Teachers will record their Deliberate Practice PGPs online in iObservation.
- Teachers will choose 1-3 elements within Domain 1 that they want to focus on throughout the year.
- These chosen elements are determined by the teacher.

## **Deliberate Practice PGP - Kyrene School District**

Plan of Action: Describe what you plan to do to achieve your deliberate practice growth target. I plan to achieve a classroom which addresses the diverse needs of my students, where the students that are proficient will

be allowed to grow and increase their proficiency while those struggling learners will also be given the attention and tools they need to become proficient learners.

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Deliberate Practice Plan Template (SAMPLE)

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DELIBERATE PRACTICE -

fasdonline.org

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Deliberate Practice Growth Target -  
Citrus Grove Middle School

CREATING YOUR DELIBERATE  
PRACTICE PLAN IN  
OBSERVATION

Deliberate Practice PGP - Kyrene  
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(SAMPLE) Name: School: Year: Date

of Plan: Step 1: Self Assessment  
Instructional Strategy Level/Score

Current Student Behavior / Learning  
Changes in Students

Behavior / Learning Identifying Critical

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Teacher Professional Growth Plans -

## TNTP

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