

Sacred Uality Ancient Egyptian Tantric Yoga

Metzner offers readers a definitive map through the maze of spiritual options available to them, identifying the universal structures that underlie the varieties of transformative experience, much as William James did a century ago in his classic, *The Varieties of Religious Experience*. 40 illustrations. Sacred Knowledge is the first well-documented, sophisticated account of the effect of psychedelics on biological processes, human consciousness, and revelatory religious experiences. Based on nearly three decades of legal research with volunteers, William A. Richards argues that, if used responsibly and legally, psychedelics have the potential to assuage suffering and constructively affect the quality of human life. Richards's analysis contributes to social and political debates over the responsible integration of psychedelic substances into modern society. His book serves as an invaluable resource for readers who, whether spontaneously or with the facilitation of psychedelics, have encountered meaningful, inspiring, or even disturbing states of consciousness and seek clarity about their experiences. Testing the limits of language and conceptual frameworks, Richards makes the most of experiential phenomena that stretch our understanding of reality, advancing new frontiers in the study of belief, spiritual awakening, psychiatric treatment, and social well-being. His findings enrich humanities and scientific scholarship, expanding work in philosophy, anthropology, theology, and religious studies and bringing depth to research in mental health, psychotherapy, and psychopharmacology.

1. EGYPTIAN YOGA: THE PHILOSOPHY OF ENLIGHTENMENT An original, fully illustrated work, including hieroglyphs, detailing the meaning of the Egyptian mysteries, tantric yoga, psycho-spiritual and physical exercises. Egyptian Yoga is a guide to the practice of the highest spiritual philosophy which leads to absolute freedom from human misery and to immortality. It is well known by scholars that Egyptian philosophy is the basis of Western and Middle Eastern religious philosophies such as Christianity, Islam, Judaism, the Kabala, and Greek philosophy, but what about Indian philosophy, Yoga and Taoism? What were the original teachings? How can they be practiced today? What is the source of pain and suffering in the world and what is the solution? Discover the deepest mysteries of the mind and universe within and outside of your self. ISBN: 1-884564-01-1

The Nature of Religion

The Unfolding Self

Unlocking the Pyramid Texts

Visions

Enjoying Religion

Self-Realization and Planetary Transformation

THE AMERICAN DICTIONARY OF THE ENGLISH LANGUAGE

A practical guide to pathworking and other esoteric techniques from the ancient mystery schools predating Christianity • Explains the dynamics of both group ritual and solo practice • Shows that temples of high magic are not mere physical structures but inner edifices created by sustained meditative practice • Explains why this practice is sometimes called the Yoga of the West Before the

advent of Christianity, early civilizations had, at the heart of their spiritual traditions, mystery schools that offered a corpus of training methods in what is now called magic. The persecution of heresies that followed the establishment of Christianity as Rome's state religion, a persecution that reached its high point during the Middle Ages, forced the degradation and disappearance of this training system. While the knowledge of these mystery traditions--jealously guarded by secret societies--has begun to emerge, the actual techniques and practices of spiritual magic have remained hidden. The Temple of High Magic provides the practical knowledge of these techniques for modern spiritual seekers who wish to incorporate the proven esoteric techniques of the magi into their lives. This book explains the dynamics of group ritual and solo practice as well as the critical role played by the kabbalistic tree of life--the key to inner knowledge. Ina Custers-van Bergen shows that temples of high magic are not mere physical structures but are the inner edifices willed into being by a sustained meditative practice and pathworking, using key symbols from ancient Hebraic and Egyptian traditions. Sometimes called the Yoga of the West, this spiritual magic is a system of esoteric development that seeks to create full union between the magician and the divine.

For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty.

Explores the evolution of life and consciousness according to the cosmology and psychology of Fire, viewing Fire not only as a material but also as a spiritual principle.

The Temple of High Magic

Tantra in Practice

Aleister Crowley and Western Esotericism

A Guide to Sex and Spirit in the East and West

The Nation [Electronic Resource]

Lost Goddesses

Recasting the Devadasi

Henrik Bogdan and Martin P. Starr offer the first comprehensive examination of one of the twentieth century's most distinctive occult iconoclasts, Aleister Crowley (1875-1947), one of the most influential thinkers in contemporary western esotericism.

Discusses the theory and practice of ancient offering rites and shows how they can be used today for spiritual growth and sacred magic, specifically as applied to the Egyptian goddess Isis. Original.

The Sacred Sex Bible is a comprehensive illustrated guide to sex and spirituality, which looks at historical and cultural currents in

sexuality and the influence of both Western and Eastern traditions. From pagan rites to neo-Tantra (Tantra in the West) there are examples of sexual practice and rituals, along with exercises on breathing and visualization as pathways to sacred sex, or blissful union with the divine.

Stealing Fire from Heaven

The Divine Library

The Athenaeum

Form, Content, and Context

Responding to Art

The Sabarimala Confusion—A Historical Perspective

Aromatherapy

For Jung, the beautiful and brilliantly creative 28-year old Christiana Morgan was an inspired force whose path in self-analysis paralleled his own quest for personal knowledge. By teaching Morgan the trance-like technique of active imagination, Jung helped her embark on a series of archetypal adventures which she depicted in paintings of great virtuosity and he candidly recounted at a seminar given to some of his closest followers. Through his eloquent description of the fiery, mythic visions of a woman discovering her repressed sexuality and feminine power, Jung reveals how deeply this encounter challenged his understanding of feminine psychology. These two volumes bring together for the first time colour reproductions of Morgan's paintings with a complete transcript of the seminar.

This volume offers a wide variety of case studies ranging from Christianity, Islam, Hinduism, and Buddhism to new religious movements showing there is an increasing tendency among believers and nonbelievers to enjoy or play with religion.

The Western magical traditions are currently undergoing an international resurgence. In *Stealing Fire from Heaven*, Nevill Drury offers an overview of the modern occult revival and seeks to explain this growing interest in ancient magical belief systems. Gnosticism and the Hermetica, the medieval Kabbalah, Tarot and Alchemy, and more recently, Rosicrucianism and Freemasonry, collectively laid the basis for the modern magical revival, which first began to gather momentum in Europe at the end of the nineteenth century. Western magic has since become increasingly eclectic, drawing on such diverse sources as classical Greco-Roman mythology, Celtic cosmology, Kundalini yoga and Tantra, shamanism, chaos theory, and the various spiritual traditions associated in many different cultures with the Universal Goddess. Drury traces the rise of various forms of magical belief and practice, from the influential Hermetic Order of the Golden Dawn to the emergence of Wicca and Goddess worship as expressions of contemporary feminine spirituality. He also explores Chaos Magick and the occult practices of the so-called Left-Hand Path, as well as twenty-first-century magical forays into cyberspace. He believes that the rise of modern

Western magic stems essentially from the quest for personal spiritual transformation and direct experience of the sacred--a quest which the trance occultist and visionary artist Austin Osman Spare once referred to as "stealing fire from heaven." Considered in this light, Drury argues, modern Western magic can be regarded as a form of alternative spirituality in which the practitioners seek direct engagement with the mythic realm.

Hermetic Initiations in the Western Mystery Tradition

The Narrow Way

Psychedelics and Religious Experiences

The Imperial dictionary, on the basis of Webster's English dictionary

Gateway to The Heavens

Shambhala Sun

The Global Crisis and the Sexual Solution

The author's fascination with temples began when she was a child. This book is a collection of the author's reflections of her travels to different temples and temple towns over time in India, Sri Lanka, Malaysia, Indonesia, Myanmar, Egypt etc. The author has attempted to understand spiritual spaces from the cultural tourism perspective. A helpful read for the off-beat traveller, "The Sacred World of Temples", contains an interesting account of the known and lesser-known temples and religious sites.

A stunning and original interpretation of an ancient system of poetic, religious, and philosophical thought Buried in the Egyptian desert some four thousand years ago, the Pyramid Texts are among the world ' s oldest poetry. Yet ever since the discovery of these hieroglyphs in 1881, they have been misconstrued by Western Egyptologists as a garbled collection of primitive myths and incantations, relegating to obscurity their radiant fusion of philosophy, scientific inquiry, and religion. Now, in a seminal work, the classicist and linguist Susan Brind Morrow has recast the Pyramid Texts as a coherent work of art, arguing that they should be recognized as a formative event in the evolution of human thought. In *The Dawning Moon of the Mind* she explains how to read hieroglyphs, contextualizes their evocative imagery, and interprets the entire poem. The result is a magisterial religious and philosophical text revealing a profound consciousness of the world with astonishing parallels to Judeo-Christian culture, Buddhism, and Tantra. More than twenty years in the making, *The Dawning Moon of the Mind* is a monumental achievement that locates one of the origins of poetic thought in Western culture. Almost before science, art, and written language, these texts set forth the relationship between time and eternity, life and death, history and ideas. In *The Dawning Moon of the Mind* they emerge in their original luminosity and intelligence alongside a persuasive argument for their central importance to the history of language.

Simple geometric shapes and symbols combine to make the universal, powerful, sacred model Karen French calls *Gateway to the Heavens*. In this book, French explains the meaning and purpose of these shapes, how they mold our reality and perception of it and how they have a direct bearing on what you are and why you are here. These shapes and symbols contain messages that have been consistently represented in religion, philosophy, mythology, mysticism, the arts and sciences. Their messages are built into our genetic make-up and we recognize them instinctively. The book is divided up into 3 parts. Part 1 covers the properties of the basic geometric shapes and numbers. Part 2 describes how these, in turn, form layers of construction, creating principals that are fundamental to the purpose of the universe; the spiral sustains reality, the cross highlighting the central point of existence and the heart is where we weigh up our choices. Part 3 describes how we can use these principals to create positive change in our lives by helping us to expand our awareness of reality.

The Philosophy of Enlightenment
Patterns of Sacred Prostitution in Colonial South India
The Secret Teachings of Mary Magdalene
Varieties of Transformative Experience
Dictionary of Sacred Myth
The Ancient Shamanic Yoga of Non-Duality
Yoga and the Sacred Fire

Aromatherapy, the centuries-old practice of using botanical scents and oils for physical and psychic benefit, reached its peak of popularity in the early 2000s. Roberta Wilson's essential resource for aromatherapy offers hundreds of healing recipes for compresses, baths, inhalants, air fresheners, and skin-care products specifically designed to assuage common disorders and complaints. Organized in a handy A-to-Z format, Aromatherapy is the most trusted sourcebook for this gentle healing art. First published in 1995, Wilson's guide is here revised and expanded to cover a wider selection of essential oils, more health conditions, and more ways of incorporating aromatherapy into your life.

This book demonstrates how D.H. Lawrence's prophetic ambitions impelled him to create novels that would radically transform the consciousness of his readers. Charles Burack argues that Lawrence's major novels, beginning with *The Rainbow*, are structured as religious initiation rites that attempt to break down the reader's normative mindset and to evoke new, numinous experiences of self and world. Through careful analysis of narrative structure, literary technique, and sacred discourses, Burack shows that Lawrence tries to initiate the reader into his own version of religious vitalism. Unlike most initiations that conclude with powerful affirmations, Lawrence's novels generally end with an attempt to subvert the formation of new religious dogmas and to encourage sacred-erotic exploration.

An initiate's guide to the healing practices, spiritual exercises, and secret rites of the Mother Mantra tradition • Explains the practice of the Mother Mantra, which allows us to overcome subconscious programming, release our fears, and awaken to the dream nature of reality • Includes instructions for the practice of the Egyptian mantra to attract wealth and abundance and the Mystical Marriage Mantra for transformation and rebirth • Presents five spiritual rituals that can be incorporated into daily life to reestablish the universal balance between humanity and the divine Hidden at the heart of nearly all spiritual and esoteric traditions lies the powerful teachings of the Mother Mantra. Its initiates have preserved its consciousness-expanding techniques for millennia. Originating in the ancient practice of shamanic yoga, this tradition allows us to perceive the full complexity of reality. It helps us see both the visible and the invisible, moving beyond the consciousness of duality that limits us to only the material world. Operating in this heightened state of non-ordinary consciousness, we can see beyond our subconscious programming and behavior patterns and understand our possibilities and powers. By removing all fear, it allows you to love yourself exactly as you are. In this spiritual and philosophical guide, initiate Selene Calloni Williams shares the healing practices and spiritual exercises of the Mother Mantra tradition. She explains how these practices bypass the thinking mind to access our higher spiritual consciousness, allowing us to awaken to the dream nature of reality and release us from all fear. She details the exercises and practices of the four-part Mother Mantra: The first series, which dissolves the constructs of the ego; the second, which invokes ancient spirits and deities for their aid in this endeavor; the third, where we experience a divine androgynous tantric union to transcend sexual identity and spiritually fuse with the divine; and the fourth, where the first three rituals are combined to unlock an expanded state of consciousness and a true seeing of the complexity of both the visible and invisible worlds. The author also describes the practice of the Egyptian mantra, a soul-making ceremony that unites the initiate with the Chthonian realms and attracts wealth and abundance, and the Mystical Marriage Mantra, which opens a path to authentic transformation and rebirth. Additionally, Williams presents five

spiritual rituals, including yogic poses and exercises, that can be incorporated into daily life to allow divine communication through the chakras, awaken the mind and body from the aging process, and reestablish the universal balance between humanity and the divine.

Something Happened on the Way to Heaven

The Sacred and the Profane

Egyptian Yoga

Yoga Journal

Notes on the Seminar Given in 1930-1934

Art and Archaeology

Path of Ecstasy

This book is a printed edition of the Special Issue Religious Experience in the Hindu Tradition that was published in Religions

Publisher Description

A noted historian of religion traces manifestations of the sacred from primitive to modern times, in terms of space, time, nature and the cosmos, and life itself. Index. Translated by Willard Trask.

The Transfiguration of the Reader

Personal Wellness Through the Old Testament

Menstruation Across Cultures

Religious Experience in the Hindu Tradition

Essential Oils for Vibrant Health and Beauty

Offering to Isis

Egyptian Tantra Yoga

Tantra—often associated with Kundalini Yoga—is a fundamental dimension of Hinduism, emphasizing the cultivation of "divine power" (shakti) as a path to infinite bliss. Tantra has been widely misunderstood in the West, however, where its practices are often confused with eroticism and licentious morality.

Tantra: The Path of Ecstasy dispels many common misconceptions, providing an accessible introduction to the history, philosophy, and practice of this extraordinary spiritual tradition. The Tantric teachings are geared toward the attainment of enlightenment as well as spiritual power and are present not only in Hinduism but also Jainism and Vajrayana Buddhism. In this book, Georg Feuerstein offers readers a clear understanding of authentic Tantra, as well as appropriate guidance for spiritual practice and the attainment of higher consciousness.

This in-depth commentary on the lost material of The Gospel of Mary Magdalene presents Jesus' most important—and misunderstood—disciple as you've never seen her before. Discovered in fragments in Egypt in 1945, The Gospel of Mary remains one of the most controversial texts of early Christianity. This translation of Mary's teachings, from the original Greek and Coptic, offers a unique new perspective: authors Claire Nahmad and Margaret Bailey utilized "inner listening" to uncover lost material, and they present Mary's ideas in the form of a dialogue between the (risen) Savior and His disciples. Most importantly, The Secret Teachings of Mary Magdalene includes a description by Mary of special revelations given to her by Jesus. Nahmad and Bailey argues that Mary was not just the consort of Christ but the feminine Christ herself, and in their view, the partnership between Jesus and

Mary exemplifies the crucial balance of male and female in spiritual and corporeal life. It ' s an interpretation that uncovers a rich subtext in Mary's words, offering wisdom on an extraordinary range of concerns—from the origins of the human race to the pathway to Christlike consciousness.

Raye is in love. His life on the East Coast is unfulfilled without her. She lives in another country. He takes a summer off from his busy graduate school life to be with her, but his journey to get out of his trap is interrupted by a mysterious messenger in the most unlikely of places. Raye is taken off his planned course and taken unwittingly on a path of his initiation and preparation for the girl of his dreams, who had previously rejected him for his incompatibility. He is stunned by the messengers down-to-earth delivery of unearthly intelligence and the message of timely incisive magic with seductive mystery. Raye is mesmerized by the messengers golden arm bracelet of Uraeus, which epitomizes the potency of the revelation he receives. There is a battle in his heart. He must win it to be with the one he sought in the beginning. Will he see the true source of the light he is illuminated with?

How geometric shapes, patterns and symbols form our reality

The Rise of Modern Western Magic

A Journal of Literature, Science, the Fine Arts, Music, and the Drama

Knowing the Goddess Through Her Sacred Symbols

The Sacred Sex Bible

The Art of Sex Sublimation and Universal Consciousness

Sacred Knowledge

Porn is a complex symbol of our current world, and a shining example of the 'Shadow' of the Western culture. While many books essentially show its negative sides, the risks of addiction, the danger of damaging the relationship between sexes, and so on, this work focuses on porn as a phenomenon of our times, exploring its several colours, and trying to capture its inner logic and essence. Despite its pervasive ubiquity in the internet and in the lives of many, porn is apparently the ultimate taboo in the consulting room: in fact, very rarely does a patient mention something detailed about his or her use of porn. In parallel with its growing presence, the last forty years have witnessed a significant growth of publications about porn. The present work aims at deepening some aspects of internet porn from the perspective of Analytical Psychology, seeing it as symbol of the complexity of the human psyche, emerged in a specific moment of the history of consciousness.

As David White explains in the Introduction to Tantra in Practice, Tantra is an Asian body of beliefs and practices that seeks to channel the divine energy that grounds the universe, in creative and liberating ways. The subsequent chapters reflect the wide geographical and temporal scope of Tantra by examining thirty-six texts from China, India, Japan, Nepal, and Tibet, ranging from the seventh century to the present day, and representing the full range of Tantric experience--Buddhist, Hindu, Jain, and even Islamic. Each text has been chosen and translated, often for the first time, by an international expert in the field who also provides detailed background material. Students of Asian religions and general readers alike will find the book rich and informative.

The book includes plays, transcribed interviews, poetry, parodies, inscriptions, instructional texts, scriptures, philosophical conjectures, dreams, and astronomical speculations, each text illustrating one of the diverse traditions and practices of Tantra. Thus, the nineteenth-century Indian Buddhist Garland of Gems, a series of songs, warns against the illusion of appearance by referring to bees, yogurt, and the fire of Malaya Mountain; while fourteenth-century Chinese Buddhist manuscripts detail how to prosper through the Seven Stars of the Northern Dipper by burning incense, making offerings to scriptures, and chanting incantations. In a transcribed conversation, a modern Hindu priest in Bengal candidly explains how he serves the black Goddess Kali and feeds temple skulls lentils, wine, or rice; a seventeenth-century Nepalese Hindu praise-poem hammered into the golden doors to the temple of the Goddess Taleju lists a king's faults and begs her forgiveness and grace. An introduction accompanies each text, identifying its period and genre, discussing the history

and influence of the work, and identifying points of particular interest or difficulty. The first book to bring together texts from the entire range of Tantric phenomena, Tantra in Practice continues the Princeton Readings in Religions series. The breadth of work included, geographic areas spanned, and expert scholarship highlighting each piece serve to expand our understanding of what it means to practice Tantra.

SACRED SEXUALITY: EGYPTIAN TANTRA YOGA: The Art of Sex Sublimation and Universal Consciousness This Volume will expand on the male and female principles within the human body and in the universe and further detail the sublimation of sexual energy into spiritual energy. The student will study the deities Min and Hathor, Asar and Aset, Geb and Nut and discover the mystical implications for a practical spiritual discipline. This Volume will also focus on the Tantric aspects of Ancient Egyptian and Indian mysticism, the purpose of sex and the mystical teachings of sexual sublimation which lead to self-knowledge and Enlightenment.

D. H. Lawrence 's Language of Sacred Experience

The Sacred World of Temples

Tantra

A Kaleidoscope on Porn

The Athenæum

Including the Lost Verses of The Gospel of Mary, Revealed and Published for the First Time

Pleasure and Fun in Established and New Religious Movements

Menstruation across Cultures attempts to provide a detailed review of menstruation notions prevalent in India and in cultures from across the world. The world cultures covered in the book include Indic traditions like Hinduism, Buddhism, Jainism and Sikhism; ancient civilisations like Greece, Rome, Mesopotamia and Egypt; and Abrahamic religions of Judaism, Christianity, and Islam. Two themes of special focus in the book are: Impurity and Sacrality. While they are often understood as being opposed to each other, the book examines how they are treated as two sides of the same coin, when it comes to menstruation. This is especially true in Indic traditions and pre-Christian polytheistic traditions like Greco-Roman, Mesopotamian and Egyptian. Impurity and Sacrality complement each other to form a comprehensive worldview in these cultures. The book also examines how the understanding of impurity in Abrahamic religions differs from those of polytheistic cultures. As part of the examination of the sacrality attached to menstruation, a special focus has also been given to the deities of menstruation in polytheistic cultures and to what Ayurveda and Yoga say about this essential function in a woman 's physiology. Finally, a comparative study of menstrual notions prevalent in modernity is presented, along with a Do and Don 't dossier.

Succinctly describes 140 sacred texts, dating from the earliest times to the present, in relation to the cultures that created them.

Similarities between the Old Testament and principles in Buddhism have been found. They can be used to enhance one's personal wellness.

The Mother Mantra

A Comprehensive Reference Guide to the Sacred Texts and Spiritual Literature of the World

The Dawning Moon of the Mind