

Psychiatric Interview A Practical To Psychiatry

This volume represents a clear, jargon-free overview of diagnostic categories with helpful hints regarding a psychiatric interview. Completely revised and updated, detailing current innovations in theory and practice, including recent changes in the DSM-IV.

The Perspectives approach to psychiatry focuses on four aspects of psychiatric practice and research: disease, dimensional, behavior, and lifestory. In *Systematic Psychiatric Evaluation*, Drs. Margaret S. Chisolm and Constantine G. Lyketsos underscore the benefits of this approach, showing how it improves clinicians' abilities to evaluate, diagnose, and treat patients. Drs. Chisolm and Lyketsos use increasingly complex case histories to help the mental health provider evaluate patients demonstrating symptoms of bipolar disorder, psychosis, suicidal ideation, depression, eating disorders, and cutting, among other conditions. The book also includes an exercise that simulates the Perspectives approach side by side with traditional methods, revealing the advantages of a method that engages not one but four points of view. Featuring a foreword by Drs. Paul R. McHugh and Phillip R. Slavney, the originators of the Perspectives approach, this innovative book will be used in psychiatric training programs as well as by practicing mental health clinicians. -- Arnold E. Andersen, M.D., The University of Iowa College of Medicine

Now DSM-5 updated! Using a unique and effective combination of mnemonics, practical techniques, and phrasing examples that illustrate the nuances of the interviewing process, *The Psychiatric Interview*, 4th Edition helps you establish a rapport with patients and gain valuable clinical insights. Now updated to incorporate the DSM-5 and current research, this popular manual teaches you how to improve your interviewing skills, breaking down this complex area into concise information you can put to use immediately in your practice.

The new seventh edition reflects advances in the understanding of the etiology, diagnosis, and treatment of psychiatric disorders as well as the positive, transformational change that has taken place in the field of psychiatry.

The Art of Understanding

The First Interview with a Psychiatrist

Motivational Interviewing for Clinical Practice

Skills and Strategies for Effective DSM-5? Diagnosis

Clinical Manual of Geriatric Psychiatry

Ideal for both novices and advanced practitioners, the new edition of Stanley Greenspan's classic guide outlines a practical process for observing and interviewing children -- and organizing and interpreting their unfolding communications. Highly acclaimed, *The Clinical Interview of the Child* uses actual interviews with children to show readers how to Apply a developmental, biopsychosocial framework for understanding the inner lives of children at different ages and stages Observe and assess human development, including emotional and cognitive patterns and perceptual capacities Help infants and children to reveal their feelings, thoughts, and behaviors during the clinical interview Organize and interpret the interview data by constructing a developmental profile and translating it into DSM-IV-TR diagnostic categories The third edition has been expanded and revised extensively, with updated theoretical and conceptual foundations; information on higher levels of ego development and reflective and thinking capacities of older children; and a new section on a developmental biopsychosocial model -- the developmental, individual-difference, relationship-based (DIR) approach. An invaluable educational and practical resource, *The Clinical Interview of the Child*, Third Edition, is an ideal tool for psychiatrists and psychologists, pediatricians, educators, social workers, speech pathologists, occupational therapists, and judges and

attorneys dealing with children and families.

This instructive clinical resource has given thousands of clinicians and students essential skills for evaluating infants through adolescents with any type of mental health issue. Principles for conducting age-appropriate clinical interviews with children of varying ages and their parents--including the use of toys, drawing, dolls, and other forms of play--are illustrated with annotated sample transcripts. The book provides crucial information for accurately diagnosing a wide range of mental and behavioral disorders. User-friendly features include concise explanations of diagnostic criteria, coding notes, interview pointers for specific disorders, vivid vignettes, and a sample written report. New to This Edition *Current terminology, codes, and diagnostic criteria integrated throughout the case examples and disorder-specific discussions. *Features both DSM-5 and ICD-10-CM codes. *Essential Features--prototypes that encapsulate the symptoms and other diagnostic elements of each disorder. *Reproducible tool (Questionnaire for Parents) that can be downloaded and printed for repeated use. *Additional disorders and vignettes.

The Maudsley Handbook of Practical Psychiatry has long served trainees in psychiatry, presenting them with practical and essential advice. This new edition of the orange book provides guidance on the psychiatric and neuropsychiatric examination and interviewing of adults and children not just as a central skill, but as the basis for reaching a diagnosis, formulation and defining a treatment plan. It covers special interview situations, such as dealing with specific patient reactions, and other special problems, for example, conducting a complicated assessment in cases of self-harm. The book concludes with important legal issues and is supported by helpful appendices for ready-reference. As with previous editions, this sixth edition has been revised and rewritten with the full and active involvement of a group of consultant psychiatrists and trainees, making it a highly relevant and practical handbook for all psychiatrists whether learning or refreshing their skills.

While the ABPN has now supplied such standards for psychiatry, psychiatric interviewing instruction has not been standardized in the US or in other countries. Similarly, the few psychiatric interviewing books available are written in textbook form, often long and often from the subspecialty perspective (e.g. psychodynamic interviewing). Critically, no interviewing guides to date take a true biopsychosocial perspective. That is, they limit themselves to “interviewing” as an isolated technique divorced from full patient assessment, which for quality patient care must include the interface of psychological and social components with biological components. Similarly, few interviewing texts are fully integrated with DSM/ICD categorical diagnostic schemata, even though these descriptive diagnostic systems represent the very core of our clinical language—the lingua franca of the mental health professions. Without good descriptive diagnoses there cannot be adequate communication of clinical data among providers. The proposed book will meet this need for training in biopsychosocial assessment and diagnosis. The patient interview is at the heart of psychiatric practice. Listening and interviewing skills are the primary tools the psychiatrist uses to obtain the information needed to make an accurate diagnosis and then to plan appropriate treatment. The American Board of Psychiatry and Neurology and the Accrediting Council on Graduate Medical Education identify interviewing skills as a core competency for psychiatric residents. The Psychiatric Interview: evaluation and diagnosis is

anew and modern approach to this topic that fulfills the need for training in biopsychosocial assessment and diagnosis. It makes use of both classical and new knowledge of psychiatric diagnosis, assessment, treatment planning and doctor-patient collaboration. Written by world leaders in education, the book is based on the acclaimed Psychiatry Third Edition by Tasman, Kay et al, with new chapters to address assessment in special populations and formulation. The psychiatric interview is conceptualized as integrating the patient's experience with psychological, biological, and environmental components of the illness. This is an excellent new text for psychiatry residents at all stages of their training. It is also useful for medical students interested in psychiatry and for practicing psychiatrists who may wish to refresh their interviewing skills.

Psychiatry in Medical Practice

Psychiatric Interview

Evaluation and Diagnosis

The Trouble with Psychiatry - A Doctor's Revelations about a Profession in Crisis

The Psychiatric Interview in Clinical Practice, Third Edition

Psychiatric Clinical Skills is a practical guide to engaging and assessing people who have mental health problems. Written by a team of experienced clinicians, it focuses on "what to ask" and "how to ask" and covers a wide spectrum of clinical problems and settings. It includes a chapter written from the perspective of people who live with mental health problems. As well as covering the full range of mental health disorders, the guide includes information about: culture competence assessment of children, adolescents and older adults assessment of families use of standardized rating scales documentation. Each chapter includes easy-to-use features such as clinical vignettes, chapter overviews and key-point summaries.

This handbook is a guide to every aspect of the psychiatric interview. It begins with general principles of effective interviewing, including techniques for approaching threatening topics, improving patient recall, and dealing with challenging patients.

DSM-5® Handbook of the Cultural Formulation Interview provides the background, context, and detailed guidance necessary to train clinicians in the use of the Cultural Formulation Interview (CFI), which was created as part of the 2007-2013 DSM revision process. The purpose of the CFI -- and this unique handbook -- is to make it easier for providers to account for the influence of culture in their clinical work to enhance patient-clinician communication and improve outcomes. Cultural psychiatry as a field has evolved enormously from the days when it was principally concerned with epidemiological and clinical studies of disease prevalence; it now examines a multitude of issues, primary among them the differing patient, family, and practitioner models of illness and treatment experiences within and across cultures. The editors, all of whom have been intimately involved in the evolution of the field, have designed the book and accompanying videos for maximum instructional and clinical utility. The Handbook boasts many strengths and useful features, including: A detailed description of each of the three CFI components: a core 16-item questionnaire, which can be applied in any clinical setting with any patient by any mental health clinician; an informant version of the core CFI used to obtain information from caregivers; and 12 supplementary modules that expand on these basic assessments. This material facilitates implementation of the CFI by clinicians. Over a dozen clinical vignettes are included to illustrate use of the three components, and the Handbook also includes multiple videos that demonstrate the application of portions of the core CFI, and several supplementary modules. Strategies for incorporating the CFI into clinical training are

identified and discussed, furthering the objective of developing culturally-sensitive and astute practitioners. The theoretical bases of the CFI are explored, raising questions for discussion and identifying areas for further research. The CFI is a valuable tool for all patients, not just those judged to be culturally different. The CFI has been called the single most practically useful contribution of cultural psychiatry and medical anthropology to clinical psychiatry, primary care, and medicine in general. *DSM-5® Handbook on the Cultural Formulation Interview* is the only book on the market that equips readers with the skills and insight to incorporate the CFI into practice, making it a critically important addition to the clinical literature.

With time at a premium, today's clinicians must rapidly engage their patients while gathering an imposingly large amount of critical information. These clinicians appropriately worry that the "person" beneath the diagnoses will be lost in the shuffle of time constraints, data gathering, and the creation of the electronic health record. *Psychiatric Interviewing: The Art of Understanding: A Practical Guide for Psychiatrists, Psychologists, Counselors, Social Workers, Nurses, and other Mental Health Professionals*, 3rd Edition tackles these problems head-on, providing flexible and practical solutions for gathering critical information while always attending to the concerns and unique needs of the patient. Within the text, Dr. Shea deftly integrates interviewing techniques from a variety of professional disciplines from psychiatry to clinical psychology, social work, and counseling providing a broad scope of theoretical foundation. Written in the same refreshing, informal writing style that made the first two editions best sellers, the text provides a compelling introduction to all of the core interviewing skills from conveying empathy, effectively utilizing open-ended questions, and forging a powerful therapeutic alliance to sensitively structuring the interview while understanding nonverbal communication at a sophisticated level. Updated to the DSM-5, the text also illustrates how to arrive at a differential diagnosis in a humanistic, caring fashion with the patient treated as a person, not just another case. Whether the reader is a psychiatric resident or a graduate student in clinical psychology, social work, counseling or psychiatric nursing, the updated third edition is designed to prepare the trainee to function effectively in the hectic worlds of community mental health centers, inpatient units, emergency rooms, and university counseling centers. To do so, the pages are filled with sample questions and examples of interviewing dialogue that bring to life methods for sensitively exploring difficult topics such as domestic violence, drug abuse, incest, antisocial behavior, and taking a sexual history as well as performing complex processes such as the mental status. The expanded chapter on suicide assessment includes an introduction to the internationally acclaimed interviewing strategy for uncovering suicidal ideation, the Chronological Assessment of Suicide Events (CASE Approach). Dr. Shea, the creator of the CASE Approach, then illustrates its techniques in a compelling video demonstrating its effective use in an interview involving a complex presentation of suicidal planning and intent. A key aspect of this text is its unique appeal to both novice and experienced clinicians. It is designed to grow with the reader as they progress through their graduate training, while providing a reference that the reader will pull off the shelf many times in their subsequent career as a mental health professional. Perhaps the most unique aspect in this regard is the addition of five complete chapters on Advanced and Specialized Interviewing (which comprise Part IV of the book) which appear as bonus chapters in the accompanying e-book without any additional cost to the reader. With over 310 pages, this web-based bonus section provides the reader with essentially two books for the price of one, acquiring not only the expanded core textbook but a set of independent monographs on specialized skill sets that the reader and/or faculty can add to their curriculum as they deem fit.

The Art of Understanding: A Practical Guide for Psychiatrists, Psychologists, Counselors, Social

Workers, Nurses, and Other Mental Health Professionals
Helping Patients Change Behavior
Psychiatric Case Studies for Advanced Practice
A Practical Guide

Systematic Psychiatric Evaluation

Focusing on the practical skills needed to establish rapport with patients and gain valuable clinical insights, *The Psychiatric Interview, 5th Edition*, offers a practical, concise approach to improving interviewing skills. Noted psychiatrist and award-winning mental health journalist Dr. Daniel J. Carlat uses a proven combination of mnemonics, specific techniques for approaching threatening topics, and phrasing examples to illustrate the nuances of the interviewing process, making this easy-to-digest text essential reading for trainees and practitioners in psychiatry, psychology, nursing, social work, and related fields.

Get much-needed exposure to real-world clinical scenarios and psychiatric evaluations, with this invaluable guide to positive, effective psychiatric advance practice nursing care. For an expert guide to providing patient-centered, evidence-based psychiatric care, keep *Psychiatric Case Studies for Advanced Practice* by your side. Practical and easy-to-follow, these more than 50 case scenarios clearly display the complaints, diagnoses, and treatments of the most common psychiatric disorders, supporting the critical decision-making skills of nurses practicing in a broad range of settings. Psychiatric, family, emergency, and general practice nurse practitioners of all experience levels will find this an invaluable aid for creating an informed, holistic practice. Follow the real-life cases and expert analysis of psychiatric patients of a wide variety of ages, backgrounds, and conditions . . . Real-world child, adolescent, adult, and geriatric inpatient and outpatient psychiatric case studies that emphasize problem-based learning and an evidence-based practice. Current diagnostic content from the *Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5)*, that includes DSM-5's newer diagnoses—gender dysphoria, binge eating disorder, and autism spectrum, plus current treatments for alcohol and opiate addiction. Sample routine screening tools that offer convenient checklists and handouts to support patient treatment. Content presented in a simple format—organized by age and indexed by diagnostic category for quick reference. Each case presented in a standard format: chief complaint, history, mental status, diagnosis, differential diagnosis, treatment plan, and rationale for treatment prescribed—with questions at the end that guide you to create a diagnosis using the DSM-5. Cases addressing a wide range of disorders and supporting all experience levels in a variety of treatment settings—counseling centers, correctional facilities, homeless shelters, inpatient psychiatric units, and hospital consultation and liaison services. Treatments and rationales that represent current, evidence-based research—treatment sections divided into psychopharmacology, diagnostic tests, referral, psychotherapy, and psychoeducation. Supplemental teaching tool for graduate psychiatric nurse practitioner/APN programs.

Much has changed in the critical interval since the last edition of *The Psychiatric Interview in Clinical Practice* was published. This new, third edition provides an up-to-date examination of the psychiatric interview that reflects changes introduced in DSM-5, while continuing to recognize that describing symptoms and establishing a diagnosis should command only a portion of the clinician's attention, and that a patient's personal history must be elicited and character structure addressed in the clinical engagement. Significant advances have been made in biological psychiatry, and research in genetics, cognitive neuroscience, psychopharmacology, brain imaging, and the neurosciences in general continues apace, informing the culture of psychiatry and providing growing insight into the etiology of mental illnesses. However, the book reflects the authors' belief that virtually all major psychiatric disorders are complex amalgams of genetic disposition and environmental influences. In this context, the psychiatric interview is a vitally important dialogue, and effective strategies are modeled through the use of clinical vignettes taken from the authors' experience. Topics and features of this new edition include: * An updating of diagnostic considerations to reflect the publication of DSM-5.* A chapter on interviewing the patient with dissociative identity disorder (DID), which is now recognized as an entity distinct from other psychopathological conditions and rooted in childhood trauma. The frequency of DID in the ambulatory setting has been repeatedly demonstrated and speaks to the need to accurately diagnose and treat this often-debilitating disorder.* An entirely updated chapter on interviewing the traumatized patient.* A section on interviewing the patient of different background. The book emphasizes that the subjective experience of being "different" is universal and that psychiatry is enriched by recognizing and exploring that experience, validating its existence, and attempting to understand how it influences the patient's life.* Continued emphasis on and inclusion of relevant case vignettes drawn from the authors' clinical experiences.* Structural consistency across chapters, with sections on psychopathology and psychodynamics, differential diagnosis, management of the interview, transference and countertransference, and so forth, which reinforces skills acquisition and makes the text easy to use. By creating a text that is aligned with DSM-5 while continuing to stress the importance of eliciting the patient's subjective experience and achieving a therapeutic dialogue, the authors of *The Psychiatric Interview in Clinical Practice* have done a great service to the profession and provided much-needed guidance to mental health clinicians and trainees.

In this meticulously revised and expanded edition, the authors continue to address the challenges inherent in clinical interviewing, while also undertaking the daunting task of adapting their interviewing strategies to a new era of psychiatry.

Psychiatric Interview of Children and Adolescents

DSM-5® Handbook on the Cultural Formulation Interview

Psychiatric Clinical Skills

A Step-by-Step Guide to Applying The Perspectives of Psychiatry

The Maudsley Handbook of Practical Psychiatry

The 2nd edition of this clinically based guidebook that focuses on the initial psychiatric interview provides practical suggestions for analyzing and altering the interview to mesh with the specific needs of the patient. Contains detailed discussions of how to open an interview, how to interpret nonverbal communication, how to make more natural transitions, and how to arrive at accurate diagnoses. Offers special techniques for eliciting information from depressed, psychotic, and personality-disordered patients. This edition presents updated DSM-IV criteria, new strategies in suicide assessment, and an annotated interview section accompanied by sample write-ups with tips in the appendix. Spanish version also available, ISBN: 84-8174-596-0

Especially helpful for clinicians who have an interest in behavior change but do not possess specialized training in addiction treatment. The study questions at the end of most chapters, accompanied by an answer guide, will help reinforce basic concepts and can be used for self-study, board or general review.

Much of health care today involves helping patients manage conditions whose outcomes can be greatly influenced by lifestyle or behavior change. Written specifically for health care professionals, this concise book presents powerful tools to enhance communication with patients and guide them in making choices to improve their health, from weight loss, exercise, and smoking cessation, to medication adherence and safer sex practices. Engaging dialogues and vignettes bring to life the core skills of motivational interviewing (MI) and show how to incorporate this brief evidence-based approach into any health care setting. Appendices include MI training resources and publications on specific medical conditions. This book is in the Applications of Motivational Interviewing series.

Eliciting useful information from young patients and their families is both a skill and an art, and *Psychiatric Interview of Children and Adolescents*, an exceptionally practical and comprehensive guide, enables mental health clinicians and trainees to first improve their interviewing skills and then organize and integrate the information derived from the interview to construct an effective treatment program. This book, building on the success of its predecessor, *Clinical Manual of Psychiatric Interview of Children and Adolescents*, offers updated and revised material, as well as expanded coverage that includes new findings and addresses emerging issues in the field. For example, a new chapter focusing on the psychiatric evaluation of preschoolers and very young children has been added, and the section on bullying in the chapter on abuse has been expanded to include cyber bullying. Clinical vignettes illustrate important concepts and techniques, providing a real-world component that readers will find both fascinating and instructive, and the key points at the end of each chapter and numerous quick-reference tables facilitate consolidation of learning. Easy to read, yet rigorous in its clinical focus, *Psychiatric Interview of Children and Adolescents* provides a solid foundation and expert guidance for clinicians evaluating and treating this critically important population.

Positive Psychiatry

Three Spheres

The Clinical Interview of the Child

Essentials of Psychiatric Assessment

Psychiatry in Primary Care

Since the publication of the Institute of Medicine (IOM) report *Clinical Practice Guidelines We Can Trust* in 2011, there has been an increasing emphasis on assuring that clinical practice guidelines are trustworthy, developed in a transparent fashion, and based on a systematic review of the available research evidence. To align with the IOM recommendations and to meet the new requirements for inclusion of a guideline in the National Guidelines Clearinghouse of the Agency for Healthcare Research and Quality (AHRQ), American Psychiatric Association (APA) has adopted a new process for practice guideline development. Under this new process APA's practice guidelines also seek to provide better clinical utility and usability. Rather than a broad overview of treatment for a disorder, new practice guidelines focus on a set of discrete clinical questions of relevance to an overarching subject area. A systematic review of evidence is conducted to address these clinical questions and involves a detailed assessment of individual studies. The quality of the overall body of evidence is also rated and is summarized in the practice guideline. With the new process, recommendations are determined by weighing potential benefits and harms of an intervention in a specific clinical context. Clear, concise, and actionable recommendation statements help clinicians to incorporate recommendations into clinical practice, with the goal of improving quality of care. The new practice guideline format is also designed to be more user friendly by dividing information into modules on specific clinical questions. Each module has a consistent organization, which will assist users in finding clinically useful and relevant information quickly and easily. This new edition of the practice guidelines on psychiatric evaluation for adults is the first set of the APA's guidelines developed under the new guideline development process. These guidelines address the following nine topics, in the context of an initial psychiatric evaluation: review of psychiatric symptoms, trauma history, and treatment history; substance use assessment; assessment of suicide risk; assessment for risk of aggressive behaviors; assessment of cultural factors; assessment of medical health; quantitative assessment; involvement of the patient in treatment decision making; and documentation of the psychiatric evaluation. Each guideline recommends or suggests topics to include during an initial psychiatric evaluation. Findings from an expert opinion survey have also been taken into consideration in making recommendations or suggestions. In addition to reviewing the available evidence on psychiatry evaluation, each guideline also provides guidance to clinicians on implementing these recommendations to enhance patient care. The Maudsley Handbook of Practical Psychiatry has long served trainees in psychiatry, presenting them with practical and essential advice. This new edition of the handbook, perhaps better known as the 'Orange book', provides guidance on the psychiatric and neuropsychiatric examination and interviewing of adults and children - not just a central skill, but the basis for reaching a diagnosis and defining a treatment plan. It also covers special interview situations, such as dealing with specific patient reactions, and other special problems, for example,

conducting a complicated assessment in cases of autism or self harm. The final chapters explain when to refer to the experts and describes early treatment interventions. The book concludes with important legal and service organisation issues. As with previous editions, the new edition has been revised and rewritten with the full and active involvement of a group of consultant psychiatrists and trainees.

Psychiatry in Primary Care: A Concise Canadian Pocket Guide is a comprehensive, practical resource designed to support the work of primary care providers who encounter challenging mental health problems in their daily practices. Following a "just the pearls" approach, Psychiatry in Primary Care provides realistic, clinically-tested guidance on detecting and managing mental health problems within the primary care context. Topics covered range from depression, anxiety and personality disorders to psychotherapy in primary care and managing mental health-related disability and insurance claims. Designed for quick access, the guide features useful tools, established diagnostic criteria, useful approaches and alternatives to pharmacotherapies and other resources. Edited by David Goldbloom and Jon Davine, Psychiatry in Primary Care features leading contributors from across Canada.

Originally published in 1955, in this book the author expounds his main thesis - namely that our conscious pre-occupations, thoughts and behaviour are merely the products or symptoms of a process that is going on within us (basically a physiological process) of which we are totally unconscious.

Interviewing Children and Adolescents, Second Edition

The Psychiatric Interview Explained

The American Psychiatric Association Publishing Textbook of Psychiatry, Seventh Edition

Motivational Interviewing in Health Care

The Psychiatric Interview for Differential Diagnosis

The Psychiatric Interview is a unique book. It deals with the basic issues in psychiatric assessment-which, without guidance, may be distressingly difficult-and reduces them to easily digestible facts.

Revised and updated, this practical handbook is a succinct how-to guide to the psychiatric interview. In a conversational style with many clinical vignettes, Dr. Carlat outlines effective techniques for approaching threatening topics, improving patient recall, dealing with challenging patients, obtaining the psychiatric history, and interviewing for diagnosis and treatment. This edition features updated chapters on the major psychiatric disorders, new chapters on the malingering patient and attention-deficit hyperactivity disorder, and new clinical vignettes. Easy-to-photocopy appendices include data forms, patient education handouts, and other frequently referenced information. Pocket cards that accompany the book provide a portable quick-reference to often needed facts.

Clinical Manual of Geriatric Psychiatry provides the most current information on psychiatric diagnoses seen in older patients in a concise format. Each chapter is broken into easily understandable, increasingly focused sections, and contains an extensive array of tables, references, and suggested readings. Chapters include clinically relevant information and evidence-based treatments for a wide range of topics and disorders: The psychiatric interview

of older adults, including history, family assessment, mental status examination, rating scales and standardized interviews, and effective communication techniques. Psychopharmacology, including information on antidepressants, psychostimulants, antipsychotic medications, mood stabilizers, anxiolytics and sedative-hypnotics, and cognitive enhancers. Diagnosis and treatment of delirium, dementia, mood disorders, schizophrenia, anxiety disorders, sleep disorders, and substance use disorders, including coverage of definition, epidemiology, clinical features, risk factors, diagnosis and differential diagnosis, prevention and management, and treatment guidelines. Individual and group psychotherapy strategies, including individual and group-based cognitive-behavioral therapies, interpersonal psychotherapies, relaxation training, cognitive stimulation therapy, and behavioral therapies. Clinical psychiatry in the nursing home, with a focus on cognitive disorders and behavioral disturbances, depression, treatment progress in this setting, and relevant federal regulations. Written by experts in geriatric psychiatry, this clinical manual provides a much-needed "field guide" for the care of nursing home patients and older adults. Busy clinicians, as well as researchers, residents, fellows, clinical psychologists, and social workers, will find this compact volume to be of the utmost value, as will anyone seeking to update their knowledge of geriatric psychiatry.

Much has changed in the critical interval since the last edition of *The Psychiatric Interview in Clinical Practice* was published. This new, third edition provides an up-to-date examination of the psychiatric interview that reflects changes introduced in DSM-5, while continuing to recognize that describing symptoms and establishing a diagnosis should command only a portion of the clinician's attention, and that a patient's personal history must be elicited and character structure addressed in the clinical engagement. Significant advances have been made in biological psychiatry, and research in genetics, cognitive neuroscience, psychopharmacology, brain imaging, and the neurosciences in general continues apace, informing the culture of psychiatry and providing growing insight into the etiology of mental illnesses. However, the book reflects the authors' belief that virtually all major psychiatric disorders are complex amalgams of genetic disposition and environmental influences. In this context, the psychiatric interview is a vitally important dialogue, and effective strategies are modeled through the use of clinical vignettes taken from the authors' experience. Topics and features of this new edition include: An updating of diagnostic considerations to reflect the publication of DSM-5. A chapter on interviewing the patient with dissociative identity disorder (DID), which is now recognized as an entity distinct from other psychopathological conditions and rooted in childhood trauma. The frequency of DID in the ambulatory setting has been repeatedly demonstrated and speaks to the need to accurately diagnose and treat this often-debilitating disorder. An entirely updated chapter on interviewing the traumatized patient. A section on interviewing the patient of different background. The book emphasizes that the subjective experience of being "different" is universal and that psychiatry is enriched by recognizing and exploring that experience, validating its existence, and attempting to understand how it influences the patient's life. Continued emphasis on and inclusion of relevant case vignettes drawn from the authors' clinical experiences. Structural consistency across chapters, with sections on psychopathology and psychodynamics, differential diagnosis, management of the interview, transference and countertransference, and so forth, which reinforces skills acquisition and makes the text easy to use. By creating a text that is aligned with DSM-5 while continuing to stress the importance of eliciting the patient's subjective experience and achieving a therapeutic dialogue, the authors of *The Psychiatric Interview in Clinical Practice* have done a great service to the profession and provided much-needed guidance to mental health clinicians and trainees.

Unhinged

The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults, Third Edition

IN THIS STIRRING AND BEAUTIFULLY WRITTEN WAKE-UP CALL, psychiatrist Daniel Carlat exposes deeply disturbing problems plaguing his profession, revealing the ways it has abandoned its essential purpose: to understand the mind, so that psychiatrists can heal mental illness and not just treat symptoms. As he did in his hard-hitting and widely read New York Times Magazine article "Dr. Drug Rep," and as he continues to do in his popular watchdog newsletter, The Carlat Psychiatry Report, he writes with bracing honesty about how psychiatry has so largely forsaken the practice of talk therapy for the seductive—and more lucrative—practice of simply prescribing drugs, with a host of deeply troubling consequences. Psychiatrists have settled for treating symptoms rather than causes, embracing the apparent medical rigor of DSM diagnoses and prescription in place of learning the more challenging craft of therapeutic counseling, gaining only limited understanding of their patients' lives. Talk therapy takes time, whereas the fifteen-minute "med check" allows for more patients and more insurance company reimbursement. Yet DSM diagnoses, he shows, are premised on a good deal less science than we would think. Writing from an insider's perspective, with refreshing forthrightness about his own daily struggles as a practitioner, Dr. Carlat shares a wealth of stories from his own practice and those of others that demonstrate the glaring shortcomings of the standard fifteen-minute patient visit. He also reveals the dangers of rampant diagnoses of bipolar disorder, ADHD, and other "popular" psychiatric disorders, and exposes the risks of the cocktails of medications so many patients are put on. Especially disturbing are the terrible consequences of overprescription of drugs to children of ever younger ages. Taking us on a tour of the world of pharmaceutical marketing, he also reveals the inner workings of collusion between psychiatrists and drug companies. Concluding with a road map for exactly how the profession should be reformed, *Unhinged* is vital reading for all those in treatment or considering it, as well as a stirring call to action for the large community of psychiatrists themselves. As physicians and drug companies continue to work together in disquieting and harmful ways, and as diagnoses—and misdiagnoses—of mental disorders skyrocket, it's essential that Dr. Carlat's bold call for reform is heeded.

This book offers an alternative to operational diagnostic manuals and manuals for structured interviewing as the only sources of theoretical and clinical knowledge. It provides an exposition of psychiatric interviewing that is theoretically and clinically well founded and supplies the reader with a coherent framework for performance of a thorough psychiatric examination. The goal is not to come up with yet another interview scheme but to facilitate an understanding of the basic (but, today, completely neglected) tenets of psychopathology and phenomenology. This exposition targets the disorders of subjectivity

(consciousness), the second-person processes involved in converting subjective, first-person and observable data into a third person, diagnostically useful, format. In addition, the most pertinent clinical descriptions concerning the major diagnostic groups are presented and discussed.

"The 2nd edition of this clinically based guidebook that focuses on the initial psychiatric interview provides practical suggestions for analyzing and altering the interview to mesh with the specific needs of the patient. Contains detailed discussions of how to open an interview, how to interpret nonverbal communication, how to make more natural transitions, and how to arrive at accurate diagnoses. Offers special techniques for eliciting information from depressed, psychotic, and personality-disordered patients. This edition presents updated DSM-IV criteria, new strategies in suicide assessment, and an annotated interview section accompanied by sample write-ups with tips in the appendix." -- from Amazon.com.

While there are a number of books on positive psychology, Positive Psychiatry is unique in its biological foundation and medical rigor and is the only book designed to bring positive mental health ideas and interventions into mainstream psychiatric research, training, and clinical practice. After an overview describing the definition, history, and goals of positive psychiatry, the contributors—pioneers and thought leaders in the field—explore positive psychosocial factors, such as resilience and psychosocial growth; positive outcomes, such as recovery and well-being; psychotherapeutic and behavioral interventions, among others; and special topics, such as child and geriatric psychiatry, diverse populations, and bioethics. The book successfully brings the unique skill sets and methods of psychiatry to the larger positive health movement. Each chapter highlights key points for current clinical services, as practiced by psychiatrists, primary care doctors, and nurses, as well as those in allied health and mental health fields. These readers will find Positive Psychiatry to be immensely helpful in bringing positive mental health concepts and interventions into the clinical arena.

A Concise Canadian Pocket Guide

And the Unconscious Psychology of All Interviews

Diagnostic Interviewing

The Psychiatric Interview

The Art of Understanding : a Practical Guide for Psychiatrists, Psychologists, Counselors, Social Workers, Nurses, and Other Mental Health Professionals

A psychiatric assessment is a structured clinical conversation, complemented by observation and mental state examination, and supplemented by a physical examination and the interview of family members when appropriate. After the initial interview, the clinician should be able to establish whether the individual has a mental health problem or not, the nature of the problem, and a plan for the most suitable treatment. Essentials of Psychiatric Assessment provides the resident or beginning psychiatrist with a complete road map to a thorough clinical evaluation.

This fully updated third edition of *Psychiatry in Medical Practice* takes into account major changes in medical education since 1994. New sections provide information on problem-based learning and observed structured clinical examinations. Divided into four sections, this book covers: clinical approaches to the patient syndromes of disorder disorders related to stages of the life cycle services, ethics and the law. As well as retaining the key features of the previous editions, this book includes two brand new chapters on risk assessment and the Mental Health Service. A handy portable reference card is also included; this has been updated to incorporate a scale for assessing cerebral impairment in the elderly, and a new assessment of suicidal risk scale. This highly practical book is an essential guide for all medical students and doctors in training who are involved with psychiatry. It is also a useful reference tool for those who are more experienced in the field.

Psychiatric Interview: A Practical Guide

Psychiatric Interviewing E-Book

The Psychiatric Interview in Clinical Practice