

Pocket First Aid Guide

The Wilderness First Aid Field Guide Is A User-Friendly, Pocket-Sized Guide Based On The Latest First Aid And CPR Guidelines. This Durable And Water-Resistant Resource Features: Essential Information For When Medical Help Is More Than One Hour Away; How To Signal For Help, When To Evacuate, And Recommended First Aid Supplies; "What To Look For" And "What To Do" Tables For Injuries And Illnesses; Prevention Advice Ranging From Altitude Illness And Bear Attacks To Lightning Strikes And Tick Bites; Heat Index And Wind Chill Charts; And Quick Access To Contents Using An A-Z Format. The Wilderness First Aid Field Guide Meets And Exceeds The Wilderness First Aid Curriculum Of The Boy Scouts Of America.

Ask any fire/rescue or EMS person and they will tell you: the key to emergency response is preparedness. First comes prevention; knowing how to stop emergencies before they happen. Yet if sudden injury or illness occurs, knowing what to do can make the difference between a mild emergency and a serious one, or even between life and death. When you don't know, panic usually results; now you're part of the problem. But don't

fret; the information you need to be the first step in the solution - basic first aid and safety skills - is relatively simple and easy to learn. Easy to learn, yes, but if things go wrong, your learning suddenly makes all the difference. First Aid and Safety For Dummies gives you the tools you need to save a life. Whether it's performing CPR correctly or accident-proofing your home, this comprehensive guide shows you how to effectively prevent and respond to emergencies. In typical lively-yet-informative Dummies style, you'll find out about dealing with: Wounds Burns Poisoning Shock Bites and stings Choking And much more Thorough instructions detail each problem and its first aid; off-putting jargon is kept to a minimum and common sense to a maximum in considering not only the classic symptoms (for example, two hands on the throat for choking) but also the variations (what if that choking victim is you - and you're alone?) that crop up in real-world emergencies. Emphasizing practicality and ready-to-use knowledge, this book also covers: Creating a first-aid kit Safety for all areas of the home Special needs of children, the elderly, and the disabled A chapter on hazards of the high-tech workplace Sports injuries and accidents

Herbal remedies CPR and artificial respiration Emergency rescue procedures Who to call and when Preparedness is peace of mind. With the knowledge you'll gain from First Aid and Safety For Dummies, you can rest assured that you've taken the most effective steps against accidents and mishaps. You can also be confident that if an emergency does occur, yours will be the calmer, cooler head, and cooler heads are the ones that prevail.

The NIOSH Pocket Guide to Chemical Hazards presents information taken from the NIOSH/OSHA Occupational Health Guidelines for Chemical Hazards, from National Institute for Occupational Safety and Health (NIOSH) criteria documents and Current Intelligence Bulletins, and from recognized references in the fields of industrial hygiene, occupational medicine, toxicology, and analytical chemistry. The information is presented in tabular form to provide a quick, convenient source of information on general industrial hygiene practices. The information in the Pocket Guide includes chemical structures or formulas, identification codes, synonyms, exposure limits, chemical and physical properties, incompatibilities and reactivities, measurement methods, respirator selections, signs and symptoms

of exposure, and procedures for emergency treatment.

This conveniently sized guide is an invaluable point of reference for all who travel and take part in outdoor, wilderness and mountain activities. Written by doctors with a wealth of wilderness specific experience, it provides a comprehensive summary of wilderness first aid and medicine - that is, managing accident or illness in remote locations without immediate access to help - giving you confidence in your ability to deal with any situation that may arise. All topics are clearly referenced and easy to find, with chapters covering preparation, prevention, accident protocol, diagnosis, treatment and evacuation. From life-threatening emergencies to broken bones and sprains, infectious diseases, food poisoning, envenomation and respiratory problems, the book sets out all the crucial protocol and procedures to follow. It covers a wide range of different environments, including high altitude, desert, polar, tropical and marine, dealing with risk management and a variety of different scenarios. In addition, suggestions for first-aid kits and lists of medications and antibiotics (with dosage) can be found in the

appendices.

Ninth Edition

Emergency Response Guidebook

Treatment and Prevention of Outdoor
Emergencies

The Stay Alive Guide

Home And Field Pocket Guide

Cal/OSHA Pocket Guide for the Construction
Industry

Describes basic first aid for minor injuries, including insect stings and bites, cuts and scrapes, and splinters.

These handy guides are virtually indestructible how-to tools. Laser printed on PVC, this unique product is unmatched anywhere. Great pocket-sized reference tools that are designed to be used in the field-even with one hand!

First aid & survival for those who want to stay alive!

This manual is designed to orient helpers to offer psychological first aid (PFA) to people following a serious crisis event. PFA involves humane, supportive and practical assistance for people who are distressed, in ways that respect their dignity, culture and abilities. The instructions and materials in this manual are for a half-day orientation (4 hours excluding breaks) to prepare helpers to support people recently affected by very stressful events. If you have more time available for the orientation, extra activities and slides are included in text boxes to deliver a full day orientation (five and a half hours excluding breaks). Where possible, one should organize full day

orientations to allow for deeper learning. It is important to adapt the orientation and materials to the local culture, language and context, and to the likely kinds of crisis situations in which your participants would be helping.

This facilitator's manual is to be used together with Psychological First Aid: Guide for Field Workers.

Emergency & Critical Care Pocket Guide, Revised Eighth Edition

Pocket Guide to Animal Tracks

First Aid & Safety For Dummies

Essential for expeditions: mountaineers, hillwalkers and explorers - jungle, desert, ocean and remote areas

The Authorised Manual of St. John Ambulance, St.

Andrew's Ambulance Association, and the British Red Cross

Wilderness & Travel Medicine

The First Aid Manual is the UK's only fully authorised first aid guide, endorsed by St John Ambulance, St Andrew's First Aid and the British Red Cross and packed with step-by-step first aid advice. Used as the official training manual for the UK's leading first aid organisations' courses, the bestselling First Aid Manual covers all aspects of first aid, from emergency first aid and first aid for babies and children, to the latest guidelines on resuscitation, helping a drowning casualty, and snake bites. Find out how to treat over 100 different conditions from splinters and sprained ankles to strokes and unresponsiveness and how to use essential

equipment including a defibrillator. Step-by-step photography, all shot in-situ to reflect real-life issues, shows you what to do in any situation. The ideal first aid book for you and your family, keep the First Aid Manual handy; it could be a life-saver. (Previous edition ISBN 9781409342007)

The most convenient, informative, and useful first aid guide for every home, car, and office. Endorsed by more than 60 national organizations.

Whether it's learning about rifles and shotguns, determining the best hunting location, or butchering your five-point buck, here is all the essential information to have a successful and fun hunting experience in a compact, portable guidebook.

Complete with handy illustrations and photographs, The Pocket Deer Hunting Guide is the essential reference guidebook for any deer hunter. Skyhorse Publishing is proud to publish a broad range of books for hunters and firearms enthusiasts. We publish books about shotguns, rifles, handguns, target shooting, gun collecting, self-defense, archery, ammunition, knives, gunsmithing, gun repair, and wilderness survival. We publish books on deer hunting, big game hunting, small game hunting, wing shooting, turkey hunting, deer stands, duck blinds, bowhunting, wing shooting, hunting dogs, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that

are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

New in the Ragged Mountain Press Pocket GuidesA practical, packable source of clear, reassuring first aid advice, Wilderness First Aid is the only such guide written by a board-certified emergency medicine specialist. Wilderness First Aid presents 125 outdoor medical emergencies and succinct, step-by-step treatment advice. Arranged by symptom for easy access, treatments cover everything from blisters to broken bones, heat stroke to hypothermia, snake bites to poison ivy. Direct and to the point, Wilderness First Aid's spread-by-spread design gets readers where they need to be quickly making calm, informed treatment decisions.

Psychological First Aid

First Aid Pocket Guide

Pocket Guide to Outdoor Survival

The Complete First Aid Pocket Guide

Pocket Guide to Emergency First Aid

Facilitator's Manual for Orienting Field Workers

This handy guide is an almost indestructible how-to tool. It includes need-to-know information about basic cuts, skinning, boning, packing and more. Best of all, the guide is waterproof, dirt-proof and pocket-sized, so you can take it everywhere!

A possible life-saving reference to keep around the house or in the car, DK's First Aid Manual looks at more than 100 different conditions, from splinters and sprained ankles to strokes and unconsciousness, and shows exactly what to do with step-by-step

photographic sequences. Every condition is clearly explained, outlining causes, symptoms, and signs, and action plans. The updated design makes the instructions easier to follow, whether you need information on emergency first aid, first aid for babies and children, or tips on resuscitation. This ACEP First Aid Manual is an invaluable resource to keep you and your loved ones safe and healthy.

The Pet Emergency Pocket Guide Is A Practical Reference For Pet Owners That Provides Complete Planning, Response And Survival Guidelines For Both Common And Uncommon Pet Emergencies, Presented In An Easy To Use And Convenient Pocket-Sized Format. This Compact Tool Delivers Step-By-Step Instructions For Daily Care, First Aid, Illness And Injury Assessment, Emergency Planning, And Natural Disaster Preparation And Survival. It Features Tabbed, Color-Coded And Illustrated Sections That Make It Easy To Use, With Checklists And Inventory Lists For Creating Your Own Pet Emergency, Travel, And Evacuation Kits. This New Second Edition Features The Following: Updated Content As Suggested By Emergency Veterinarians Expanded Glossary Of Signs & Conditions, Including New Entries And Illustrations Reorganized Content And Tabs For Ease-Of-Use Updated Toxic Food List And Detailed Reactions For Dogs Information About Preventing Dog Bites And Scratches, As Well As How To Break Up Dog Fights 3 Pages Of Common Plants That Are Poisonous To Cats New Section For 'Pocket Pets', Including Basic Information And Signs And Conditions For Ferrets, Guinea Pigs, Hamsters, Gerbils, Mice, Rats, Rabbits, Birds, Fish, Turtles And Snakes New Graphics, Charts And An Updated Design

[CLICK HERE](#) to download the section from Wilderness & Travel Medicine on "Chest & Abdominal Injuries" * Author is a nationally recognized expert in wilderness medicine * Covers both illnesses and injuries * Includes improvised techniques for when medical supplies aren't on hand * Every section has been updated and new illustrations added to this edition First published in 1992,

Wilderness & Travel Medicine has been a staple of the emergency first-aid kits sold worldwide by Adventure Medical Kits. With this fourth edition, Mountaineers Books and Adventure Medical Kits have partnered to release an updated, standalone reference for anyone who ventures away from civilization. Topics covered include everything from CPR, shock, and fractures to head, eye, and dental injuries, poisonous reactions, frostbite, hypothermia, heat illness, and much, much more. Throughout the text, sidebars provide useful and improvised techniques for specific injuries. In addition, there is "When to Worry" advice explaining how to tell if an injury is advancing in severity, despite attempts to arrest or slow down dangerous symptoms.

First Aid Basics

101 Easy Things You Can Do to Ready Your Home for a Disaster

Pet Emergency Pocket Guide

ACEP First Aid Manual 5th Edition

First Aid, Survival, and CPR

Niosh Pocket Guide to Chemical Hazards

Perfect for the classroom or the field, this handy pocket guide is full of essential information in a convenient, quick-access format. Plenty of quick-reference tables, CPR and AED information, airway management and breathing skills, and much more make this an excellent companion for everyday use. Spiral bound, fluid resistant, and pocket sized format makes this reference durable enough for rough clinical use. Color tabs for each section enable you to find the information you need quickly. At-a-glance tables, charts, and algorithms highlight important content and make it easy to find

information when you need it most. Fresh new design allows you to easily see content.

Trauma and Pediatric sections break out content for quick access at the point of care.

Environment section allows quick access to assess and treat environmentally-provoked conditions. 24 step-by-step skills with new photos clarify important skills.

Plumb ' s Veterinary Drug Handbook, Ninth Edition updates the most complete, detailed, and trusted source of drug information relevant to veterinary medicine. Provides a fully updated edition of the classic veterinary drug handbook, with carefully curated dosages per indication for clear guidance on selecting a dose Features 16 new drugs Offers an authoritative, complete reference for detailed information about animal medication Designed to be used every day in the fast-paced veterinary setting Includes dosages for a wide range of species, including dogs, cats, exotic animals, and farm animals Symptoms, treatment and tips for wide range of medical emergencies. Great for home use or the professional as a quick reference or refresher.

This is the perfect companion on any outdoor trip or hike. It depicts 85 of the most common North American birds and mammals and their tracks. In addition, it includes basic dimensions

of tracks and strides. It also has a handy checklist to record the tracks you see.

Pocket First Aid and Wilderness Medicine

Heartsaver Pediatric First Aid CPR AED

Student Workbook

The Pocket Deer Hunting Guide

Desk

Wilderness First Aid

Guide for Field Workers

Does the identification number 60 indicate a toxic substance or a flammable solid, in the molten state at an elevated temperature? Does the identification number 1035 indicate ethane or butane? What is the difference between natural gas transmission pipelines and natural gas distribution pipelines? If you came upon an overturned truck on the highway that was leaking, would you be able to identify if it was hazardous and know what steps to take? Questions like these and more are answered in the Emergency Response Guidebook. Learn how to identify symbols for and vehicles carrying toxic, flammable, explosive, radioactive, or otherwise harmful substances and how to respond once an incident involving those substances has been identified. Always be prepared in situations that are unfamiliar and dangerous and know how to rectify them. Keeping this guide around at all times will ensure that, if you were to come upon a transportation situation involving hazardous substances or dangerous goods, you will be able to help keep others and yourself out of danger. With color-coded pages for quick and easy reference, this is the official manual used by first responders in the United States and Canada for

transportation incidents involving dangerous goods or hazardous materials.

Stay safe and be prepared for any disaster with this DIY guide featuring 101 easy prepper projects and practical survival skills. From California earthquakes and Rocky Mountain wildfires to Midwest floods and Atlantic hurricanes, you can't escape that inevitable day when catastrophe strikes your home town — but you can be prepared! Offering a simple DIY approach, this book breaks down the vital steps you should take into 101 quick, smart and inexpensive projects. With the Prepper's Pocket Guide, you'll learn to: #6 Make a Master List of Passwords #16 Calculate How Much Water You Need #33 Start a Food Storage Plan for \$5 a Week #60 Make a Safe from a Hollowed-out Book #77 Assemble an Inexpensive First Aid kit #89 Learn to Cook Without Electricity #94 Pack a Bug-out Bag

How To Survive Almost Anything! What will YOU do WHEN disaster strikes? Every day people like you (and me) are thrown into life and death situations without any warning. Unfortunately some die due to lack of knowledge, skill and preparation. But you don't have to. Tiny Survival Guide is treasure chest full of the life-saving tips you need to survive almost anything - all in a compact, credit card-sized, micro-guide. Carry It Everywhere - All The Time. When when technology fails and you don't have anything, but your wallet, Tiny Survival Guide is there! At less than one ounce Tiny Survival Guide is designed for every day carry (EDC) in your wallet, pocket, purse, pack, glove box - just about ANYWHERE! A Life Insurance Policy in Your Pocket. You'll Learn How To Survive These Threats: Wilderness Mishaps / Civil Unrest / Surprise Attacks / Natural Disasters / Mass Destruction: Nuclear,

Biological, Chemical Disasters (and Attacks) / Abduction / Hostage and Terror Threats / Active Shooters / Vehicle Accidents / Hiking, Camping and Hunting Emergencies / And MORE. INSIDE You Will Find: 174 Expert Tips / 101 Detailed Illustrations / 67 Life-Saving Skills / 24 Essential Gear Checklists / 10 "Killer" Mistakes You MUST Avoid. How Can We Fit SO MUCH - In Such a Tiny Guide? Good question. Using a special 3-row by 12-column folding process and high-resolution printing on special paper, we have been able to condense the equivalent of a book nearly 75 pages into a guide with the footprint of a credit card, making Tiny Survival Guide the first publication of its kind. One Tough Guide! Tiny Survival Guide is designed in the USA, using durable tear and weather-repelling, hybrid materials found in the world's toughest wilderness maps. Who Is Tiny Survival Guide For? According to FEMA, the majority of Americas do NOT have an emergency plan, sufficient supplies, knowledge or the training needed to survive a major disaster - so, Tiny Survival Guide is a great tool for just about anyone! It's also perfect for folks who like to hike, camp, fish, hunt, backpack, travel or explore new wilderness or urban destinations. From minor cuts and burns, to heart attacks and strokes, this handy, take-anywhere guide gives you the knowledge and advice you need to recognize and respond to any medical emergency. Be prepared for any medical emergency and handle it safely and efficiently with The Complete First Aid Pocket Guide. Quickly identify signs and symptoms of a wide range of medical conditions and learn how to recognize the difference between a minor injury or illness, and those that are more serious with this essential handbook.

Each section of The Complete First Aid Pocket Guide includes a quick list of signs and symptoms to look for and step-by-step first aid instructions for dealing with each situation, all in user-friendly, simple language that 's easy to understand. Medical issues covered include: —First aid basics, including roles and responsibilities of a first aider, managing an incident, activating emergency services, and infection control —Lifesaving skills including the recovery position, cardiopulmonary resuscitation (CPR), and use of an automated external defibrillator (AED) —Minor injuries and conditions, including soft tissue injuries, splinters, blisters, eye injuries, nosebleed, diarrhea, and vomiting —Traumatic injuries including severe bleeding, amputation, shock, fractures, crush injuries, burns, and head and neck injuries —Medical emergencies including heart attack, stroke, asthma, anaphylaxis, hypoglycemia, meningitis, seizures, poisoning, and emergency childbirth —Environmental conditions including hypothermia, frostbite, heat stroke, sunburn, and lightning strike —Pediatric emergencies and illnesses, including assessing an unresponsive child or baby, pediatric cardiopulmonary resuscitation (CPR), choking, croup, and febrile seizures —First aid kit lists for home, vehicles, and outdoor use With an appendix featuring an A-to-Z list of every condition covered, it 's easy for you to quickly find the exact information you need in any situation you may face. With its small trim and portable size, The Complete First Aid Pocket Guide is the perfect addition to a home first aid kit, car first aid kit, disaster-survival bag, as well as a pocket companion for EMTs and other first responders in the field.

Plumb's Veterinary Drug Handbook

Dan Pocket Guide to First Aid for Scuba Diving
The Field Guide of Wilderness and Rescue Medicine
A Pocket Guide

The Toybag Guide to Dungeon Emergencies and
Supplies

A Comprehensive Guide, 4th Edition

Ideal for backpacks, glove compartments and first aid kits, this comprehensive guide covers many first aid methods for treating a wide variety of emergencies. Full-color photos. Practical advice for the on-the-go outdoorsman, this field-friendly guide is essential for anyone interested in first-aid preparation and care. Here is advice useful on a hike or for any fishing trip, including step-by-step instructions on dealing with fractures, suturing wounds, treating eyes and ears, managing allergic reactions, and more. With common sense advice, and in a handy, portable package, this is one little book that no one should be without in a campsite or in their forest hideaway.

The first moments after an injury occurs are the most critical. This authoritative guidebook, based on course materials used by Red Cross chapters across the United States, shows you how to handle every type of first aid emergency.

Rev. ed. of: First aid/CPR/AED for schools and the community. 3rd ed. c2006.

The Prepper's Pocket Guide
Successful Hunting with a Rifle Or Shotgun
Pocket First Aid
First Aid Quick Guide
Rapid First Responder
The Pocket First-Aid Field Guide

The most popular pocket reference in emergency nursing - now in a new edition! The Emergency & Critical Care Pocket Guide has been an essential resource for physicians, paramedics, and nurses for over a decade. The Pocket Guide consolidates critical information found in desk references into a convenient 3"x5" pocket-size format that is handy enough to take with you anywhere.

The leading expert on BDSM safety has compiled this essential quick reference guide to the minor and major emergencies that can take place during play - everything from a scrape or a bruise to a freakout or fire, plus important information on setting up a useful and cost-effective first aid kit and other emergency supplies. No responsible player should be without this important guide.

The Cal/OSHA Pocket Guide for the Construction Industry is a handy guide for workers, employers, supervisors, and safety personnel. This latest 2011 edition is a quick field reference that summarizes selected safety standards from the California Code of Regulations. The major subject headings are alphabetized and cross-referenced within the text, and it has a detailed index. Spiral bound, 8.5 x 5.5"

Awarded AJN Book of the Year Award 2012! From performing CPR on an adult, child, or infant to dealing with bleeding and shock, cuts and broken bones, heart attacks, emergency childbirth, poisoning, drowning, scuba diving mishaps, wilderness survival, and natural disasters such as tornadoes, wildfires, floods, and earthquakes...this portable, waterproof guide helps you quickly find the information you need to develop a plan of action for assessing and treating all kinds of first aid and survival emergencies.

The American Red Cross First Aid and Safety Handbook

Wilderness First Aid Field Guide

A Guidebook for First Responders during the Initial Phase of a Dangerous Goods/Hazardous Materials Transportation Incident

Tiny SURVIVAL GUIDE

First Aid Manual

Step-by-Step Treatment for All of Your Medical Emergencies Including • Heart Attack • Stroke • Food Poisoning • Choking • Head Injuries • Shock • Anaphylaxis • Minor Wounds • Burns

This guide covers psychological first aid which involves humane, supportive and practical help to fellow human beings suffering serious crisis events. It is written for people in a position to help others who have experienced an extremely distressing event.

From first-aid essentials to life-saving procedures, it's worth having someone who knows what they are doing to cope with life's little (and big) emergencies.

Published in association with the UK's three leading

first-aid providers, this manual gives you the knowledge you need instantly if someone falls ill or gets hurt.

This handy guide is an almost indestructible how-to tool. It includes need-to-know information for bleeding, heart attack, injuries, shock and more. Best of all, the guide is waterproof, dirt-proof and pocket-sized, so you can take it everywhere!

This handy guide is an almost indestructible how-to tool. It includes need-to-know information such as emergency signals, finding water and more. Best of all, the guide is waterproof, dirt-proof and pocket-sized, so you can take it everywhere!

A Life Insurance Policy in Your Pocket

FIRST AID and SURVIVAL

Pocket Guide to Field Dressing Game

First Aid

American Red Cross First Aid/CPR/AED Participant's Manual

The Step-by-Step Guide for Everyone