

Hoe Aide On The Go In Services Series Volume 2 Issue 9 Bathing The Ambulatory Patient Hoe On The Go

This lesson on Home Health Aides & State Surveys includes a complete training packet. Each in-service packet takes approximately one hour to complete and fully meets the Medicare in-service training requirements. As aides need training, you can make as many copies as you want - there's no restriction when used with aides assigned from your office location. Remember that Home Health Aides must have 12 hours of in-service

training every year. LESSON OBJECTIVES After completion of this program, the home health aide will be able to: - Describe two reasons why homecare surveys are performed - List three primary methods for surveying home health aide services - Explain the responsibilities of the home health aide during home visits LESSON OVERVIEW The survey of homecare agencies is an anxious time for all concerned. It is particularly troublesome for home health aides since they often do not understand how the survey is conducted and what role they are expected to play. Failure to meet the standard for home health aide services can result in a Condition-

level deficiency for the agency. During a survey, home visits will be made to observe home health aide care delivery. Aide documentation and employee files will be reviewed. The topic of the survey is an important one for home health aides since they will always be directly and indirectly involved in the process. The information presented in this program will help to explain the process, as well as outline the responsibilities of the home health aide during a survey. Home health aides may occasionally be required to call 911 so that emergency assistance can be obtained. Calling 911 can be stressful and overwhelming. Even though 911 operators are trained to

guide callers in relaying necessary information, being prepared ahead of time can make the call go smoothly and effectively. This in-service provides general information related to calling 911, including emergencies that warrant a 911 call, how to make a 911 call, what to say to the 911 operator, and how to best support the victim during and after the call.

LESSON OBJECTIVES After completion of this program, the home health aide will be able to:

- Distinguish between the two types of 911 service
- Describe seven steps for responding to an emergency
- Identify eight guidelines for effectively calling 911 in an emergency situation
- Discuss the

home health aide's role after calling 911 and when emergency medical services (EMS) personnel arrive

Contents of this lesson: A clearly written fact sheet A 10-question post-test to measure understanding of the subject matter An answer sheet with a place for the instructor's comments and signature An illustrative, homecare-specific case study Suggested supplemental learning activities An attendance log and certificate of completion

This lesson on Myths about Aging includes a complete training packet. Each in-service packet takes approximately one hour to complete and fully meets the Medicare in-service training requirements. As

aides need training, you can make as many copies as you want - there's no restriction when used with aides assigned from your office location. Remember that Home Health Aides must have 12 hours of in-service training every year.

LESSON OBJECTIVES Upon completion of this program, the home health aide will be able to:
Explain three ways the aging process affects the human body,
Name two myths about aging, and
Explain two ways to encourage, support, and care for aging patients.

OVERVIEW The world population is aging. According to the Center for Disease Control (CDC), the United States is on the brink of a longevity revolution.

Today there are 37 million people in the United States who are 65 years or older. That number represents 13 percent of the current population and it's expected to grow to 80 million people by 2050. Today there are five million Americans older than 85; by 2050 there will be 20 million. Important questions face the healthcare industry. Who are these old people? Are they sick and disabled? Or are they relatively healthy as they age? These questions have important ramifications for homecare agencies. In order to provide aging patients the best care and the best outcomes possible, homecare aides must know the difference between reality and stereotypes.

This in-service lesson looks at some of the myths of aging and talks about how home health aides can better care for their patients by understanding the aging process.

On-The-Go In-Service

Difficult patients

Fire Safety

The heart patient

Amputee Care

The Home Health Aide Handbook is unlike any other handbook or pocket guide on the market. Not only is it inexpensive, but it's full-color, loaded with photos and illustrations! Use it for training and encourage your aides to carry it with them into the field to use as a quick reference tool. The second edition contains updated information on: all of the federal requirements for home health aides a considerable emphasis on observing and

reporting HIPAA and how to protect a client's privacy home care focus boxes nutrition and the USDA's MyPyramid numerous procedures emphasizing how they are performed in the home, including a new two-step procedure for taking blood pressure care guidelines for specific diseases pain management chart of medical and commonly-used abbreviations mercury-free thermometers home-care specific tips for housekeeping and cooking disaster guidelines comprehensive glossary, and easy-to-use index, including a table of where to find procedures

Home Health Aide On-the-go In-service Series, Volume 16 Each year, home health aides must meet the Centers for Medicare & Medicaid Services' (CMS) annual requirement to complete 12 hours of in-service training. HCPro's Home Health Aide On-the-go In-service Series, Volume 16 includes topics that cover the most

current best practices and guidelines, with new statistics, quizzes, and case studies. This volume delivers the education that home health aides need to fulfill CMS' annual 12-hour training requirement for homecare. Complete with 12 lessons, this resource provides authoritative, comprehensive, easy-to-understand training for self-study or the classroom. All 12 lessons include a case study, suggested supplemental learning activities, a posttest, and an attendance log to enhance the education process. Volume 16 includes brand-new topics that cover today's issues: Pressure injuries, incorporating new guidelines from the National Pressure Ulcer Advisory Panel Traumatic brain injury Considerations for LGBT patients Considerations for social media use Zika prevention, transmission, and care With this resource, agencies will be able to: Help home health aides fulfill CMS' annual

mandate to complete 12 hours of in-service training with condensed, practical lessons that focus specifically on their role and needs Easily prepare an in-service training program for the entire calendar year without having to coordinate staff schedules for on-site training Copy lessons, attendance logs, and customizable certificates of completion for each participant through single-site reproduction rights Each lesson contains new and updated content, including: One hour of study, including a concisely written fact sheet, explaining an important homecare-specific topic A descriptive homecare-specific case study Supplemental learning activities A 10-question posttest to measure aides' understanding and validate their comprehension of the subject matter An attendance log and certificate of completion to document staff training

hours

Coronary heart disease, a narrowing of the small arteries that supply blood to the heart muscle, is the leading cause of death in the United States. A strong possibility exists that a person with coronary heart disease will experience a heart attack. It's important that home health aides know the signs and symptoms of a heart attack--such as chest pain, or angina--because early treatment helps save lives. This in-service lesson looks at the important role home health aides play in caring for a patient who has had a heart attack. **LESSON OBJECTIVES** After completion of this program, the home health aide will be able to: Describe the function of the heart muscle and the coronary arteries State three signs and symptoms of a heart attack Describe three risks of coronary heart disease Describe three lifestyle changes that decrease the

risk of heart disease Contents of this lesson:
A clearly written fact sheet A 10-question
post-test to measure understanding of the
subject matter An answer sheet with a
place for the instructor's comments and
signature An illustrative, homecare-specific
case study Suggested supplemental
learning activities An attendance log and
certificate of completion

Caring for the patient with anemia

Nobody's Home

Home Health Aide On-the-go In-service
Lessons

Ethics and the Home Health Aide

Home Health Aide On-The-Go In-Service
Series, Volume VIII Set

After caring for his mother at the
end of her life, Thomas Gass took a
job as a nursing home aide in a for-
profit long term care home. This
graphic, poignant & chilling book

details his experiences in this 'warehouse' for the elderly & asks fundamental questions about care in American nursing homes.

This lesson on The Home Environment includes a complete training packet. Each in-service packet takes approximately one hour to complete and fully meets the Medicare in-service training requirements. As aides need training, you can make as many copies as you want - there's no restriction when used with aides assigned from your office location. Remember that Home Health Aides must have 12 hours of in-service training every year. LESSON OBJECTIVES Upon completion of

this program, the home health aide will be able to: Describe three methods for improving safety in the kitchen Explain three ways to make a home safe for patients, and State three things that attract burglars.

OVERVIEW Home health aides care for patients with many different diseases and needs. However, one thing applies to all patients: the need for a safe and effective home environment that allows for proper recovery. While the nurse or physical therapist may conduct a home safety assessment for patients, it is often the home health aide who must observe and report changes in the environment that could affect patient safety. In addition, aides are

often responsible for preparing meals for patients. Given that many home fires start in the kitchen while cooking, it is important that aides know the basics of fire prevention. This in-service reviews the home environment and ways to keep it safe for patients. It specifically outlines ways to prevent fires, falls, carbon monoxide poisoning, and burglaries. Finally, this in-service covers methods to improve home safety for visually impaired patients. This lesson on Home Health Aide Professionalism includes a complete training packet. Each in-service packet takes approximately one hour to complete and fully meets the Medicare in-service training

requirements. As aides need training, you can make as many copies as you want - there's no restriction when used with aides assigned from your office location. Remember that Home Health Aides must have 12 hours of in-service training every year. **LESSON OBJECTIVES** Upon completion of this program, the home health aide will be able to: Describe two examples of professional workplace behavior Identify three characteristics of acting professionally Explain two ways to treat patients professionally **OVERVIEW** Professional behavior in the workplace can be difficult to define. Professionalism means

different things to different people and can vary from agency to agency. It is something that isn't formally taught and is often left up to the home health aide to figure out. Further, behavior that some patients may find perfectly acceptable may offend others. It is therefore important that home health aides know what actions make up professional behavior and put those into practice. Home health aides must be aware of the agency's standards and there must be proof that aides follow them. The agency's reputation, and the health and safety of patients, depend on this knowledge and practice. This aide in-

service outlines professional

behavior and will serve as a guideline to training the home health aide on professionalism.

Home Health Aide Training Manual and Handbook

Home Health Aide On-the-go In-service

Home Health Aide On-The-Go Oasis-C Outcome and Process Measures

Documentation

This lesson on Fire Safety includes a complete training packet. Each in-service packet takes approximately one hour to complete and fully meets the Medicare in-service training requirements. As aides need training, you can make as many

copies as you want - there's no restriction when used with aides assigned from your office location. Remember that Home Health Aides must have 12 hours of in-service training every year. LESSON

OBJECTIVES After completion of this program, the home health aide will be able to: - List the three elements needed to produce a fire - Name the leading cause of home fires - Describe three measures for preventing kitchen fires, and - Name the most common cause of death due to fires in the home. LESSON OVERVIEW

According to statistics from the International Association for the

Study of Insurance Economics, the United States has the sixth highest fire death rate among the 25 developed countries in the study. Residential fires are the highest-ranking cause of fire-related mortality. In the U.S., four out of every five fire deaths occur in homes. The groups at highest risk include children aged 4 and under, and adults aged 65 and older. Most victims of fires die from smoke inhalation or toxic gases rather than from burns. Cooking is the primary cause of residential fires. Home health aides spend longer hours in patients' homes than most other caregivers, and they often care for the elderly.

In addition, food preparation is often a task assigned to them. For these reasons, it is imperative for the aides to learn about home fires, how to prevent them, and what actions to take. The purpose of this in-service is to provide fire safety education and describe steps the home health aide can undertake to minimize the likelihood of fire in their patients' homes.

This lesson on Ethics and the Home Health Aide includes a complete training packet. Each in-service packet takes approximately one hour to complete and fully meets the Medicare in-service training

requirements. As aides need training, you can make as many copies as you want - there's no restriction when used with aides assigned from your office location. Remember that Home Health Aides must have 12 hours of in-service training every year. LESSON

OBJECTIVES Upon completion of this program, the home health aide will be able to: Define the term "ethical" State three ethical standards Explain the process for making ethical decisions, and Describe three signs of ethical problems in the homecare workplace.

OVERVIEW Health care workers face ethical issues in

every setting. This is especially true in the home, where the independence of both the patient and the care providers, along with limited supervision, make identifying and dealing with ethical issues a challenge. For home health aides, ethical issues in the home may be due to patient care concerns, patient choice, family involvement, and the aide's personal involvement and compliance with agency policies and laws. To understand the risk involved and act responsibly, the aide must have an understanding of ethics and be able to recognize and report potential ethical issues. This in-service provides

an in-depth look at ethics, ethical issues in the home, and the home health aide's role in preventing or resolving these problems.

Every year, home health aides must satisfy 12 hours of in-service training. With today's irregular, part-time schedules, making sure they complete their required in-services can be a never-ending chore. Now you can satisfy Medicare's annual 12-hour aide in-service requirement without bringing your staff into the office for training. Home Health Aide On-the-Go In-service provides authoritative, comprehensive, yet easy-to-understand training

for self-study or the classroom. As aides need training, simply copy the pages from each lesson as needed. The training is flexible, so aides can learn at their own pace at a time that is convenient for them. Even if they miss your regular in-services they can still get the training they need. Each lesson provides one hour of study on a homecare-specific topic. This 12-lesson volume fulfills one year of Medicare's annual requirement of 12 in-service hours. Each lesson includes: A clearly written fact sheet about a timely, homecare-specific topic A 10-question post-test to measure understanding of the

subject matter An answer sheet with a place for the instructor's comments and signature An illustrative, homecare-specific case study Suggested supplemental learning activities An attendance log and certificate of completion A convenient storage binder is included with your purchase

Volume 11 topics*:
Communication Strategies
Difficult Patients Diet and Nutrition Medication Management Arthritis Patient Rights MRSA Strokes and Seizures Bariatric Patients Vital Signs and Documentation Amputee Care Ventilator Care Long-Term Care and the Long-

Term Workforce
Home Health Social Workers
Who Will Care For Us?
Catheter care

Home Health Aide

It is my hope that this text, when properly used will be of great benefit to the individual aide or aide in training in mastering the required skills that would make the individual a good home health aide. The book has been specially tailored as a teaching tool for home health aides. The book has two sections, the tutorial section one and the practical hands on section

two. The second section is a good aide or good training tool for practical demonstration purposes. For the purpose of understanding only, a home health aide does not have to be a Certified Nurses Aide. As a result this book can be used to train and prepare an individual to function in the capacity of a home health aide. The agency must prepare a set of standardized tests for the aides to ensure that the individual have fully internalized the reaching and training that they have

been put through. This book further addresses the rule and regulation (federal and State) that the home health aide must be familiar with. This book is an excellent tool for the home health aide. I strongly encourage all individual who practice and plans to practice as an aide in the home health field to read this book. This lesson on Role of the Social Worker includes a complete training packet. Each in-service packet takes approximately one hour to complete and fully meets the Medicare in-

service training requirements. As aides need training, you can make as many copies as you want - there's no restriction when used with aides assigned from your office location. Remember that Home Health Aides must have 12 hours of in-service training every year. LESSON OBJECTIVES Upon completion of this program, the home health aide will be able to:
Describe two signs of elder abuse Identify three types of services a social worker may provide to a patient Describe two

situations to report that may indicate a need for social services OVERVIEW Knowing when to seek the services of a social worker can be an important aspect in a patient's recovery. Oftentimes it is a home health aide who first sees a situation where a social worker might be needed.

Therefore, it is important that home health aides understand the many situations in which social workers can help, and when to report the signs and symptoms indicating a patient may need a social

worker's support. This in-service reviews the role of a social worker in home health. It also offers examples of when social workers could be called upon. Finally, it reviews the home health aide's role as being instrumental in making sure social services are appropriately and fully used. In the best circumstances, social workers help patients and caregivers by supporting care.

Every year, home health aides must satisfy 12 hours of in-service training. With today's

irregular, part-time schedules, making sure they complete their required in-services can be a never-ending chore. Now you can satisfy Medicare's annual 12-hour aide in-service requirement without bringing your staff into the office for training. Home Health Aide On-the-Go In-service provides authoritative, comprehensive, yet easy-to-understand training for self-study or the classroom. As aides need training, simply copy the pages from each lesson as

needed. The training is flexible, so aides can learn at their own pace at a time that is convenient for them. Even if they miss your regular in-services they can still get the training they need. Each lesson provides one hour of study on a homecare-specific topic. This 12-lesson volume fulfills one year of Medicare's annual requirement of 12 in-service hours. Each lesson includes: A clearly written fact sheet about a timely, homecare-specific topic A 10-question post-

test to measure understanding of the subject matter An answer sheet with a place for the instructor's comments and signature An illustrative, homecare-specific case study Suggested supplemental learning activities An attendance log and certificate of completion A convenient storage binder is included with your purchase. Volume 12 Topics: Congestive Heart Failure Observing and Reporting Incontinence Flu Season Patients with Sensory Impairments Cultural Diversity

Seasonal Safety ROM and
Contracture Prevention
Swallowing Disorders
Working as a Team Sleep
Disorders Osteoporosis
Home Health Aide On-The-Go
In-Service Series, Volume
XII Set
Rights of the homecare
patient
Home Health Aide On-The-Go
In-Service
Issue 11: Calling 911
Medication management
This beautiful, full-
color, third edition of
The Home Health Aide
Handbook is unlike any
other handbook or pocket
guide on the market.

This up-to-date book is a valuable tool for many reasons. For home health aides, it includes all the procedures learned in their training program, plus references to abbreviations, medical terms, care guidelines for specific diseases, and an appendix to include important names and phone numbers. For certified nursing assistants moving to home care, we've included helpful information on making

the transition from institutions to homes. In addition, this book contains all of the federal requirements for home health aides so it also can be used in a basic training program. Not only is it inexpensive, but it's also full-color, loaded with photos and illustrations Use it for training and encourage your aides to carry it with them into the field to use as a quick reference tool. The third edition contains

updated information on:
* Federal requirements
for home health aides *
Expanded coverage on
infection prevention *
Observing and reporting
* HIPAA and how to
protect a client's
privacy * Proper
nutrition and special
diets * Care guidelines
for specific diseases *
Pain management *
Commonly-used
abbreviations * Oxygen
therapy * Home-care
specific tips for
housekeeping and cooking
* Disaster guidelines *

Comprehensive glossary
This handy guide is the perfect size. It fits easily into a backpack, purse, or home care bag. Encourage your aides to carry it with them into the field to use as a quick reference tool.

This lesson on Aide/Patient Conflicts includes a complete training packet. Each in-service packet takes approximately one hour to complete and fully meets the Medicare in-service training requirements. As aides

need training, you can make as many copies as you want - there's no restriction when used with aides assigned from your office location.

Remember that Home Health Aides must have 12 hours of in-service training every year.

LESSON OBJECTIVES Upon completion of this program, the home health aide will be able to:
Better understand why patients may exhibit difficult behavior List techniques to handle difficult patients, and

Explain the importance of reporting and documenting events regarding difficult patients. OVERVIEW For the most part, home health patients are pleasant and welcoming to the presence of home health aides, and are eager to do what it takes to get better. Occasionally, however, the home health aide will experience a conflict due to behavioral issues with the patient. A patient may be having a hard

time learning to live with a disease or adjusting to the lifestyle changes an injury or disease requires. The patient may take out these frustrations on the caregiver. The patient may be resistant or bitter and even, at times, aggressive. The patient may also have mental status changes directly related to disease or to aging. Instead of reacting negatively and making the situation worse, a

home health aide can use techniques to build a more solid, trusting relationship with the patient. Understanding the potential causes of the behavior helps aides know how to respond effectively. This inservice looks at some of the possible reasons a patient may be difficult and offers tips on dealing with such patients.

Home Health Aide On-the-Go In-service Vol 10, Issue 1, OASIS-C Outcome and Process Measures

OVERVIEW The OASIS assessment monitors outcomes, determines reimbursement, and serves as the foundation for an agency's quality improvement system. The assessment data are collected for any patient who is receiving skilled care from a Medicare-certified home health agency and whose payer is Medicare or Medicaid. This in-service provides home health aides background into the function of OASIS-C assessments and

helps them understand their role in quality improvement. Aides will learn how quality outcomes affect the patient's quality of care as well as the agency's bottom line.

LESSON OBJECTIVES After completion of this program, the home health aide will be able to:

- Identify the purpose of the OASIS-C assessment
- Identify the outcome and process measures related to the OASIS-C assessment
- Discuss the importance of the

outcome and process
measures in quality
improvement Identify and
discuss the home health
aide's role in quality
improvement Identify
potentially avoidable
events Contents of this
lesson: A clearly
written fact sheet A
10-question post-test to
measure understanding of
the subject matter An
answer sheet with a
place for the
instructor's comments
and signature An
illustrative, homecare-
specific case study

Suggested supplemental learning activities An attendance log and certificate of completion
Vital signs measurement and documentation
Medicare Andhome Health Ventilator Care
The Home Environment Safety with ADLs
Home health aides must meet the Centers for Medicare & Medicaid Services' (CMS) annual requirement to complete 12 hours of in-service training. Deliver the relevant education your aides need to satisfy this requirement with HCPPro's

Home Health Aide On-the-Go In-service Series, Volume 15. This new edition is filled with 12 informative, one-hour in-service training lessons addressing timely topics that are crucial to homecare. Home Health Aide On-the-Go In-service Series, Volume 15, also provides authoritative, comprehensive, yet easy-to-understand training lessons for group classroom settings or self-study. The in-services offer home health aides the convenience and flexibility to study when time permits and to learn at their own pace. The lessons include both clinical topics, such as avoiding

UTIs and colostomy care, and staff training topics, such as ethics and a basic understanding of Medicare and OASIS-C1. With this resource, agencies will be able to: Help home health aides fulfill CMS' annual mandate to complete 12 hours of in-service training with condensed, practical lessons that focus specifically on their role and needs Easily prepare an in-service training program for the entire calendar year without having to coordinate staff schedules for on-site training Copy lessons, attendance logs, and customizable certificates of completion for each

participant through single-site reproduction rights
Each lesson includes new and updated content, including:
One hour of study, including a concisely written fact sheet, explaining an important homecare-specific topic
A descriptive homecare-specific case study
Supplemental learning activities
A 10-question posttest to measure aides' understanding and validate their comprehension of the subject matter
An attendance log and certificate of completion to document staff training hours
This lesson on Medicare and Home Health includes a complete training packet.

Each in-service packet takes approximately one hour to complete and fully meets the Medicare in-service training requirements. As aides need training, you can make as many copies as you want - there's no restriction when used with aides assigned from your office location. Remember that Home Health Aides must have 12 hours of in-service training every year. LESSON OBJECTIVES Upon completion of this program, the home health aide will be able to: Identify two qualifying factors for homecare Explain the history of homecare, and List the traits/roles of a home health aide. OVERVIEW Home

health care is a service that provides skilled nursing care and other health-related treatments to patients in the comfort of their homes. Patients with Medicare insurance may be eligible to receive home health care if they meet certain requirements. Since the federal government provides Medicare, these requirements are established through the Centers for Medicare and Medicaid Services (CMS). Home health aide services are part of the Medicare home health benefit. This in-service reviews the history of homecare, basic Medicare qualifying services, and how

home health aides provide patient care in the home. We'll also reveal some interesting homecare facts and statistics.

The number of elderly and disabled adults who require assistance with day-to-day activities is expected to double over the next twenty-five years. As a result, direct care workers such as home care aides and certified nursing assistants (CNAs) will become essential to many more families. Yet these workers tend to be low-paid, poorly trained, and receive little respect. Is such a workforce capable of addressing the needs of our aging population? In Who

Will Care for Us? economist Paul Osterman assesses the challenges facing the long-term care industry. He presents an innovative policy agenda that reconceives direct care workers' work roles and would improve both the quality of their jobs and the quality of elder care. Using national surveys, administrative data, and nearly 120 original interviews with workers, employers, advocates, and policymakers, Osterman finds that direct care workers are marginalized and often invisible in the health care system. While doctors and families alike agree that

good home care aides and CNAs are crucial to the well-being of their patients, the workers report poverty-level wages, erratic schedules, exclusion from care teams, and frequent incidences of physical injury on the job. Direct care workers are also highly constrained by policies that specify what they are allowed to do on the job, and in some states are even prevented from simple tasks such as administering eye drops. Osterman concludes that broadening the scope of care workers' duties will simultaneously boost the quality of care for patients and lead to better jobs and

higher wages. He proposes integrating home care aides and CNAs into larger medical teams and training them as "health coaches" who educate patients on concerns such as managing chronic conditions and transitioning out of hospitals. Osterman shows that restructuring direct care workers' jobs, and providing the appropriate training, could lower health spending in the long term by reducing unnecessary emergency room and hospital visits, limiting the use of nursing homes, and lowering the rate of turnover among care workers. As the Baby Boom generation ages, Who Will Care for Us?

demonstrates the importance of restructuring the long-term care industry and establishing a new relationship between direct care workers, patients, and the medical system.

The Home Health Aide Handbook

Preventing hospitalization/emergent care

The patient with arthritis
Creating a safe home environment

Candid Reflections of a Nursing Home Aide