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17 Unique Warning Signs Of Complex PTSD

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Complex PTSD: Symptoms, behaviors, and recovery

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Frequently Asked Questions About Complex PTSD

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Complex trauma: how abuse and neglect can have life-long ...

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Emotional Abuse/Neglect Archives - Healing from Complex Ptsd

Childhood traumatic stress occurs when traumatic events overwhelm a child's or teenager's ability to cope, such as: Neglect and psychological, physical, or sexual abuse. Domestic violence or intimate partner violence. Community and school violence (including bullying) Natural disasters.

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In defining trauma, the terms abuse, neglect, and complex trauma are often discussed. Abuse refers to any situation in which one person or group, holds power over another (whether due to physical size, prestige, finances, or other real or perceived advantage), and misuses such power in a harmful or malicious way.

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