

Before You Know Kindness

NEW YORK TIMES BEST SELLER • A luxurious African safari turns deadly for a Hollywood starlet and her entourage in this riveting historical thriller from the New York Times bestselling author of *The Flight Attendant*. “The best possible combination of Hemingway and Agatha Christie — a gorgeously written story about the landscape and risks of Africa, whose edge-of-your-seat plot makes it impossible to put down.” —Jodi Picoult, #1 New York Times bestselling author of *Wish You Were Here* Tanzania, 1964. When Katie Barstow, A-list actress, and her new husband, David Hill, decide to bring their Hollywood friends to the Serengeti for their honeymoon, they envision giraffes gently eating leaves from the tall acacia trees, great swarms of wildebeests crossing the Mara River, and herds of zebras storming the sandy plains. Their glamorous guests—including Katie’s best friend, Carmen Tedesco, and Terrance Dutton, the celebrated Black actor who stars alongside Katie in the highly controversial film *Tender Madness*—will spend their days taking photos, and their evenings drinking chilled gin and tonics back at camp, as the local Tanzanian guides warm water for their baths. The wealthy Americans expect civilized adventure: fresh ice from the kerosene-powered ice maker, dinners of cooked gazelle meat, and plenty of stories to tell over lunch back on Rodeo Drive. What Katie and her glittering entourage do not expect is this: a kidnapping gone wrong, their guides bleeding out in the dirt, and a team of Russian mercenaries herding their hostages into Land Rovers, guns to their heads. As the powerful sun gives way to night, the gunmen shove them into abandoned huts and Katie Barstow, Hollywood royalty, prays for a simple thing: to see the sun rise one more time. A blistering story of fame, race, love, and death set in a world on the cusp of great change, *The Lioness* is a vibrant masterpiece from one of our finest storytellers.

Kindness isn’t merely about getting along with people and being nice. It’s a game changer in business, the door-opener to opportunity, and the key to authenticity and confidence. Discover the true potential of kindness and harness its power. Through years of developing her own kindness practices and studying those of others, Good Morning America correspondent and ABC News journalist Adrienne Bankert has experienced firsthand the unbeatable power of kindness and witnessed its transformative impact on others. Adjusting our perspective from being closed off and self-centered to a mindset of kindness ripples into a staggering amount of personal fulfillment and growth. No matter our age or ethnicity, where we come from, or how much money we make, every one of us can be kind. Every one of us can be a change agent. In *Your Hidden Superpower*, Adrienne will help you: See simple acts of kindness from a new and empowering perspective; Learn how to make kindness a habit and experience more peace, inspiration, and impact; Engage kindness at work and enjoy remarkable opportunities—plus, know how to get from “here” to “there” quickly; and Activate kindness as a force to reconnect you to your authentic self, replenish your passion and creativity, and find your voice. *Your Hidden Superpower* describes how kindness is a superpower that can be honed through an intentional lifestyle of kindness and is especially important in these divisive times.

Kindness Boomerang contains 365 daily acts, one for each day of the year, accompanied by inspirational quotes, personal stories on the power of paying it forward, and tangible steps to change your outlook on life. This book empowers you to bring positivity into your everyday life and the lives of those around you. *Wahba* invites you to practice kindness in relationships, kindness with yourself, kindness with nature and kindness in many more forms. This book is a call to action for anyone who wants to live a more connected and fulfilling life.

In *Showing Kindness*, beginning readers will learn about all the ways they can be kind and considerate in their daily lives. Vibrant, full-color photos and carefully leveled text engage young readers as they discover how they can build character by showing kindness.

The Kindness Challenge

A Nurse's Story

Midwives

Before You Know Kindness

Deacon King Kong

The Kindness

He followed her eyes skyward to a bird that was falling, turning and turning, like a heart that had leapt free. It fell, and as it did it became a falcon. He was transfixed. Julian’s fall begins the moment he sets eyes on Julia. Julia is married and eight years his senior; he is a gifted English student, a life of academia ahead. Ignoring warnings from family and friends, they each give up all they have to be together. Their new life in London offers immense happiness, especially after their longed-for daughter Mira is born. When Julian hears that Firdaws, his adored boyhood home, is for sale, he sets out to recreate a lost paradise for his new family. Once again, love blinds him. It is only when Mira becomes terrifyingly ill that it is impossible for Julia to conceal from him the explosive secret that she has been keeping at the heart of their lives. Lyrical, haunting and exquisitely rendered, *Polly Samson’s* second novel explores a deception that comes wrapped as a gift, a betrayal that is clothed in kindness, and asks if we can ever truly trust another. The result is an unforgettable story of love, grief, betrayal, and reconciliation, masterfully plotted and beautifully told.

Bestselling illustrator Henry Cole puts animals in sweet and humorous situations to demonstrate the importance of being kind! In this funny picture book, bestselling illustrator Henry Cole shows kids different ways to be kind with his hysterical cartoon animal characters. Each page features a different way to be a good person, like using proper manners, telling someone they are special, or sharing a treat! The text is accompanied by two or three related vignettes of different animals giving examples of ways to be good. And in one illustration out of each set, one animal (like a cat peering into a fishbowl!) may not be doing the best job of being kind! The animal characters and simple text will help readers learn the importance of kindness in a fun way with lots of kid appeal. Our animal friends will show you Exactly how it is done Make sure to look closely Kindness can be very FUN!

From the bestselling author of *The Flight Attendant*, here is a gripping psychological novel of obsession and consequence. When Laurel Estabrook is attacked while riding her bicycle through Vermont ’ s back roads, her life is forever changed. Formerly outgoing, Laurel withdraws into her photography, spending all her free time at a homeless shelter. There she meets Bobbie Crocker, a man with a history of mental illness and a box of photographs that he won ’ t let anyone see. When Bobbie dies, Laurel discovers a deeply hidden secret – a story that leads her far from her old life, and into a cat-and-mouse game with pursuers who claim they want to save her. In a tale that travels between the Roaring Twenties and the twenty-first century, between Jay Gatsby ’ s Long Island and rural New England, bestselling author Chris Bohjalian has written an extraordinary novel.

FERRUCCI/POWER OF KINDNESS

The Winnie Chronicles: Book One

The Double Bind

The War for Kindness

Deep Kindness

Kindness for Weakness

A Novel

After a decade of spending a delightful summer week at their country house in New Hampshire, the members of the extended Seton family are confronted by a terrible accident, testing the values and relationships that hold them together.

Winner of the Anisfield-Wolf Book Award for Fiction Winner of the Gotham Book Prize One of Barack Obama’s “Favorite Books of the Year” Oprah’s Book Club Pick Named one of the Top Ten Books of the Year by the New York Times, Entertainment Weekly and TIME Magazine A Washington Post Notable Novel From the author of the National Book Award – winning *The Good Lord Bird* and the bestselling modern classic *The Color of Water*, comes one of the most celebrated novels of the year. In September 1969, a fumbling, cranky old church deacon known as Sportcoat shuffles into the courtyard of the Cause Houses housing project in south Brooklyn, pulls a .38 from his pocket, and, in front of everybody, shoots the project ’ s drug dealer at point-blank range. The reasons for this desperate burst of violence and the consequences that spring from it lie at the heart of *Deacon King Kong*, James McBride ’ s funny, moving novel and his first since his National Book Award – winning *The Good Lord Bird*. In *Deacon King Kong*, McBride brings to vivid life the people affected by the shooting: the victim, the African-American and Latinx residents who witnessed it, the white neighbors, the local cops assigned to investigate, the members of the Five Ends Baptist Church where Sportcoat was deacon, the neighborhood ’ s Italian mobsters, and Sportcoat himself. As the story deepens, it becomes clear that the lives of the characters—caught in the tumultuous swirl of 1960s New York—overlap in unexpected ways. When the truth does emerge, McBride shows us that not all secrets are meant to be hidden, that the best way to grow is to face change without fear, and that the seeds of love lie in hope and compassion. Bringing to these pages both his masterly storytelling skills and his abiding faith in humanity, James McBride has written a novel every bit as involving as *The Good Lord Bird* and as emotionally honest as *The Color of Water*. Told with insight and wit, *Deacon King Kong* demonstrates that love and faith live in all of us.

Through a largely hidden ceremony...four friends discover the true meaning of life. It's 2006 in a seaside village in Israel, where a war is brewing. Lauren, Emily, Aviva and Rachel, four memorable women from different backgrounds, are drawn to the village. Lauren, a maternity nurse, loves her Israeli doctor husband but struggles to make a home for herself in a foreign land miles away from her beloved Boston. Seeking a fresh start after divorce, her vivacious friend Emily follows. Strong, sensuous Aviva, brought to Israel years earlier by intelligence work, has raised a family and now lost a son. And Rachel, a beautiful, idealistic college graduate from Wyoming, arrives with her hopeful dreams. The women forge a friendship that sustains them as they come to terms with love and loss, and the outbreak of war. Their intimate bond is strengthened by their participation in a traditional ritual that closes the circle of life. As their lives are slowly transformed, each finds unexpected strength and resilience. Brimming with wisdom, rich in meaningful insights, *A Remarkable Kindness* is a moving testament to women ’ s friendship, illuminating a mostly unknown ritual that underscores what it means to truly be alive.

Kindness is the foundation of the world’s great religions and most-enduring philosophies. Why, then, does being kind feel so dangerous? If we crave kindness with such intensity, why is it a pleasure we often deny ourselves? And why—despite our longing—are we often suspicious when we are on the receiving end of it? In this brilliant book, the eminent psychoanalyst Adam Phillips and the historian Barbara Taylor examine the pleasures and perils of kindness.

Modern people have been taught to perceive ourselves as fundamentally antagonistic to one another, our motives self-seeking. Drawing on intellectual history, literature, psychoanalysis, and contemporary social theory, this book explains how and why we have chosen loneliness over connection. On *Kindness* argues that a life lived in instinctive, sympathetic identification with others is the one we should allow ourselves to live. Bursting with often shocking insight, this brief and essential book will return to its readers what Marcus Aurelius declared was mankind’s “greatest delight”: the intense satisfactions of generosity and compassion.

The Unexpected Benefits of Leading a Compassionate Life

The Must-read Book List for Kids

Counting On Kindness

Kindness Counts 123

A World of Kindness

101 Books to Read Before You Grow Up

The devastating loss of their twin daughters in a flash flood turns the lives of Terry and Laura Sheldon upside down as their marriage is tested by grief, Terry’s brief love affair, and their growing relationship with their foster child, a ten-year-old African American boy.

Seattle mental health counselor Lustbader here compells attention to and sympathy for those who must rely on caregivers for their needs. Stories are related by patients themselves. From incapacitated men and women we learn of the humiliations caused by the loss of autonomy, of the frustrations at not being able to manage on one's own.

Accounts from widely different sorts of patients and those who begrudgingly or willingly see to their care provide graphic lessons in sensitivity.

In *The Kindness of Women*, a sequel to his award-winning *Empire of the Sun*, young James returns to England at the end of World War II. He stumbles through medical study at Cambridge, trains briefly as an RAF pilot in Canada, and marries. When his wife dies suddenly, Jim is thrust into the violence and sexual promiscuity of the sixties.

Penetrating and wise, J. G. Ballard’s biting social commentary and pushing of boundaries make this semi-autobiographical novel a small classic.

Young readers can count down from 10 while discovering the many ways to make the world a kinder place. Thoughtful illustrations of children showing kindness and generosity will help kids learn the important concepts of empathy and compassion while counting down the many ways to be kind. Whether it be delivering cookies to a new neighbor, sharing toys, or saying "I love you" to Grandma and Grandpa, here is the perfect book to read aloud at home or in the classroom to spark conversations about simple acts of kindness. With durable cardstock pages and approachable language, this book will encourage children to be their best selves wherever they go.

ABCs of Kindness

Words Under the Words

The Language of Kindness

An Illustrated Celebration

Selected Poems

On Kindness

Let's say you're a corgi, you know, like the dogs Queen Elizabeth loves. And one back leg is paralyzed, so you use a wheelchair to get around. And let's say your owners, your primaries, think it would be ever so nice to go to London for a week. Sounds nice, if we overlook the paralysis part, right? But then let's say the plane you're on crashes over the Atlantic and you have to swim for it. Now what? Well if you're a really special corgi you'll endure burning aircraft, three-legged swimming in icy waters, and vicious seagulls before you drift to Brighton Beach and then to Buckingham Palace to become known the world over as Oceandog. Translated from the computer program DOGSPEAK, *The Kindness of Strangers* tells Winnie's story directly from her point of view, spotlighting her ability to overcome the problems associated with paralysis, loss of a parent, extreme attention from the world media, and the awareness of her lack of ego and superego. Winnie's unique adventure will please the entire family with her comments on food, other dogs, and what it's like to live with humans.

WINNER OF A CORETTA SCOTT KING HONOR AND THE JANE ADDAMS PEACE AWARD! Each kindness makes the world a little better This unforgettable book is written and illustrated by the award-winning team that created *The Other Side* and the Caldecott Honor winner *Coming On Home Soon*. With its powerful anti-bullying message and striking art, it will resonate with readers long after they've put it down. Chloe and her friends won't play with the new girl, Maya. Every time Maya tries to join Chloe and her friends, they reject her. Eventually Maya stops coming to school. When Chloe's teacher gives a lesson about how even small acts of kindness can change the world, Chloe is stung by the lost opportunity for friendship, and thinks about how much better it could have been if she'd shown a little kindness toward Maya.

This simple yet powerful picture book--from a New York Times bestselling husband-and-wife team--tells the story of one girl who inspires a community to stand up to bullying. The perfect back-to-school read for every kid, family and classroom! Inspired by real events, *I Walk with Vanessa* explores the feelings of helplessness and anger that arise in the wake of seeing a classmate treated badly, and shows how a single act of kindness can lead to an entire community joining in to help. By choosing only pictures to tell their story, the creators underscore the idea that someone can be an ally without having to say a word. With themes of acceptance, kindness, and strength in numbers, this timeless and profound feel-good story will resonate with readers young and old. A New York Public Library Best Book of the Year "This beautifully illustrated story shows young readers how to become caring and supportive upstanders. Love it!" --Trudy Ludwig, bestselling author of *The Invisible Boy*

A little girl realizes that everywhere she looks she can see how she has benefitted from the kindness of others, and she gives thanks.

The Kindness of Strangers

How to Save the World (and Yourself) Through 365 Daily Acts

A Complicated Kindness

The Lioness

HumanKind

A Revolutionary Guide for the Way We Think, Talk, and Act in Kindness

A Stanford psychologist offers a bold new understanding of empathy, and shows how we can expand our circle of care, even in these divisive times Empathy is in short supply. Isolation and tribalism are rampant. We struggle to understand people who aren't like us, but find it easy to hate them. Studies show that we are less caring than we were even thirty years ago. In 2006, Barack Obama said that the United States is suffering from an "empathy deficit." Since then, things only seem to have gotten worse. It doesn't have to be this way. In this groundbreaking book, Jamil Zaki argues that empathy is not a fixed trait--something we're born with or not--but rather a skill that we can all strengthen through effort. Drawing on both classic and cutting-edge research, including experiments from his own lab, Zaki shows how we can harness this new mindset to overcome toxic cultural divisions. He also tells the stories of people who are living these principles--fighting for kindness in the most difficult of circumstances. We meet a former neo-Nazi who is now helping extract people from hate groups, ex-prisoners discussing novels with the judge who sentenced them, Washington police officers changing their culture to decrease violence among their ranks, and NICU nurses fine-tuning their empathy so that they don't succumb to burnout. Written with clarity and passion, *The War for Kindness* is an inspiring call to action. The future may depend on whether we accept the challenge.

From the bestselling author of *The Flight Attendant*, here is a novel that examines wildly divisive American issues like gun control and animal rights with Chris Bohjalian’s trademark emotional heft and spellbinding storytelling skill. For ten summers, the Seton family—all three generations—met at their country home in New England to spend a week together playing tennis, badminton, and golf, and savoring gin and tonics on the wraparound porch to celebrate the end of the season. In the eleventh summer, everything changed. A hunting rifle with a single cartridge left in the chamber wound up in exactly the wrong hands at exactly the wrong time, and led to a nightmarish accident that put to the test the values that unite the family—and the convictions that just may pull it apart.

Winner of the Governor General’s Literary Award In this stunning coming-of-age novel, the award-winning author of *Women Talking* balances grief and hope in the voice of a witty, beleaguered teenager whose family is shattered by fundamentalist Christianity “Half of our family, the better-looking half, is missing,” Nomi Nickel tells us at the beginning of *A Complicated Kindness*. Left alone with her sad, peculiar father, her days are spent piecing together why her mother and sister have disappeared and contemplating her inevitable career at Happy Family Farms, a chicken slaughterhouse on the outskirts of East Village. Not the East Village in New York City where Nomi would prefer to live, but an oppressive town founded by Mennonites on the cold, flat plains of Manitoba, Canada. This darkly funny novel is the world according to the unforgettable Nomi, a bewildered and wry sixteen-year-old trapped in a town governed by fundamentalist religion and in the shattered remains of a family it destroyed. In Nomi’s droll, refreshing voice, we’re told the story of an eccentric, loving family that falls apart as each member lands on a collision course with the only community any of them have ever known. A work of fierce humor and tragedy by a writer who has taken the American market by storm, this searing, tender, comic testament to family love will break your heart. “Brilliant.” —New York Times Book Review “A darkly funny and provocative novel.” —O, the Oprah Magazine

101 Books to Read Before You Grow Up is a fun handbook for book lovers and their families to read, check off, and give their own book reviews. *101 Books to Read Before You Grow Up* provides a comprehensive list of kid-friendly books for children to read before they grow up. This must-read review list acts as an interactive journal where kids can document the books they read, why they like them, and how they rate them. Divided into sections by subject, from fairy tales and fantasy to sports and nonfiction, *101 Books to Read Before You Grow Up* celebrates the importance of reading and encourages family participation to develop lifelong readers. The perfect reference guide for book lovers of all ages, *101 Books to Read Before You Grow Up* helps both kids and parents decide which books to read next!

Random Acts of Kindness

The Buffalo Soldier

Showing Kindness

Kindness Starts with You - At School

A Picture Book Story About a Simple Act of Kindness

Each Kindness

#1 INTERNATIONAL BESTSELLER • A moving, lyrical, beautifully-written portrait of a nurse and the lives she has touched Christie Watson spent twenty years as a nurse, and in this intimate, poignant, and remarkably powerful book, she opens the doors of the hospital and shares its secrets. She takes us by her side down hospital corridors to visit the wards and meet her unforgettable patients. In the neonatal unit, premature babies fight for their lives, hovering at the very edge of survival, like tiny Emmanuel, wrapped up in a sandwich bag. On the cancer wards, the nurses administer chemotherapy and, long after the medicine stops working, something more important--which Watson learns to recognize when her own father is dying of cancer. In the pediatric intensive care unit, the nurses wash the hair of a little girl to remove the smell of smoke from the house fire. The emergency room is overcrowded as ever, with waves of alcohol and drug addicted patients as well as patients like Betty, a widow suffering chest pain, frail and alone. And the stories of the geriatric ward--Gladys and older patients like her--show the plight of the most vulnerable members of our society. Through the smallest of actions, nurses provide vital care and kindness. All of us will experience illness in our

lifetime, and we will all depend on the support and dignity that nurses offer us; yet the women and men who form the vanguard of our health care remain unsung. In this age of fear, hate, and division, Christie Watson has written a book that reminds us of all that we share, and of the urgency of compassion.

Have we ever needed kindness more? Learn which ways of acting, speaking, and thinking will improve your relationships and make the greatest difference for your life. "This book has the potential to change the emotional climate of our culture."—Gary Chapman, New York Times bestselling author of *The Five Love Languages* Think of your toughest relationship. Think of a relationship that is good but could be great. Think of a group of people that drives you nuts. You want to show more kindness and generosity, but sometimes you're just tired, stretched, and frustrated. Besides, would small actions make that big a difference? Yes! After years of extensive research, Shaunti Feldhahn has concluded that kindness is a superpower. It can change any relationship, make your life easier and better, and transform our culture. But how does it work? And how can you show kindness when you don't feel like it? In *The Kindness Challenge*, Shaunti explores . . . • Three simple acts that make all the difference in any relationship (with a spouse, child, co-worker, brother-in-law . . .) • Whether kindness is ever the wrong approach • The seven ways you may be unkind and never realize it • Eight types of kindness—and which might be the best fit for you • Ten sneaky obstacles that get in the way of giving praise • Practical ways to persevere when kindness is tough • How kindness in marriage leads to benefits in the bedroom (yes, really!) • Why your acts of kindness today can help transform the world With self-assessments, day-to-day tips, a 30-day challenge, and specific kindness ideas, *The Kindness Challenge* can make your toughest relationships better and your good relationships great—starting today.

Learning the importance of kindness is as easy as A-B-C with this sweet board book that fosters social emotional development. A is for all of us be everyone's friend. B is for believing things will turn out well in the end. C is for being caring in everything you do. D is for dear ones who mean the world to you. Learn your ABCs while learning to be kind to everyone you meet with this irresistibly illustrated board book that's perfect for Valentine's Day and all year round! Learn to love and love to learn! Complete the series with 123s of Thankfulness and Happiness is a Rainbow!

From New York Times bestselling author Deborah Underwood comes *Finding Kindness*, a heartfelt picture book illustrated by Irene Chan. Celebrate kindness in all its many forms. This is a powerful story of community, compassion, and generosity of spirit—perfect for sharing! Kindness is sometimes a cup and a card, or a ladder, a truck, and a tree. A scratch and a cuddle. A rake and a yard.

Share Some Kindness, Bring Some Light
Building Empathy in a Fractured World

The Kindness Book

A Remarkable Kindness

The Kindness That Makes You Unbeatable at Work and Connects You with Anyone

Thirty Days to Improve Any Relationship

NATIONAL BESTSELLER • This modern classic from the author of *The Flight Attendant* is a compulsively readable novel that explores questions of human responsibility that are as fundamental to our society now as they were when the book was first published. A selection of Oprah's original Book Club that has sold more than two million copies. On an icy winter night in an isolated house in rural Vermont, a seasoned midwife named Sibyl Danforth takes desperate measures to save a baby's life. She performs an emergency cesarean section on a mother she believes has died of stroke. But what if—as Sibyl's assistant later charges—the patient wasn't already dead? The ensuing trial bears the earmarks of a witch hunt, forcing Sibyl to face the antagonism of the law, the hostility of traditional doctors, and the accusations of her own conscience. Exploring the complex and emotional decisions surrounding childbirth, *Midwives* engages, moves, and transfixes us as only the very best novels ever do.

Help children learn the power of kindness in everyday life with this fun lift-the-flap book. Find Out About: Kindness helps busy preschoolers learn about their interactions with others as they start to experience nursery, school and the wider world. Featuring friendly child characters and familiar situations with siblings, friends and family, they will learn to empathise and socialise others. With fun flaps to lift, this is an excellent book for children and parents to share together.

A collection of poems in which the author draws upon her experiences as a Palestinian-American living in the Southwest, and her travels in Central America, the Middle East, and Asia, to comment upon the shared humanity of different cultures throughout the world.

Are you kind? In a series of simple yet evocative questions, this impactful book asks children how they will show kindness and consideration for others. Written by the editors of Pajama Press, and illustrated by celebrated Pajama Press artists, these stunning pages inspire meaningful discussion and storytelling about the understated yet powerful ways in which children might influence the world around them. A World of Kindness goes beyond mere rhetoric to examine, in a child-friendly way, everyday social interactions where a kind word or act could have a transformative affect on others. Royalties from the proceeds of this book will be donated to Think Kindness. thinkkindness.org Many of the original images in this book have been donated by the artists. The cover art was created and donated by award-winning author-illustrator Suzanne Del Rizzo.

Try a Little Kindness

I Walk with Vanessa

Kindness Boomerang

Your Hidden Superpower

I See Kindness Everywhere

Finding Kindness

On a quiet street in the suburban Midwest, a popular, seemingly stable family keeps a terrible, dark secret behind closed doors -- a secret that will have life-changing consequences for all who know them. Sarah Laden, a young widow and mother of two, struggles to keep her family together. Since the death of her husband, her high-school-age son, Nate, has developed a rebellious streak, constantly falling in and out of trouble. Her kindhearted younger son, Danny, though well behaved, struggles to pass his remedial classes. All the while, Sarah must make ends meet by running a catering business out of her home. But when a shocking and unbelievable revelation rips apart the family of her closest friend, Sarah finds herself welcoming yet another young boy into her already tumultuous life. Jordan, a quiet and reclusive elementary-school boy and classmate of Danny's, has survived a terrible tragedy, leaving him without a family. When Sarah becomes Jordan's foster mother, a relationship develops that will force her to question the things of which she thought she was so sure. Yet Sarah is not the only one changed by this young boy, and as the delicate balance that holds her family together begins to falter, the Ladens will all face truths about themselves and one another -- and discover the power of love to forgive and to heal. Powerful and poignant, *The Kindness of Strangers* is a shocking look at how the tragedy of a single family in a small suburban town can affect so many. Katrina Kittle has created a haunting vision of the secret lives of the people we think we know best. Through gripping and heartrending storytelling, *The Kindness of Strangers* shows that even after the most grave injuries, redemption is always possible.

Kindness is the single most powerful thing that we can teach our children. Follow Maddy through her day at school, where your child will learn how easy it can be to spread kindness! From taking turns on the swing to including everyone in the game - this storybook shows that no act of kindness, no matter how small, is ever wasted. A lightbulb lesson of kindness is found on each page! Included in the book is a Weekly Kindness Challenge to help encourage your child to: Say Sorry, Be Polite, Take Turns, Be a Helping Hand, Include Others, and Show Respect. If you value raising kind kids that make the world a better place, then this book is for you!

This Wall Street Journal bestseller, USA Today bestseller and Canadian Book Club Awards winner is filled with true stories about how one small deed can make a world of difference. "Elegant and wise" (Deepak Chopra), "The most uplifting and life-affirming book in years." (Forbes) Brad Aronson's life changed in an instant when his wife, Mia, was diagnosed with leukemia. After her diagnosis, Brad spent most of the next two and a half years either by her side as she received treatment or trying to shield their five-year-old son, Jack, from the worst of Mia's illness. Amid the stress and despair of waiting for the treatment to work, Brad and Mia were met by an outpouring of kindness from friends, family and even complete strangers. Inspired by the many demonstrations of "humankindness" that supported their family through Mia's recovery, Brad began writing about the people who rescued his family from that dark time, often with the smallest of gestures. But he didn't stop there. Knowing that simple acts of kindness transform lives across the globe every day, he sought out these stories and shares some of the best ones here. In *HumanKind*, you'll meet the mentor who changed a child's life with a single lesson in shoe tying, the six-year-old who launched a global kindness movement, the band of seamstress grandmothers who mend clothes for homeless people, and many other heroes. Brad also provides dozens of ways you can make a difference through the simplest words and deeds. You'll discover how buying someone a meal or sharing a little encouragement at the right time can change someone's world, as well as your own. The resource section at the back of the book provides guidance and organizations that will help you channel and amplify your own acts of kindness. Here you'll discover: How you can fund a surgery to cure someone's blindness with a donation of less than \$200. Organizations through which you can provide a birthday gift for a child who otherwise wouldn't receive one. Multiple places where you can send letters of encouragement to support hospitalized kids, lonely seniors, refugees, veterans and others in need. And over fifty more ways you can change a life. *HumanKind* will leave you grateful for what you have and provide a refuge from the negativity that surrounds us. This feel-good book will touch your heart. You'll laugh, you'll cry and you'll be reminded of what really matters. All author royalties go to Big Brothers Big Sisters.

"It's impossible to resist [this book's] big-hearted appeal." —BookPage A little girl and her friend Bear learn the true meaning of selfless kindness in this sweet, stunningly illustrated debut picture book. Bear is sad. All the other animals think he's mean because he's so big. But his human friend, Coco, offers to help him. Coco shares her grandmother's advice: "When life gets dark as winter's night, share some kindness, bring some light." They decide to bake cookies to "share some kindness" and make lanterns to "bring some light." But when the cookies and lanterns don't work, they must look for another way to win over the other animals. And while they're at it, Coco and Bear just might discover that kindness is a gift that only comes from the heart.

The Kindness of Women

The Power of Kindness

Find Out About: Kindness

Changing the World One Small Act At a Time

In an environment where kindness equals weakness, how do those who care survive? A Tayshas Reading List Pick An ALA-YALSA Best Fiction for Young Adults Book "Shawn Goodman takes us inside the gritty world of our juvenile justice system with the verve of a master storyteller." —Jordan Sonnenblick, author of *Drums, Girls & Dangerous Pie* "A gripping story of a boy's climb to manhood on his own terms." —Paul Volponi, author of *The Final Four* "The reader will be seized by [the boy's] plight and his determination not only to survive, but to better himself." —Todd Strasser, author of *Give a Boy a Gun* "Kindness for Weakness is a daring, dazzling leap into the dark passage that is the journey to manhood." —Paul Griffin, author of *The Orange Houses* "Gripping action, gritty dialogue, vivid characters, and palpable tension permeate the brief chapters of James's powerful, honest, compelling narrative." —School Library Journal

Best of the Inspirational Stories That Triggered a Kindness Movement True stories, thoughtful quotations and suggestions to inspire readers to live more compassionately. Experience a book-inspired phenomenon. The unprecedented success of *Random Acts of Kindness* not only inspired many individuals to be kinder, but also led Congress to declare a National *Random Acts of Kindness Week* in February 1995. The inspiration for the kindness movement, the book *Random Acts of Kindness*, is an antidote for a weary world. Its true stories, thoughtful quotations, and suggestions for generosity should inspire you to live more compassionately and be a kinder person. Own the special gift edition. This collection of the "best of the *Random Acts*" series includes stories of men, women, and children who've reached out to perform acts of kindness that brighten days, improve lives, and sometimes even save others. What if all of a sudden everyone started performing good deeds every day? This inspiring collection presents many true stories of people who've committed, received, and observed voluntary acts of kindness. Hearing their stories reveals how these simple, small acts of goodness can have a profoundly positive effect in the world. This beautiful new edition also includes hundreds of new ideas that readers can use to perform their own random acts and celebrate kindness. Readers of motivational books and stories like *Chicken Soup for the Soul: Random Acts of Kindness*, *A Pebble for Your Thoughts*, *I've Been Thinking...*, and *You Can Do All Things* will love the encouraging, inspirational stories in *Random Acts of Kindness: An Illustrated Celebration*.

Beloved and New York Times bestselling author Todd Parr uses his signature blend of playfulness and sensitivity to explore the value and joy in being kind to others. With his trademark bright colors and bold lines, Todd Parr takes on a topic more important than ever: being kind to each other. This idea is both a perfect fit for Todd's cheerful, child-friendly positivity and incredibly close to Todd's own heart. No matter what other people choose to do, you can always choose to be kind -- and what a wonderful thing to be! Today's parents and teachers are looking for ways to instill empathy and kindness in children at a young age -- this book is the perfect introduction to a timely and timeless topic.

Spread meaningful kindness in your everyday life with this essential guidebook to making the world a kinder, more accepting place. Practicing kindness is an essential step in helping to repair a world that has grown to be more divisive, lonely, and anxious than ever. But with quotes like "Just be kind" or "Throw kindness around like confetti," we've oversimplified what it takes to actually demonstrate kindness in a world crying out for it. *Deep Kindness* pairs anecdotes with actions that can make real change in our own lives, the lives of others, and throughout the world. Diving into the types of kindness the world needs most today, this book takes an honest look at the gap between our belief in kindness and our ability to practice it well—and shows us how to put intention into action. Exploring everything from the empathy gap to the skill of emotional regulation, *Deep Kindness* is perfect for anyone who believes in a kinder world and recognizes that there is a lot of work to do before we achieve it.