

An Hour To Live An Hour To Love The True Story Of The Best Gift Ever Given

NEW YORK TIMES BESTSELLER • The award-winning book that inspired an Apple Original series from Apple TV+ • A landmark investigation of patient deaths at a New Orleans hospital ravaged by Hurricane Katrina—and the suspenseful portrayal of the quest for truth and justice—from a Pulitzer Prize-winning physician and reporter “An amazing tale, as inexorable as a Greek tragedy and as gripping as a whodunit.”—Dallas Morning News After Hurricane Katrina struck and power failed, amid rising floodwaters and heat, exhausted staff at Memorial Medical Center designated certain patients last for rescue. Months later, a doctor and two nurses were arrested and accused of injecting some of those patients with life-ending drugs. *Five Days at Memorial*, the culmination of six years of reporting by Pulitzer Prize winner Sheri Fink, unspools the mystery, bringing us inside a hospital fighting for its life and into the most charged questions in health care: which patients should be prioritized, and can health care professionals ever be excused for hastening death? Transforming our understanding of human nature in crisis, *Five Days at Memorial* exposes the hidden dilemmas of end-of-life care and reveals how ill-prepared we are for large-scale disasters—and how we can do better. **ONE OF THE TEN BEST BOOKS OF THE YEAR:** The New York Times Book Review • **ONE OF THE BEST BOOKS OF THE YEAR:** Chicago Tribune, Seattle Times, Entertainment Weekly, Christian Science Monitor, Kansas City Star **WINNER:** National Book Critics Circle Award, J. Anthony Lukas Book Prize, PEN/John Kenneth Galbraith Award, Los Angeles Times Book Prize, Ridenhour Book Prize, American Medical Writers Association Medical Book Award, National Association of Science Writers Science in Society Award

The book guides you to adopt a healthy lifestyle based on the ancient Indian Medical Science - Ayurveda. The book covers the following topics - setting up a healthy lifestyle, basics of Tridosha, Massage, benefits and side effects, Panchakarma and related procedures, Mental and physical exercises, How to adopt Pranayama in your routine, Health advice based on seasons, Diet advice, Fasting tips, Tastes and their qualities Abstinence, Sexual health, Sleep and related aspects, Dairy products, Spices, Oils, simple and effective home remedies and more.

Yogic asana and pranayama have been developed in such a way that they work on multiple aspects at once. The asanas realign the muscles of the body to their correct position, improve digestion and the hormonal balance. The breath and our attention to the breath and body remove the mental dullness and the emotional toxicity that collects in the body and mind. Once the body is in a good state while awake, it is active, productive and lively. Consequently, a day well spent leads to a night well rested – sleep automatically becomes deep and peaceful and rhythmic. This book is a record of an actual session from my Yoga Studio, and since it is so easy, practical, quick and beneficial, I thought to share it with you all.

Large Print

Escape 9-5, Live Anywhere, and Join the New Rich

You Have More Time Than You Think

Half-hours with the Best Authors

The Hours / Mrs. Dalloway

Make Your Bed

NEW YORK TIMES BEST SELLER • From the indie rock sensation known as Japanese Breakfast, an unforgettable memoir about family, food, grief, love, and growing up Korean American— “ in losing her mother and cooking to bring her back to life, Zauner became herself ” (NPR) • **CELEBRATING OVER ONE YEAR ON THE NEW YORK TIMES BEST SELLER LIST** In this exquisite story of family, food, grief, and endurance, Michelle Zauner proves herself far more than a dazzling singer, songwriter, and guitarist. With humor and heart, she tells of growing up one of the few Asian American kids at her school in Eugene, Oregon; of struggling with her mother's particular, high expectations of her; of a painful adolescence; of treasured months spent in her grandmother's tiny apartment in Seoul, where she and her mother would bond, late at night, over heaping plates of food. As she grew up, moving to the East Coast for college, finding work in the restaurant industry, and performing gigs with her fledgling band--and meeting the man who would become her husband--her Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother's diagnosis of terminal cancer, when Michelle was twenty-five, that forced a reckoning with her identity and brought her to reclaim the gifts of taste, language, and history her mother had given her. Vivacious and plainspoken, lyrical and honest, Zauner's voice is as radiantly alive on the page as it is onstage. Rich with intimate anecdotes that will resonate widely, and complete with family photos, *Crying in H Mart* is a book to cherish, share, and reread.

Offers techniques and strategies for increasing income while cutting work time in half, and includes advice for leading a more fulfilling life.

New York Times Bestseller *Embrace Hygge* (pronounced hoo-ga) and become happier with this definitive guide to the Danish philosophy of comfort, togetherness, and well-being. Why are Danes the happiest people in the world? The answer, says Meik Wiking, CEO of the Happiness Research Institute in Copenhagen, is Hygge. Loosely translated, Hygge—pronounced Hoo-ga—is a sense of comfort, togetherness, and well-being. "Hygge is about an atmosphere and an experience," Wiking explains. "It is about being with the people we love. A feeling of home. A feeling that we are safe." Hygge is the sensation you get when you 're cuddled up on a sofa, in cozy socks under a soft throw, during a storm. It 's that feeling when you 're sharing comfort food and easy conversation with loved ones at a candlelit table. It is the warmth of morning light shining just right on a crisp blue-sky day. *The Little Book of Hygge* introduces you to this cornerstone of Danish life, and offers advice and ideas on incorporating it into your own life, such as: Get comfy. Take a break. Be here now. Turn off the phones. Turn down the lights. Bring out the candles. Build relationships. Spend time with your tribe. Give yourself a break from the demands of healthy living. Cake is most definitely Hygge. Live life today, like there is no coffee tomorrow. From picking the right lighting to organizing a Hygge get-together to dressing hygge, Wiking shows you how to experience more joy and contentment the Danish way.

Short Story

A Novel

The Works of Aurelius Augustine

Monthly Public Opinion Surveys

Danish Secrets to Happy Living

Little Things That Can Change Your Life...And Maybe the World

Based on a real incident that occurred in the island town of Vinalhaven, Maine, this rhyming story recounts what happens when a really big flatbed truck carrying a mysterious, covered load across a small island gets stuck on a tight curve and blocks traffic in both directions.

There are 168 hours in a week. This book is about where the time really goes, and how we can all use it better. It's an unquestioned truth of modern life: we are starved for time. With the rise of two-income families, extreme jobs, and 24/7 connectivity, life is so frenzied we can barely find time to breathe. We tell ourselves we'd like to read more, get to the gym regularly, try new hobbies, and accomplish all kinds of goals. But then we give up because there just aren't enough hours to do it all. Or else, if we don't make excuses, we make sacrifices. To get ahead at work we spend less time with our spouses. To carve out more family time, we put off getting in shape. To train for a marathon, we cut back on sleep. There has to be a better way—and Laura Vanderkam has found one. After interviewing dozens of successful, happy people, she realized that they allocate their time differently than most of us. Instead of letting the daily grind crowd out the important stuff, they start by making sure there's time for the important stuff. They focus on what they do best and what only they can do. When plans go wrong and they run out of time, only their lesser priorities suffer. It's not always easy, but the payoff is enormous. Vanderkam shows that it really is possible to sleep eight hours a night, exercise five days a week, take piano lessons, and write a novel without giving up quality time for work, family, and other things that really matter. The key is to start with a blank slate and to fill up your 168 hours only with things that deserve your time. Of course, you probably won't read to your children at 2:00 am, or skip a Wednesday morning meeting to go hiking, but you can cut back on how much you watch TV, do laundry, or spend time on other less fulfilling activities. Vanderkam shares creative ways to rearrange your schedule to make room for the things that matter most. 168 Hours is a fun, inspiring, practical guide that will help men and women of any age, lifestyle, or career get the most out of their time and their lives.

A stylish romantic comedy and a brilliant follow up to *All the Hopeful Lovers* from the award-winning screenwriter. Maggie and Andrew are lovers who live apart--Maggie in the country, Andrew in London. When Andrew is offered a job close to Maggie, moving in with her is the obvious next step. Or is it?

Moving in together leads to marriage. Is this the man she wants to spend the rest of her life with? Maggie panics. Andrew is devastated. But when he turns the tables on her, Maggie begins to see him rather differently. Meanwhile Maggie's Sussex neighbours are living through their own intense dilemmas.

Henry's midlife crisis is exacerbated by a plague of rabbits in his garden, but hiring petty criminal Terry to extend the fencing turns out rather badly.

Henry's wife Laura is secretly adored by her brother in law, Roddy. He hovers in the wings waiting for the moment to declare himself; while screenwriter Alan's efforts to convert a Grade II listed outbuilding to a workspace are thwarted by a maddening conservation officer--who happens to be Maggie.

Life and Death in a Storm-Ravaged Hospital

Increasing Productivity, Avoiding Burnout, and Maximizing the Value of An Hour

On Loss and Living Onward

Live One Hour Yoga Sessions

The Industrial Bulletin of the Department of Labor

Time Management for Mortals

The landmark work on mindfulness, meditation, and healing, now revised and updated after twenty-five years *Stress*. It can sap our energy, undermine our health if we let it, even shorten our lives. It makes us more vulnerable to anxiety and depression, disconnection and disease. Based on Jon Kabat-Zinn's renowned mindfulness-based stress reduction program, this classic, groundbreaking work—which gave rise to a whole new field in medicine and psychology—shows you how to use medically proven mind-body approaches derived from meditation and yoga to counteract stress, establish greater balance of body and mind, and stimulate well-being and healing. By engaging in these mindfulness practices and integrating them into your life from moment to moment and from day to day, you can learn to manage chronic pain, promote optimal healing, reduce anxiety and feelings of panic, and improve the overall quality of your life, relationships, and social networks. This second edition features results from recent studies on the science of mindfulness, a new Introduction, up-to-date statistics, and an extensive updated reading list. *Full Catastrophe Living* is a book for the young and the old, the well and the ill, and anyone trying to live a healthier and saner life in our fast-paced world. Praise for *Full Catastrophe Living* “To say that this wise, deep book is helpful to those who face the challenges of human crisis would be a vast understatement. It is essential, unique, and, above all, fundamentally healing.”—Donald M. Berwick, M.D., president emeritus and senior fellow, Institute for Healthcare Improvement “One of the great classics of mind/body medicine.”—Rachel Naomi Remen, M.D., author of *Kitchen Table Wisdom* “A book for everyone . . . Jon Kabat-Zinn has done more than any other person on the planet to spread the power of mindfulness to the lives of ordinary people and major societal institutions.”—Richard J. Davidson, founder and chair, Center for Investigating Healthy Minds, University of Wisconsin–Madison “This is the ultimate owner's manual for our lives. What a gift!”—Amy Gross, former editor in chief, *O: The Oprah Magazine* “I first read *Full Catastrophe Living* in my early twenties and it changed my life.”—Chade-Meng Tan, Jolly Good Fellow of Google and author of *Search Inside Yourself* “Jon Kabat-Zinn's classic work on the practice of mindfulness to alleviate stress and human suffering stands the test of time, a most useful resource and practical guide. I recommend this new edition enthusiastically to doctors, patients, and anyone interested in learning to use the power of focused awareness to meet life's challenges, whether great or small.”—Andrew Weil, M.D., author of *Spontaneous Happiness* and *8 Weeks to Optimum Health* “How wonderful to have a new and updated version of this classic book that invited so many of us down a path that transformed our minds and awakened us to the beauty of each moment, day-by-day, through our lives. This second edition, building on the first, is sure to become a treasured sourcebook and traveling companion for new generations who seek the wisdom to live full and fulfilling lives.”—Diana Chapman Walsh, Ph.D., president emerita of Wellesley College

Productivity Through Wellness for Live Entertainment and Theatre Technicians provides the tools for individuals and organizations to achieve a healthy work–life balance and increase productivity in the production process of live entertainment. Through examination of the limits of the human body, the fundamentals of motivation, and best practices of project management, the reader will develop operational mindfulness and look at new ways to achieve work–life

balance. The book explores case studies that show how organizations are promoting work–life balance and reaping the benefits of increased productivity, makes recommendations to reduce burnout and increase productivity among technicians, and discusses how to deal with the various phases of production. An excellent resource for live entertainment technicians, production managers, technical directors, arts managers, managers in live entertainment, and students in Technical Direction and Production Management courses, *Productivity Through Wellness for Live Entertainment and Theatre Technicians* offers practical solutions to improve the quality of life of employees, reduce the burnout and injuries of overwork, and maximize the value of an hour.

After experiencing the loss of her first-born son, Melissa Dalton-Bradford thrust herself into literature searching for those who have experienced similar, devastating loss. What she found was comfort and guidance to help her overcome the pain of losing a loved one and the faith to face her own life without him. In *On Loss and Living Onward*, she has compiled the best resources that will guide the living through the process of grief. Superbly written essays by author and bereaved mother accompany each of five sections: Life at Death; Love at Death; Living After Death; Learning From Death; Life, Love, and Light Over Death. Quotes are from across history, geography and the philosophical spectrum. A substantial bibliography and suggested readings list is included.

The 4-Hour Work Week

168 Hours

A Select Library of the Nicene and Post-Nicene Fathers of the Christian Church: St. Augustin: Homilies on the Gospel of John. Homilies on the First epistle of John. Soliloquies. [1908

And Other Stories

Wonders of Insect Life

Collected Voices for the Grieving and Those Who Would Mourn with Them

If you had one hour to live and could make just one phone call, who would you call? What would you say? Why are you waiting? Richard Carlson's sudden, tragic death in December 2006 left his millions of fans reeling, but even their many letters, calls, and emails couldn't erase the loss felt by his wife, Kristine. To try and come to terms with her loss, she pored over 25 years of love letters, reliving the memories and cherishing her late husband's memory. But one letter stood out. Richard had written to his wife on their 18th wedding anniversary and attempted to answer the question: if you had one hour to live, what would you do, who would you call, and what would you say? *An Hour to Live, an Hour to Love* is a profoundly moving book that shows the importance of treasuring each day as the incredible gift it is.

Mrs. Louise Mallard, afflicted with a heart condition, reflects on the death of her husband from the safety of her locked room. Originally published in *Vogue* magazine, "The Story of an Hour" was retitled as "The Dream of an Hour," when it was published amid much controversy under its new title a year later in *St. Louis Life*. "The Story of an Hour" was adapted to film in *The Joy That Kills* by director Tina Rathbone, which was part of a PBS anthology called *American Playhouse*. HarperPerennial Classics brings great works of literature to life in digital format, upholding the highest standards in ebook production and celebrating reading in all its forms. Look for more titles in the HarperPerennial Classics collection to build your digital library.

Rosie Thompson's murderer is finally locked away and Olivia can move on with her life. Except someone won't let her... When women with a connection to Olivia's past turn up dead in Chicago, Nate Tucker must put aside his own conflicted feelings and find a way to protect Olivia. As Olivia is pulled deeper into the mind of a serial killer, she faces her deepest fear — losing Nate. Will Nate find the serial killer in time or will Olivia be forced to sacrifice herself to save the people she loves?

An Hour to Live, an Hour to Love

Littell's Living Age

Printing Trade News

A Little Life

The True Story of the Best Gift Ever Given

Using the Wisdom of Your Body and Mind to Face Stress, Pain, and Illness

A century ago, Henry Ford saw a sea change in worker productivity. It was the industrial revolution. Where other-s saw only more profits, Ford had a much grander vision. He invented the eight-hour workday, cut his employees' workdays nearly in half and doubled their pay. Productivity and profitability soared. By giving more to his workers, he changed the quality of life of an entire nation. Today, we're in the midst of a massive productivity shift for knowledge workers. And yet, the eight-hour workday hasn't changed. Until now, that is. This book is about one company that simply asked why. A company that had the courage to try an experiment, toward re-inventing a more sensible, productive, and healthy workday for today's knowledge workers. That company is Tower Paddle Boards, one of the fastest-growing companies in the nation, and one of Mark Cuban's best Shark Tank investments. In this book, you'll learn how the five-hour workday: Improves business operations, efficiency, and profitability Attracts the brightest minds, the hardest workers, and the best performers Stimulates employee performance and increases retention rates Can be implemented and tested at your company, temporarily and without risk Can change your life into something better than you ever imagined possible

If you had one hour to live and could make just one phone call, who would you call? What would you say? Why are you waiting? Richard Carlson's sudden, tragic death in December 2006 left his millions of fans reeling, but even their many letters, calls, and emails couldn't erase the loss felt by his wife, Kristine. To try and come to terms with her loss, she pored over 25 years of love letters, reliving the memories and cherishing her late husband's memory. But one letter stood out. Richard had written to his wife on their 18th wedding anniversary and attempted to answer the question: if you had one hour to live, what would you do, who would you call, and what would you say? *An Hour to Live, An Hour to Love* is a profoundly moving book that shows the importance of treasuring each day as the incredible gift it is.

A NEW YORK TIMES BESTSELLER A Good Morning America, FabFitFun, and Marie Claire Book Club Pick "In Five Years is as clever as it is moving, the rare read-in-one-sitting novel you won't forget." —Chloe Benjamin, New York Times bestselling author of *The Immortalists* Perfect for fans of *Me Before You* and *One Day*—a striking, powerful, and moving love story following an ambitious lawyer who experiences an astonishing vision that could change her life forever. Where do you see yourself in five years? Dannie Kohan lives her life by the numbers. She is nothing like her lifelong best friend—the wild, whimsical, believes-in-fate Bella. Her meticulous planning seems to have paid off after she nails the most important job interview of her career and accepts her boyfriend's marriage proposal in one fell swoop, falling asleep completely content. But when she awakens, she's suddenly in a different apartment, with a different ring on her finger, and beside a very different man. Dannie spends one hour exactly five years in the future before she wakes again

in her own home on the brink of midnight—but it is one hour she cannot shake. In *Five Years* is an unforgettable love story, but it is not the one you're expecting.

The Little Book of Hygge

Crying in H Mart

Half Hours in the Tiny World

Collection of Plays Ca. 1870-1914

Living Easy with Ayurveda

Big Truck Little Island

The book is entitled *Life in Idleness*. So basically the book is on not wasting our time or our lives on things not serious or trying to make the reader think more about what he says and does in life so he can do things that are productive and not unproductive to himself or society. I wrote it with an aim to be more productive, and only be productive and not idle in our lives, or well get nowhere. If we do things in idleness while our lives stands still and make no gains in the world, time keeps creeping by without us noticing it, and we continue to get older and not realize that we have become unproductive in society. In the end, all we gain in life those that decides to live a life in idleness is time moving by while his or her life stands still being unproductive and useless to society. That's the reason for the clock picture on the book. The book is telling people to do things that are only productive and meaningful in order for any country or society to gain from your existence. Not doing things that are meaningful or productive to society is a burden to a society because we're all born to help each other and be productive and not be unproductive. We have to seek during our lifetime professions or jobs that helps every society to learn and to make every society better either by inventing things to make every person's life better or the like. The main chapter in the book though is my new terms in rhetoric.

How to Live on 24 Hours a Day Arnold Bennett Rise an hour, an hour and a half, or even two hours earlier; and--if you must--retire earlier when you can. In the matter of exceeding programmes, you will accomplish as much in one morning hour as in two evening hours. We are delighted to publish this classic book as part of our extensive Classic Library collection. Many of the books in our collection have been out of print for decades, and therefore have not been accessible to the general public. The aim of our publishing program is to facilitate rapid access to this vast reservoir of literature, and our view is that this is a significant literary work, which deserves to be brought back into print after many decades. The contents of the vast majority of titles in the Classic Library have been scanned from the original works. To ensure a high quality product, each title has been meticulously hand curated by our staff. Our philosophy has been guided by a desire to provide the reader with a book that is as close as possible to ownership of the original work. We hope that you will enjoy this wonderful classic work, and that for you it becomes an enriching experience.

Michael Cunningham brings together his Pulitzer Prize – winning novel with the masterpiece that inspired it, Virginia Woolf's *Mrs. Dalloway*. In *The Hours*, the acclaimed author Michael Cunningham draws inventively on the life and work of Virginia Woolf and the story of her novel, *Mrs. Dalloway*, to tell the story of a group of contemporary characters struggling with the conflicting claims of love and inheritance, hope and despair. In this edition, Cunningham brings his own Pulitzer Prize – winning novel together with Woolf's masterpiece, which has long been hailed as a groundbreaking work of literary fiction and one of the finest novels written in English. The two novels, published side by side with a new introduction by Cunningham, display the extent of their affinity, and each illuminates new facets of the other in this joint volume. In his introduction, Cunningham re-creates the wonderment of his first encounter with *Mrs. Dalloway* at fifteen—as he writes, “I was lost. I was gone. I never recovered.” With this edition, Cunningham allows us to disappear into the world of Woolf and into his own brilliant mind.

Life is But a Dream

Productivity Through Wellness for Live Entertainment and Theatre Technicians

Golden Hour

A Memoir

The Story Of An Hour

Report

Based on a Navy SEAL's inspiring graduation speech, this #1 New York Times bestseller of powerful life lessons "should be read by every leader in America" (*Wall Street Journal*). If you want to change the world, start off by making your bed. On May 17, 2014, Admiral William H. McRaven addressed the graduating class of the University of Texas at Austin on their Commencement day. Taking inspiration from the university's slogan, "What starts here changes the world," he shared the ten principles he learned during Navy Seal training that helped him overcome challenges not only in his training and long Naval career, but also throughout his life; and he explained how anyone can use these basic lessons to change themselves—and the world—for the better. Admiral McRaven's original speech went viral with over 10 million views. Building on the core tenets laid out in his speech, McRaven now recounts tales from his own life and from those of people he encountered during his military service who dealt with hardship and made tough decisions with determination, compassion, honor, and courage. Told with great humility and optimism, this timeless book provides simple wisdom, practical advice, and words of encouragement that will inspire readers to achieve more, even in life's darkest moments. "Powerful." --USA Today "Full of captivating personal anecdotes from inside the national security vault." --Washington Post "Superb, smart, and succinct." --Forbes

Adam Silvera reminds us that there's no life without death and no love without loss in this devastating yet uplifting story about two people whose lives change over the course of one unforgettable day. #1 New York Times bestseller * 4 starred reviews * A School Library Journal Best Book of the Year * A Kirkus Best Book of the Year * A Booklist Editors' Choice * A Bustle Best YA Novel * A Paste Magazine Best YA Book * A Book Riot Best Queer Book * A BuzzFeed Best YA Book of the Year * A BookPage Best YA Book of the Year On September 5, a little after midnight, Death-Cast calls Mateo Torrez and Rufus Emeterio to give them some bad news: They're going to die today. Mateo and Rufus are total strangers, but, for different reasons, they're both looking to make a new friend on their End Day. The good news: There's an app for that. It's called the Last Friend, and through it, Rufus and Mateo are about to meet up for one last great adventure—to live a lifetime in a single day. In the tradition of *Before I Fall* and *If I Stay*, *They Both Die at the End* is a tour de force from acclaimed author Adam Silvera, whose debut, *More Happy Than Not*, the New York Times called “profound.” Plus don't miss *The First to Die at the End*: #1 New York Times bestselling author Adam Silvera returns to the universe of international phenomenon *They Both Die at the End* in this prequel. New star-crossed lovers are put to the test on the first day of Death-Cast's fateful calls.

How to reconstruct your life? Whether your dream is experiencing high-end world travel, earning a monthly five-figure income with zero management, or just living more and working less, this book teaches you how to double your income, and how to outsource your life to overseas virtual assistants for \$5 per hour and do whatever you want.

In Five Years

How to Live on 24 Hours a Day

Four Thousand Weeks

Full Catastrophe Living (Revised Edition)

Annual Southwest Park and Recreation Training Institute Proceedings

They Both Die at the End

AN INSTANT NEW YORK TIMES BESTSELLER "Provocative and appealing . . . well worth your extremely limited time." —Barbara Spindel, *The Wall Street Journal* The average human lifespan is absurdly, insultingly brief. Assuming you live to be eighty, you have just over four thousand weeks. Nobody needs telling there isn't enough time. We're obsessed with our lengthening to-do lists, our overfilled inboxes, work-life balance, and the ceaseless battle against distraction; and we're deluged with advice on becoming more productive and efficient, and “life hacks” to optimize our

days. But such techniques often end up making things worse. The sense of anxious hurry grows more intense, and still the most meaningful parts of life seem to lie just beyond the horizon. Still, we rarely make the connection between our daily struggles with time and the ultimate time management problem: the challenge of how best to use our four thousand weeks. Drawing on the insights of both ancient and contemporary philosophers, psychologists, and spiritual teachers, Oliver Burkeman delivers an entertaining, humorous, practical, and ultimately profound guide to time and time management. Rejecting the futile modern fixation on “getting everything done,” *Four Thousand Weeks* introduces readers to tools for constructing a meaningful life by embracing finitude, showing how many of the unhelpful ways we’ve come to think about time aren’t inescapable, unchanging truths, but choices we’ve made as individuals and as a society—and that we could do things differently.

NATIONAL BESTSELLER • A stunning “portrait of the enduring grace of friendship” (NPR) about the families we are born into, and those that we make for ourselves. A masterful depiction of love in the twenty-first century. **A NATIONAL BOOK AWARD FINALIST** • **A MAN BOOKER PRIZE FINALIST** • **WINNER OF THE KIRKUS PRIZE** *A Little Life* follows four college classmates—broke, adrift, and buoyed only by their friendship and ambition—as they move to New York in search of fame and fortune. While their relationships, which are tinged by addiction, success, and pride, deepen over the decades, the men are held together by their devotion to the brilliant, enigmatic Jude, a man scarred by an unspeakable childhood trauma. A hymn to brotherly bonds and a masterful depiction of love in the twenty-first century, Hanya Yanagihara’s stunning novel is about the families we are born into, and those that we make for ourselves. Look for Hanya Yanagihara’s new novel, *To Paradise*, coming in January 2022.

5-HOUR WORKDAY

The 4-hour Workweek

The Lives of Doctor John Donne, Sir Henry Wotton, Mr. Richard Hooker, Mr. George Herbert, and Doctor Robert Sanderson

A Homiletic Encyclopaedia of Illustrations in Theology and Morals

The Story of an Hour

A New Translation